ADIPONECTIN AS A POTENTIAL MARKER OF PROSTATE CANCER PROGRESSION: STUDIES IN ORGAN-CONFINED AND LOCALLY ADVANCED PROSTATE CANCER

Daniel Housa, Zdenka Vernerová, Jiří Heráček¹, Bohumír Procházka², Petr Čechák³, Jitka Kuncová¹, Martin Haluzík⁴

Department of Pathology, 3rd Medical Faculty and Teaching Hospital Kralovske Vinohrady, Šrobárova 50, 100 34, Praha 10, Czech Republic
¹Department of Urology, 3rd Medical Faculty and Teaching Hospital Kralovske Vinohrady, Šrobárova 50, 100 34, Praha 10, Czech Republic
²Department of Biostatistics and Informatics, National Institute of Public Health, Prague, Šrobárova 48, 100 42, Praha 10, Czech Republic
³Department of biochemistry and pathobiochemistry, 3rd Medical Faculty and Teaching Hospital Kralovske Vinohrady, Šrobárova 50, 100 34, Praha 10, Czech Republic
⁴3rd Department of Internal Medicine, 1st School of Medicine and General Faculty Hospital Prague, U nemocnice 2, 128 00, Praha 2, Czech Republic

CORRESPONDING AUTHOR

Martin Haluzík, M.D. Ph.D.
3rd Department of Internal Medicine
1st School of Medicine and General Faculty Hospital Prague
U nemocnice 2
128 00 Praha 2

SHORT TITLE
Adiponectin in prostate cancer
SUMMARY

OBJECTIVES: Serum levels of adiponectin were measured in patients with benign prostate hyperplasia and prostate cancer of pT2 and pT3 stage.

METHODS: Adiponectin ELISA assay, immunohistochemistry and selected metabolic and biochemical parameters measurement was performed in 25 patients with benign prostate hyperplasia and 43 with prostate cancer (17 patients with organ-confined and 26 patients with locally advanced disease).

RESULTS: Serum adiponectin levels did not differ between prostate benign hyperplasia and cancer clinical stage T2, but was significantly higher in pT3 relative to pT2 group (\( \bar{x} \pm SD \), 14.51 ± 4.92 vs. 21.41 ± 8.12, \( P = 0.003 \)). Tissue immunohistochemistry showed enhanced staining in neoplastic prostate glands and intraepithelial neoplasia relative to benign prostate hyperplasia without distinction between disease grade and stage.

CONCLUSION: Serum adiponectin levels are higher in locally advanced relative to organ-confined prostate cancer and may thus serve as an auxiliary marker providing further improvement to PSA for discrimination between pT2 and pT3 stages.

KEY WORDS Prostate cancer, adiponectin, immunohistochemistry
INTRODUCTION

Prostate cancer (PCa), the third most common cancer in men worldwide, represents an important health and socio-economical problem in Western countries with increasing prevalence due to higher proportion of elderly population. Besides populational influence, the development of better methods for early detection of prostate cancer led to the substantial increase in number of cases. Except proposed genetic factors like higher circulating sex steroid levels, shorter androgen receptor CAG (glutamine) repeat length, genetic variability of steroid 5α-reductase enzyme gene and polymorphic variation in the VDBP (vitamin D binding protein) gene encoding a vitamin D–binding protein, environmental factors may also contribute to the process of conversion of latent or histological/microscopic cancer to the clinically overt one. The most commonly studied environmental factors in connection with prostate cancer are diet with higher content of saturated fat and obesity itself: both being very common as a result of Western lifestyle with abundance of food (Gann 2002). Fat consumption correlates well with the prostate cancer mortality rate in most studies around the world (Le Marchand, Kolonel et al. 1994) although this finding was not confirmed by all studies (Andersson, Baron et al. 1995). This observation might reflect the fact, that high levels of dietary fat stimulate proliferation of prostate cancer cells (Aronson, Tymchuk et al. 1999). Obesity itself is in general a risk factor for the development of some forms of cancer including the prostate, breast, endometrial and colon cancer (Calle and Thun 2004). However, it should be noted that the studies focused on the relationship between obesity and prostate cancer did not yield completely consistent results. While several studies found an increased risk of prostate cancer among obese and overweight men (Andersson, Wolk et al. 1997), others revealed little or no association (Giovannucci, Rimm et al. 1997). According to the results of some studies, body mass index and in particular visceral obesity correlates with the aggressiveness and mortality of prostate cancer (Hsing,
In patients with established diagnosis of prostate cancer, obesity is a predictor of poor prognosis and is associated with higher tumor stage and grade (Freedland, Terris et al. 2004). The convincing evidence for the role of diet in modulation of prostate cancerogenesis came from migration studies showing an increased incidence of prostate cancer in first-generation immigrants to US from Japan and China linking increased incidence of prostate cancer to the change of diet higher in saturated fat (Shimizu, Ross et al. 1991).

