Nrf2 as a Key Player of Redox Regulation in Cardiovascular Diseases

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Summary
The oxidative stress plays an important role in the development of cardiovascular diseases (CVD). In CVD progression an aberrant redox regulation was observed. In this regulation levels of reactive oxygen species (ROS) play an important role in cellular signaling, where Nrf2 is the key regulator of redox homeostasis. Keap1-Nrf2-ARE system regulates a great set of detoxificant and antioxidant enzymes in cells after ROS and electrophiles exposure. In this review we focus on radical-generating systems in cardiovascular system as well as on Nrf2 as a target against oxidative stress and a key player of redox regulation in cardiovascular diseases. We also summarize the current knowledge about the role of Nrf2 in pathophysiology of several CVD (hypertension, cardiac hypertrophy, cardiomyopathies) as well as in cardioprotection against myocardial ischemia/reperfusion injury.

Key words
Nrf2 pathway • Cardiovascular diseases • Oxidative stress • Radical signaling • Antioxidant response

Introduction
Cardiovascular diseases (CVD) belong to the most serious medical problems and represent a major cause of health complications and morbidity in modern society. The common feature of all risk factors of CVD is imbalance between pro- and anti-oxidative factors in the organism with an increased production of reactive oxygen species (ROS) and reactive nitrogen species (RNS). ROS and RNS are key players in normal cardiovascular physiology and signaling, but their increased levels lead to cellular injury and death (necrosis or apoptosis) through direct effects (lipid peroxidation) or indirect effects (activation of the redox signaling pathways). Cellular stress response or heat shock response are ancient and highly conserved cytoprotective mechanisms, which can be regulated through transcriptional, translational and post-translational levels. Cellular stress response represents modulation of endogenous cellular defense mechanisms using Vitagene system (Dattilo et al. 2015). This mechanism represents cytoprotective vitagenes involved in antioxidant defense, which are primary activated through the nuclear factor erythroid 2-related factor (Nrf2)-antioxidant response element (ARE) system (Carmona-Ramírez et al. 2013). The endogenous cellular modulation represents an innovative approach to therapeutic intervention in diseases causing chronic tissue damage, such as in neurodegeneration or cardiovascular diseases (Calabrese et al. 2012, Majzunová et al. 2013).

Pharmacological modulation of cellular stress response pathways has emerging implications for the treatment of human diseases. A critical key to successful medical intervention is getting the dose right. Hormesis is dose-response phenomenon, characterized by a low dose stimulation and a high dose inhibition, and represents an inverted U-shaped dose, J- or U-shaped dose response. This concept has been primary applied to the field of...
neuroprotection and its mechanistic foundations (Calabrese et al. 2010), where regulation of the redox status through the Vitagene system has been suggested. This Vitagene system includes heat shock protein (Hsp) family such as Hsp 72, heme oxygenase-1 (HO-1), sirtuins, as well as thioredoxin/thioredoxin reductase. The activation of this system takes very important effects on CVD protection or neuroprotection (Cornelius et al. 2013, Dattilo et al. 2015).

The oxidative stress and increased production of ROS and RNS play an important role in the development of CVD such as hypertension, heart failure, atherosclerosis, diabetes, and cardiac hypertrophy (Giordano 2005, Konradi et al. 2015, Montezano et al. 2015), as well as during ageing (Tribulova et al. 2015). Major sources of myocardial ROS production include NADPH oxidases (NOX), xanthine oxidase (XO), uncoupled nitric oxide synthase (NOS), and mitochondria (Dikalov 2011, Dikalov and Ungvari 2013). A key role in orchestrating cellular antioxidant defenses and in maintaining redox homeostasis plays the pathway of redox-sensitive nuclear transcription factor Nrf2 (Papp et al. 2012, Huang et al. 2015). Nrf2-driven antioxidant defense mechanisms play a critical role in the induction of endogenous antioxidant enzymes acting against oxidative damage in a variety of cardiovascular diseases (Erkens et al. 2015).

In this review we focus on Nrf2-ARE pathway as a target against oxidative stress and a key player of redox regulation in cardiovascular diseases. We address radical-generating systems in cardiovascular system and mechanisms involved in control and regulation of Nrf2. Finally, we summarize the current knowledge about the role of Nrf2 in hypertension, cardiac hypertrophy, cardiomyopathies as well as in cardioprotection against myocardial ischemia/reperfusion injury.

**Radical-generating systems in cardiovascular disorders**

Cells or tissues are in a stable state if the rates of ROS and RNS production and scavenging capacity are essentially constant and in balance. Increased and cumulative formation of ROS and RNS induce oxidative stress which leads to a cellular redox imbalance, and this may be linked with various disease states of an organism such as development of hypertension. A large amount of evidence supports the role of vascular wall as a major source of reactive oxygen species. It has been shown that in cells several ROS sources such as NOX, XO, uncoupled NOS, mitochondrial electron transport chain (ETC) are functional. It was also found that activation of one ROS system can lead to activation of another one and this situation has been described as theory of „kindling and bonfire“ radicals (Harrison et al. 2010), which obtain also reciprocal feedback (Majzunova et al. 2013). The main ROS sources are NOX and mitochondrial ETC and have been studied in several experimental works (Dikalov 2011, Dikalov and Ungvari 2013). To the possible cross-talk of NOX and mitochondrial ETC point data showing stimulation of superoxide production in mitochondria after angiotensin II (AngII)-induced NADPH oxidase activation in endothelial cells (Dikalov et al. 2014). AngII stimulated NOX2 through angiotensin II receptor type 1 (AT1R), which is connected with G-protein and induced activation of protein kinase C (PKC) and Src-kinase pathway. Overproduction of superoxide through NOX activates redox-sensitive mitochondrial PKC-ε in mitochondria. PKC-ε phosphorylates and activates mitochondrial ATP-dependent K+ channels, that leads to K+ influx, alkalization of matrix, mitochondria swelling, uncoupling of ETC and superoxide production (Dikalov and Ungvari 2013). Another way of ROS production in mitochondria can be realized through Src-redox sensitive kinase which is activated in consequence of increased levels of H2O2 produced by manganese superoxide dismutase (MnSOD). During stimulation of AngII through AT2 receptor localized in inner mitochondrial membrane, nitric oxide (NO) can react with superoxide leading to the production of the high reactive peroxynitrite (ONOO−) that can inactivate MnSOD and depress the dismutation of superoxide (Dikalov and Ungvari 2013).

**Nrf2 as a transcription factor involved in redox-sensitive signaling and antioxidant response**

Recent findings demonstrate that in the cardiovascular system of healthy animals in response to increased production of ROS and electrophiles, adaptive mechanisms are invoked that involve induction of Nrf2-driven antioxidant defense mechanisms. Several studies have demonstrated that loss and/or dysregulation of Nrf2 are often linked with various diseases (Erkens et al. 2015). Nrf2 is a transcription factor that plays a key role in regulation of intracellular redox signaling (Papp et al. 2012, Huang et al. 2015). Its effects are realized through the regulation of expression of several endogenous antioxidants and detoxification enzymes of...
phase II. Under normal conditions, Nrf2 is inhibited by Kelch-like ECH-associated protein 1 (Keap1). When cells are exposed to cellular stress, like ROS, the cysteine residues of Keap1 are modified by oxidative/electrophilic molecules. As a result of conformational changes of Keap1, the Cullin3/Rbx1-dependent polyubiquitination of Nrf2 assisted by Keap1 is blocked, Nrf2 escapes Keap1-mediated repression, and rapidly translocated into the nucleus (Buendia et al. 2016). In the nucleus forms Nrf2 heterodimerizes with small MAF or Jun proteins and the complex binds to a cis-acting element present in the promoter of its target genes, called ARE. The activation of ARE is followed by an activation of endogenous antioxidant response. These effects are realized above all during acute stress. By prolonged stress, Nrf2 is partially deactivated. In the Figure 1, activation and deactivation effects of different kinases are shown. Nrf2 activation is under control of regulation mediated by phosphatidylinositol-3-kinase (PI3K)/Akt, PKC, and mitogen-activated protein kinases (MAPKs) (Kang et al. 2002, Numazawa et al. 2003, Sun et al. 2009). The effects of Akt kinase are associated with modulation of glycogen synthase kinase-3β (GSK-3β). This enzyme is phosphorylated by Akt kinase and it has been found that can directly phosphorylate Nrf2 (Rada et al. 2011). GSK-3β can promote Nrf2 translocation from nucleus through the Fyn kinase activation and lead to deactivation of Nrf2 in the nucleus (Jain and Jaiswal 2008). Under normal conditions Bach1 (BTB and CNC homology 1) forms a heterodimer with small Maf protein and thereby suppress Nrf2 activation (Sun et al. 2004). Nrf2 activity is also regulated at post-transcriptional level by miRNA (Zhang et al. 2015). It has been demonstrated that the ectopic expression of miR-27a, miR-142-5p, miR-144, and miR-153 can affect the nucleo-cytoplasmic level of Nrf2 protein in a Keap1-independent manner (Narasimhan et al. 2012).