A discovery of endocrine function of adipose tissue opened another possible link between obesity and cancerogenesis. Adipose tissue is the source of numerous circulating hormones that may participate in the development and progression of different forms of malignant tumors including prostate cancer (Freedland, Sokoll et al. 2005, Somasundar, Frankenberry et al. 2004). Adiponectin is an adipose tissue-derived hormone expressed almost exclusively in adipocytes with significant anti-diabetic, anti-atherosclerotic and anti-inflammatory properties as demonstrated by experimental rodent studies (Kadowaki and Yamauchi 2005). There are several lines of evidence suggesting that adiponectin may play a substantial role in cancer pathogenesis. Circulating levels of adiponectin were inversely associated with the risk of breast, endometrial, colon and gastric cancer in several studies (Dal Maso, Augustin et al. 2004, Ishikawa, Kitayama et al. 2005, Mantzoros, Petridou et al. 2004, Miyoshi, Funahashi et al. 2003, Petridou, Mantzoros et al. 2003, Wei, Giovannucci et al. 2005). Furthermore, in vitro data suggest that adiponectin inhibits cell proliferation, induces apoptosis and suppresses tumor growth due to its antiangiogenic properties exerting its effect via downstream common effectors c-Jun NH₂-terminal kinase (JNK) and signal transducer and activator of transcription 3 (STAT3) (Miyazaki, Bub et al. 2005). Recent studies showed that non-proteolytic full-length adiponectin inhibited the growth of androgen-dependent and androgen-independent prostate cancer cell lines thus serving as a link between obesity and prostate cancer (Bub, Miyazaki et al. 2006). Studies of Goktas and Freedland observed an
inverse association between serum adiponectin levels and histological grade, disease stage as well as aggressiveness of prostate cancer (Freedland, Sokoll et al. 2005, Goktas, Yilmaz et al. 2005); however, previous results were not confirmed in the recent study of Baillargeon (Baillargeon, Platz et al. 2006).

Here we evaluated serum levels and tissue expression of adiponectin in well-characterized patients undergoing simple suprapubic prostatectomy for BHP (benign prostate hyperplasia) and radical retropubic prostatectomy for organ-confined (pT2) or locally advanced prostate cancer (pT3) preoperatively clinically staged as T2 disease and studied the relationship of adiponectin levels with tumor stage, grade and selected hormonal, metabolic and biochemical parameters.

MATERIAL AND METHODS

Study subjects

Sixty-eight men referred to undergo either simple prostatectomy for benign prostate hyperplasia or radical prostatectomy for prostate cancer preoperatively diagnosed with clinical stage T2 from December 2004 to May 2005 at the Department of Urology, Teaching Hospital Kralovske Vinohrady were enrolled into the study. Of those, 25 patients had benign prostate hyperplasia and 43 patients had prostate cancer of clinical stage T2. None of patients had prior radiotherapy, chemotherapy, hormonal treatment including androgen deprivation therapy or suffered from an acute illness. The prostate cancer patients were stratified for further evaluation into two groups based on the disease extension: 17 patients with organ-confined (pT2 pathological stage) and 26 patients with locally advanced disease (pT3 pathological stage). The patients in pT2 group were followed up for 16-20 months and none of the subjects reported local recurrence or metastatic disease development. The study protocol was approved by the
local ethical committee. All participating subjects were informed about the purpose of the study and provided written informed consent.