Fig. 1. Regulation of Nrf2 by kinases. Under normal or unstressed conditions, Nrf2 is kept in the cytoplasm by Keap1 (Kelch-like ECH-associated protein 1) which promotes Nrf2 degradation by ubiquitination. Ubiquitinated (Ub) Nrf2 is transported to the proteasome, where it is degraded and its components recycled. Oxidative stress disrupts critical cysteine residues in Keap1, disrupting the Keap1 ubiquitination system. When Nrf2 is not ubiquitinated translates into the nucleus. In the nucleus forms a heterodimer with a small Maf protein and binds to the antioxidant response element (ARE) in the upstream promoter region of many antioxidative genes, and initiates their transcription. Kinases PI3K (phosphatidylinositol-3-kinase), PKC (protein kinase C), JNK (c-Jun NH2-terminal protein kinase) and ERK (extracellular signal-regulated kinase) activate Nrf2 by its phosphorylation. p38-MAPK and GSK-3β (glycogen synthase kinase-3β) inhibit Nrf2 activation.

Fig. 2. Epigenetic regulation of Nrf2 gene. Methylation the CpG islands in promoter region of Nrf2 by methyltransferases (MTs) blocks transcription of the Nrf2 gene. Nrf2 deacetylation in the nucleus by histone deacetylases (HDACs) promotes its release from antioxidant response element (ARE) and nuclear export. Sulforaphane blocks MTs and HDACs expression and thereby activates Nrf2 mediated gene expression.
Nrf2 is also regulated through epigenetic. This regulation has been studied in several studies (Yu et al. 2010, Zhang et al. 2013, Su et al. 2014). CpG islands that take part on epigenetic regulation of Nrf2 were discovered in promoter region of Nrf2 (Yu et al. 2010). Methylation of these islands in promoter region by methyltransferases (MTs) blocks its transcription (Fig. 2). MTs increase hypermethylation of CpG islands in Nrf2 promoters. Nrf2 deacetylation in the nucleus is provided by histone deacetylases (HDACs). Sulforaphane acts in epigenetic regulation of Nrf2 by demethylation of CpG islands. Methylation the CpG islands in promoter region of Nrf2 by MTs blocks transcription of the Nrf2 gene. It seems that sulforaphane can participate on epigenetic regulation of Nrf2 by demethylation of CpG islands (Su et al. 2014). This demethylation leads to increased expression of Nrf2-induced antioxidant and detoxificant genes (Fig. 2). Another way of epigenetic regulation is Nrf2 deacetylation in the nucleus by HDACs that promote its release from antioxidant response element (ARE) and nuclear export (Zhang et al. 2013, Su et al. 2014). Sulforaphane action is realized not only through blockings of DNA methylation by MTs but also through blocking of HDACs expression that lead to Nrf2-ARE activation and Nrf2-mediated gene expression.

Nrf2 and hypertension

The mechanistic role of Nrf2 expression in blood pressure regulation is still not fully elucidated, however several correlations have been found among Nrf2 and ROS in vessels and heart in hypertension animal models (Silva-Palacios et al. 2016). Dysregulation of ROS sources (NOX, uncoupling NOS, ETC) during hypertension results in increased ROS generation and oxidative stress. It is not clear if oxidative stress is a contributing factor to hypertension or if hypertension induces oxidative stress (Howden 2013). Nrf2 may also be important in blood pressure regulation in many ways. One of possible mechanism is by induction heme oxygenase-1 (HO-1) gene expression, which overexpression can lower blood pressure in model of spontaneously hypertensive rats (SHR) (Chen et al. 2013). HO-1 is a cytoprotective enzyme that degrades heme to generate carbon monoxide (CO), biliverdin, and iron. CO is able to regulate vascular response by inhibition of vasoconstrictor, endothelin and/or by activating soluble guanylate cyclase and producing cGMP, which has vasodilatory effects (Chen et al. 2003). Biliverdin can be converted to the potent antioxidant bilirubin, and both can directly inhibit NOX activity and thereby contribute to the actions of HO-1 to sustain vascular homeostasis (Datla et al. 2004). In SHR model of hypertension Nrf2 and Nrf2-regulated antioxidant enzymes are downregulated, which contribute to reduced antioxidant capacity, increased oxidative stress and vascular dysfunction. These findings can be explained by increased expression of Bach 1 (Nrf2 corepressor) after AngII-induced stimulation. Sulforaphane, the Nrf2 activator, ameliorates the redox imbalance observed in the vasculature of SHR (Lopes et al. 2015). Diet containing sulforaphane precursor decreased vascular oxidative stress, improved endothelial-dependent vasodilatation and lower blood pressure (Wu et al. 2004). Another study documented that long-term administration of another Nrf2 activator, resveratrol, reduced oxidative stress and attenuated severity and progression of hypertension in SHR (Javkhedkar et al. 2015).

Nrf2 may be vasoprotective in hypertension. On the other hand, there is evidence for a dual role of Nrf2 in other cardiovascular diseases. Nrf2 activation is cardioprotective when myocardial autophagy function is sufficient. Autophagy impairment switches off Jak2/Fyn signaling for Nrf2 export and degradation. Nuclear accumulation of Nrf2 upregulates angiotensinogen expression, and thereby enhances AngII signaling contributing to cardiac dysfunction (Qin et al. 2016).

Nrf2 and cardiac hypertrophy

Cardiac hypertrophy is a common pathological feature in the natural course of some major cardiovascular diseases, including hypertension. Furthermore, cardiac hypertrophy is strongly associated with an increased risk of heart failure and sudden cardiac death. Important role in pathophysiology of cardiac hypertrophy plays changes in redox balance (Giordano 2005). Recent study demonstrated that knock out of Nrf2 in mice is linked to cardiac hypertrophy (Erkens et al. 2015). Nrf2 deficient mice had a left ventricular cardiac hypertrophy, left ventricular diastolic dysfunction, and impaired Ca$^{2+}$ homeostasis. Interesting was the finding that vascular function in these animals was fully preserved via compensatory upregulation of eNOS. It has been suggested that this eNOS upregulation may represent a way to compensate detrimental changes in vascular tissues due to dysregulation of redox control and chronic adaptation to the lack of Nrf2.

Several studies revealed the role of Nrf2 in AngII-induced oxidative stress and the subsequent
hypertrophic remodeling of the heart (Li et al. 2011, Hybertson et al. 2011). Nrf2 has also been identified as a promising therapeutic target against AngII-mediated cardiac hypertrophy and heart failure (Hybertson et al. 2011). Data suggest that to the Nrf2-mediated protection against angiotensin II induced cardiac hypertrophy in cultured cardiomyocytes contribute up-regulation of p27(kip1) (Li et al. 2011).