**Anthropometric examination and blood sampling**

Patients underwent a single physical examination, were measured and weighed and BMI (body mass index) was calculated as the weight in kilograms divided by the height in square meters. Peripheral venous blood samples were collected after an overnight fast at the morning of the day of surgery between 6:00 and 8:00 and centrifuged for 20 minutes at 2000 rpm. The serum was separated, aliquoted and kept frozen at -80°C until further analysis.

**Hormonal and biochemical assays**

Serum adiponectin levels were measured using commercial RIA kit (Linco Research, St.Charles, Missouri, USA). Sensitivity was 1.0 ng/ml, and the intra- and interassay variability were 1.78% and 8.25%, respectively. Serum total PSA and free PSA levels, cortisol, prolactin, testosterone, SHBG, FAI, DHEAS, estradiol, progesterone, LH, FSH, insulin, fasting plasma glucose, triglycerides, high-density lipoprotein cholesterol, low-density lipoprotein cholesterol and total cholesterol were measured at the Department of Biochemistry, Teaching Hospital Kralovske Vinohrady, Prague, by standard laboratory methods.

**Prostatectomy specimens processing**

Each radical or simple prostatectomy whole specimen was fixed in 4% buffered formaldehyde, totally embedded and processed as complete sampling with routine sections described previously (True 1994). All specimens and were examined at the Department of Pathology, Teaching Hospital Kralovske Vinohrady, Prague, graded according to the Gleason grading scheme and pathological staging based on UIAC TNM Classification of Malignant Tumours,
Sixth edition was performed. Total prostate volume was calculated using the ellipsoidal method
\((\frac{4}{3} \pi \times (\text{length}/2 \times \text{width}/2 \times \text{height}/2))\) and prostate cancer volume was calculated based on
the thickness of tissue sections and measurement of area occupied by tumor by analySIS 3.2
image analysis software (Soft Imaging Systems GmbH, Münster, Germany).

**Immunohistochemistry**

Immunohistochemistry was performed in a subset of patients (n=10 from each group)
covering both low and high serum levels of adiponectin of all three studied groups (BHP, pT2
and pT3). Five-micron-thick sections cut from formalin-fixed, paraffin-embedded tissue
samples were deparaffinized in xylene and rehydrated. Endogenous peroxidase activity was
inhibited by 3% \(\text{H}_2\text{O}_2\) in methanol for 30 minutes followed by 15 minutes rinsing in tap water.
Non-specific reactivity was avoided by pre-treatment sections with 1% normal goat serum
(Dako Cytomation, Glostrup, Denmark) with 1% bovine fetal albumin for 2 hrs. The slides
were incubated with polyclonal rabbit anti-adiponectin antibody Arcp30 (N-20) (Santa Cruz
Biotechnology, Inc., California, USA), diluted to 1:250 with ChemMate Antibody Diluent
(Dako Cytomation, Glostrup, Denmark). The Histofine® kit (Nichirei, Tokyo, Japan) was used
to visualize sections incubated with primary antibody. The chromogen 3,3-diaminobenzidine
(Liquid DAB+Substrate, Dako Cytomation, Glostrup, Denmark) was applied to all sections and
counterstaining was performed with Mayer’s hematoxylin. Tissue sections incubated without
primary antibody and with normal rabbit immunoglobulin fraction (Dako Cytomation,
Glostrup, Denmark) were used as negative controls.

All sections were analyzed using Nikon Eclipse E600 microscope in a random order by two
pathologists who were unaware of clinical data. The intensity of adiponectin expression was
scored on a four-point scale (0-3). In terms of the staining intensity, 0 represented lack of
positivity, while a score of 1 to 3 represented a weak, moderate, and strong immunohistochemical positivity, respectively. In a case of borderline staining intensity the interobserver difference was solved by a secondary evaluation.

**Statistical analysis**

The results are reported as $\bar{x} \pm SD$. Mann-Whitney Rank Sum test and Kruskal-Wallis test with Dunnet’s Method was used for comparison of the groups as appropriate. The relationships between the variables were analyzed by Spearman’s correlation coefficient $\rho$. ROC curve for serum adiponectin and PSA levels in organ-confined and locally advanced cancer was calculated (Eng 2006). Differences and correlations were considered significant at $p < 0.05$ and where applicable, $p < 0.01$ and $p < 0.001$ were shown.

The statistical analysis was performed with SigmaStat (Jandel Scientific, USA) and SPSS 13.0 (SPSS Inc., Chicago, IL).

**RESULTS**

Baseline characteristics of all studied groups are shown in Table 1 and 2. Most of prostate cancer patients in our study were overweight, had locally advanced disease and Gleason sum score 5 to 6. Patients with BHP and PCa did not differ significantly with respect to serum adiponectin levels ($20.47 \pm 10.13$ vs. $18.68 \pm 7.75$, $P = 0.64$, AUC (area under the curve) BHP vs. PCa = 0.52). Also, there was the lack of difference between the latter and former group in terms of BMI, total and free PSA but there was a statistically significant difference in F/T PSA ratio ($0.22 \pm 0.20$ vs. $0.10 \pm 0.06$, $P < 0.001$).

When the patients were subdivided into subgroups with prostate cancer in pT2 and pT3 stage, respectively, a significantly higher adiponectin levels in locally advanced relative to
organ-confined cancer were found (14.51 ± 4.92 vs. 21.41 ± 8.12, P = 0.003). Except serum adiponectin levels, statistically significant differences were also observed between both groups in total PSA levels. It is of notion here that similar statistically significant results were obtained after BMI adjustment of serum adiponectin levels in three studied groups (BHP vs. T2 vs. T3, 0.78 ± 0.46 vs. 0.56 ± 0.26 vs 0.80 ± 0.34, for T2 vs. T3 P = 0.018, otherwise statistically insignificant).

No statistically significant differences between T2 and T3 subgroups were found with respect to BMI, fasting plasma glucose and insulin serum levels. Similarly, we did not observe any difference between low-grade (pathological Gleason sum up to 6) and high-grade disease (pathological Gleason sum 7 or greater) with respect to adiponectin serum levels (19.60 ± 8.83 vs. 17.13 ± 5.38, P = 0.32). On the contrary, difference in BMI between low- and high-grade disease was found (26.61 ± 2.64 vs. 28.80 ± 3.40, P = 0.02). After stratification into pT2a, pT2b, pT2c, pT3a and pT3b, adiponectin positively correlated with the substage of disease (ρ = 0.35, P = 0.02) and similarly correlated PSA levels (ρ = 0.40, P = 0.009) but both serum markers did not correlated with each other (ρ = 0.18, P = 0.24).

The area under the ROC (receiver operating characteristics) for serum adiponectin levels in prostate cancer was calculated as 0.77 (standard error 0.07) and the optimal cut-off detecting extension of prostate cancer beyond the capsule was set at adiponectin serum level 18.2 ng/ml with sensitivity 82.4 and specificity 69.2. When adiponectin was adjusted for BMI, area under ROC was calculated as 0.72 (standard error 0.08) and for PSA as 0.71 (standard error 0.08).

In organ-confined cancer a P trend towards inverse relationship between adiponectin levels and BMI (ρ = -0.44, P = 0.07) was found. Furthermore, adiponectin levels positively correlated with prolactin concentrations (ρ = 0.49, P = 0.05) while an inverse association of adiponectin was observed with total testosterone (ρ = -0.63, P = 0.009), DHEAS (ρ = -0.59, P =
0.02) and SHBG ($\rho = 0.68$, $P = 0.004$). In extraprostatic extension of cancer, a trend towards an inverse association between adiponectin and BMI was observed ($\rho = -0.38$, $P = 0.05$) and similarly to organ-confined cancer a positive correlation with prolactin ($\rho = 0.43$, $P = 0.03$). Also a negative correlation with insulin ($\rho = -0.40$, $P = 0.05$) was present.