The important role of Nrf2 in cardiac hypertrophy show data obtained in a mouse hypoxic model of pulmonary hypertension characterized also by right ventricular hypertrophy (MacRitchie et al. 2016). Administration of the potent sphingosine kinase 1 inhibitor, PF-543, reduced right ventricular hypertrophy and these effects were connected with an increase in the expression of Nrf2. Moreover, a significant reduction in cardiomyocyte death and p53 protein has been found. The data suggest that Nrf2 is potentially a key molecule in preserving right ventricular function and may be up-regulated in an attempt to limit damage to the right ventricle. Nrf2 was also found to mediate the cardioprotective effects of sodium sulfide (Na2S) therapy in the setting of heart failure (Shimizu et al. 2016). Na2S attenuated the ischemic-induced heart failure by enhancing proteasomal function in an Nrf2-dependent manner. The effects of sodium sulfide were connected with enhanced Nrf2 signaling, improved left ventricular function, and less cardiac hypertrophy after the induction of heart failure. Moreover, the protection failed in Nrf2 deficient mice.

**Nrf2 and cardiomyopathies**

Oxidative damage of the myocardium and vasculature leads to pathologic alterations associated with diabetic cardiovascular complications. Hyperglycemia, glucose autoxidation, accumulation of advanced glycosylation end products (AGEs), and angiotensin II receptor type 1, promote increased ROS and RNS production in diabetic vessels and myocardium (Jay et al. 2006). This increased ROS/RNS production is a risk factor for diabetic cardiomyopathy. The negative impact of prolonged oxidative stress in diabetic hearts is associated with impaired antioxidant defense system, inactivation of antioxidant enzymes, depletion of endogenous antioxidants and promoting deregulation of redox-dependent transcription factors like Nrf2 (Rajesh et al. 2010). It has been shown significant down-regulation of cardiac Nrf2 expression in diabetic animals and patients (Tan et al. 2011). To the importance of Nrf2 in diabetes point data obtained in a type 1 diabetic mice model showing that low-dose radiation prevented diabetic cardiomyopathy by improving cardiac function and hypertrophic remodeling and these cardioprotective effects were attributed to Akt/Nrf2-mediated anti-oxidant pathway (Zhang et al. 2016). Under diabetic conditions Akt activation and Nrf2 expression was decreased and this was associated with cardiac damage. Nrf2 system has been proposed to prevent onset of diabetes mellitus and to play an important role in maintaining glucose metabolism through the regulation of insulin secretion and glucose utilization, as well as by regulating lipid metabolism (Urno et al. 2013, 2015).

Nrf2 pathway has been shown to play an important role also in cardiac remodeling induced by anticancer drugs. Anthracycline anticancer drugs such as doxorubicin (DOX) can induce cardiotoxicity and heart failure, and crucial role in realization of their toxic effects play oxidative stress and mitochondrial damage. We recently reported that chronic application of DOX induced cardiotoxic effects mediated by increased production of ROS, reduction of superoxide dismutase (SOD) protein levels and activities, as well as apoptosis induction (Barteková et al. 2015). Recent study demonstrated the effects of Nrf2 activator sulforaphane on cardiotoxic effects induced by DOX in mice (Singh et al. 2015). Sulforaphane restored cardiac function after DOX treatment and induced a significant reduction of DOX-induced cardiomyopathy and mortality. Protection of cardiac H9c2 cells from doxorubicin-induced cytotoxicity was also mediated through the Keap1/Nrf2 signaling pathway which countered the cardiac damage. The function of Nrf2 as an endogenous suppressor of DOX-induced cardiotoxicity was confirmed in mice treated with a single intraperitoneal injection of DOX. The induction of cardiomyocyte necrosis and cardiac dysfunction was associated with oxidative stress, impaired autophagy, and accumulated polyubiquitinated protein aggregates. All these DOX-induced negative effects on cardiac function were exaggerated in Nrf2 knockout (Nrf2(-/-)) mice (Li et al. 2014).