Tissue immunostaining with adiponectin antibody showed cytoplasmatic positivity both in benign and malignant prostatic glands and in some stromal elements (i.e. smooth muscle cells). Cancerous glands (Fig 1A) and glands with prostatic intraepithelial neoplasia (Fig 1B) showed higher staining intensity in comparison with adjacent benign prostatic glands (Fig 1C). Comparable staining intensity in normal and tumorous samples was observed in basal cells, basal cell hyperplasia and urothelial and squamous metaplasia. There was no obvious association between staining intensity and histological grade and stage of tumor (data not shown).

**DISCUSSION**

Obesity, the excess of adipose tissue, is a well-established risk factor for the development of several types of malignancies. Adipose tissue produces several hormonally active substances that can participate in the process of cancerogenesis by stimulating growth, migration and invasion of tumor cells both *in vitro* and *in vivo*. Adiponectin is an adipose tissue-derived polypeptide hormone that in addition to its anti-diabetic and anti-atherogenic effects also exerts anti-angiogenic properties (Brakenhielm, Veitonmaki *et al.* 2004). Previous studies showed that increased serum adiponectin levels were inversely correlated with a risk of endometrial (Dal Maso, Augustin *et al.* 2004, Petridou, Mantzoros *et al.* 2003), breast (Mantzoros, Petridou *et al.* 2004, Miyoshi, Funahashi *et al.* 2003), colon (Wei, Giovannucci *et al.* 2004).
al. 2005) and gastric cancer (Ishikawa, Kitayama et al. 2005). The relationship between serum adiponectin levels and prostate cancer was evaluated in three recently published studies.

Goktas et al. (Goktas, Yilmaz et al. 2005) found lower adiponectin levels in poorly differentiated and extraprostatic prostate cancer than in well- or moderately differentiated prostate cancer and organ-confined disease. In addition, a negative association between histological grade and stage of prostate cancer and plasma adiponectin levels was observed. Similarly, Freedland et al. (Freedland, Sokoll et al. 2005) found an inverse relationship between adiponectin and BMI as well as inverse association of adiponectin with high-grade disease in overweight and obese man. In normal weight and in overweight and obese men with high-grade disease adiponectin was positively associated with high stage disease. The recent study of Baillargeon found in contrast to previous results that adiponectin, did not correlate with prostate cancer aggressiveness or cancer risk (Baillargeon, Platz et al. 2006). In our study, we observed no significant difference in adiponectin levels between benign prostate hyperplasia and prostate cancer and between low-grade and high-grade disease but found significantly higher adiponectin concentrations in patients with locally advanced disease stage relative to organ-confined cancer.

There are several possible explanations for different findings with respect to serum adiponectin levels between ours and other studies cited above. Firstly, in the study of Goktas et al. the patients were stratified into the groups based on the results of transrectal ultrasound-guided biopsy and the same approach was used for grading of disease. This approach could be less precise than diagnosis of tumor stage and grade based on the histological examination of samples obtained by retropubic radical prostatectomy specimens in prostate cancer as used in our study. Furthermore, the population in the previous study had mostly normal weight, while in our study most of the subjects were overweight. Our data are to some extent similar to results of Freedland who did not find any association between plasma adiponectin and grade before
adjusting the patients´ subgroups with logistic regression and to results of Baillargeon who did not find any difference in serum adiponectin concentrations between control and prostate cancer and between high grade and low-grade disease.

As described above, we found significantly higher adiponectin levels in extended relative to organ-confined prostate cancer and positive correlation with prostate cancer substaging as well. Addition of serum adiponectin to PSA levels provided further improvement to prostate cancer staging. Based on these finding we suggest that adiponectin levels may provide a novel auxiliary marker for discrimination between organ-confined and locally advanced prostate cancer.