**The role of Nrf2 in cardioprotection against myocardial ischemia/reperfusion injury**

Ischemia and reperfusion (I/R) injury is a major cause of morbidity and mortality after cardiac operations and myocardial infarctions. I/R injury is strongly associated with mitochondrial dysfunction and increased oxidative stress. I/R-induced oxidative stress in turn
influences signaling pathways that contribute to apoptosis, stress of endoplasmic reticulum, altered cell migration and proliferation (Giordano 2005). The Nrf2/ARE pathway affects cell survival through a variety of mediators, including apoptotic proteins such as Bcl-2 and Bax (Das et al. 2012) and phase II enzymes such as HO-1, a stress protein which is regarded as a sensitive and reliable indicator of cellular oxidative stress (Kim et al. 2011). Ischemia/reperfusion enhances Nrf2 dissociation from Keap1, thus facilitating Nrf2 translocation to the nucleus, binding to the ARE, and activation of phase II detoxifying and antioxidant genes (Shah et al. 2007). Nrf2 is an important factor in controlling both constitutive and inducible expression of a wide spectrum of antioxidants and phase II enzymes in cardiac cells and is responsible for protecting these cells against oxidative stress. This is supported by findings that Nrf2 is involved in protection of cardiac fibroblasts and cardiomyocytes against oxidative stress by increasing detoxification pathways and antioxidant potentials (Zhu et al. 2005, Purdom-Dickinson et al. 2007). To the important role of Nrf2 in myocardial responses to ischemia/reperfusion point data showing increased sensitivity to ischemic injury in Nrf2 deficient mice (Xu et al. 2014). This study also documented that Nrf2 may also be implicated in the cardioprotection offered by ischemic preconditioning (IP). IP induced an elevation of Nrf2 protein levels and this correlated well with IP-mediated cardioprotection.

Deng et al. (2013) demonstrated positive effects of α-lipoic acid on reduction of infarct size and preservation of cardiac function after ischemia/reperfusion in rat which was related to the activation of the Nrf2 pathway (Deng et al. 2013). This stimulation of Nrf2 during cardioprotection was connected with an activation of pro-survival PI3K/Akt kinase pathway which was shown to play a role in mechanisms of increased myocardial tolerance to ischemia/reperfusion injury (Griecsova et al. 2015) and reduction of oxidative stress (Xu and Liu 2013). Results of recent study showed that resveratrol exerted significant antioxidant and cardioprotective effects following myocardial ischemia through the activation of Nrf2/ARE pathway connected with an enhanced levels of both Nrf2 and heme oxygenase-1 (Cheng et al. 2015). Resveratrol also markedly enhanced the activities of antioxidant enzymes SOD and glutathione peroxidase (GSH-PX), and reduced the level of malondialdehyde in rats exposed to ischemia/reperfusion. In another study was documented the role of Nrf2 signaling in cardioprotection against myocardial ischemia/reperfusion injury induced by plumbagin. The regulation of redox imbalance induced by I/R injury was connected with modulation of Nrf2 (Wang et al. 2016). Another study showed attenuation of myocardial I/R injury by atorvastatin and suggested was the association of atorvastatin activity with the Nrf2 activation (Sun et al. 2015). Atorvastatin attenuated inflammation and oxidative stress induced by I/R injury by activating the expression of Nrf2, which in turn upregulated HO-1 expression. Atorvastatin was effective in stimulating the activities of SOD and GSH-PX, and the data suggested that atorvastatin protected against I/R injury also through the reduction of oxidative stress.

Conclusions

Nuclear transcription factor Nrf2 plays a key role in orchestrating cellular antioxidant defenses and in maintaining redox homeostasis. Nrf2 is a critical component involved in induction of antioxidative and other cytoprotective genes which provide protection against oxidative stress induced damage in a variety of cardiovascular diseases. Taken together, the results of several studies show that Nrf2 activation may play a key role in cardioprotection and dysregulation of Nrf2 activity is causally associated with susceptibility to disease. Current information indicates that Nrf2 pathway could be promising target for prevention and treatment of cardiovascular diseases, in which oxidative stress is an important partner. However, it is essential to understand the details of the regulation of Nrf2 and of the precise mechanisms by which it affects myocardial function at pathological conditions.

Conflict of Interest

There is no conflict of interest.

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Abbreviations

AGEs, advanced glycosylation end products; AngII, angiotensin II; ARE, antioxidant response element; ATP, adenosine triphosphate; AT1R, angiotensin II receptor type 1; CO, carbon monoxide; cGMP, cyclic guanosine monophosphate; CpG islands, cytosine being 5 prime to the guanine base, short interspersed DNA sequences GC and CpG-rich; CVD, cardiovascular diseases; DOX,
Nrf2 and Cardiovascular Defense

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