Our data suggested the link between adiponectin levels and prostate cancer progression. The opened question remains whether this is a causal relationship or whether the changes of adiponectin levels are rather the consequence of some metabolic changes present in more progressive but not organ-confined cancer. Here we found no significant differences in anthropometric and metabolic parameters such as BMI, blood glucose and serum insulin levels when comparing patients with advanced vs. organ-confined diseases. These findings support the idea that the difference in adiponectin levels is not a secondary result of metabolic changes. One attractive although rather speculative possibility is that increased serum adiponectin levels may serve as a protective factor against further tumor progression. It has been previously demonstrated that adiponectin has in general antiproliferative effects either through direct mechanism or by activating AMP activated protein kinase. As adiponectin did not correlate with PSA levels in our study we may speculate that both serum markers work through different pathways and possibly reflect different places of production. In support of this hypothesis, we were unable to demonstrate immunohistochemically the adiponectin immunoreactivity in DU145 prostate cancer cell line growing in the absence of surrounding stroma and/or fat tissue but on the other hand we found an enhanced adiponectin immunostaining in the epithelium of
malignant glands and PIN (prostate intraepithelial neoplasia) in the whole tissue sections recruited from prostate specimens (data not shown). Similarly to our results, recently was shown that adiponectin receptors are expressed at mRNA and protein levels in prostate cancer cell lines while mRNA for adiponectin was undetectable (Mistry, Digby et al. 2006). Therefore it is possible that adiponectin released from periprostatic fat after breach of capsule or from interstitial stromal tissue surrounding epithelium of prostate glands binds increasingly to its receptors in (pre)malignant epithelium and after its selective uptake acts on it in a autocrine/paracrine fashion.

Increased serum adiponectin levels in patients with advanced disease stage (pT3) observed in our study differ from previously published results in patients with other malignancies (breast, gastric, colon and endometrial cancer) where inverse association of adiponectin levels and tumor stage was observed. However, it should be stressed that advanced stage of breast, colon and endometrial cancer is often linked to cachexia with the deliberation of cytokines, including TNF-α, lowering serum adiponectin levels. Also, higher cancer stage in colon and endometrial cancer is linked with serosal surface perforation with the extension of cancerous cells in the peritoneal cavity with possible direct modulation of adiponectin production.

In conclusion, in our study on a limited number of patients we showed that serum adiponectin levels did not differ between patients with benign hyperplasia and prostate cancer of clinical stage T2. However, adiponectin levels were significantly higher in pT3 relative to pT2 stage prostate cancer patients. We suggest that circulating adiponectin levels may serve as an auxiliary marker for discrimination of organ-confined and locally advanced prostate cancer stage.
ACKNOWLEDGEMENTS

The authors thank Dr. Vaclav Eis for helpful discussion and Renata Hajkova and Andrea Musilova for technical assistance.

This work was supported by Internal Grant Agency of Ministry of Health of the Czech Republic NRI 8096-3 to J. Heracek and Project Oncology Nr. MSM0021620808 by the Ministry of Education of The Czech Republic to Z. Vernerova.

REFERENCES


TABLE 1

Anthropometric and biochemical parameters in patients with benign prostate hyperplasia and prostate cancer.

<table>
<thead>
<tr>
<th></th>
<th>Benign prostate hyperplasia (n=25)</th>
<th>Prostate cancer (n=43)</th>
<th>P</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age (years)</td>
<td>70.52 ± 8.73</td>
<td>63.61 ± 4.71</td>
<td>&lt; 0.001***</td>
</tr>
<tr>
<td>BMI (kg/m²)</td>
<td>27.55 ± 3.36</td>
<td>27.43 ± 3.10</td>
<td>0.88</td>
</tr>
<tr>
<td>Serum adiponectin (ng/ml)</td>
<td>20.47 ± 10.13</td>
<td>18.68 ± 7.75</td>
<td>0.64</td>
</tr>
<tr>
<td>Total PSA (ng/ml)</td>
<td>8.02 ± 6.83</td>
<td>9.49 ± 8.66</td>
<td>0.18</td>
</tr>
<tr>
<td>Free PSA (ng/ml)</td>
<td>1.37 ± 2.07</td>
<td>0.91 ± 0.80</td>
<td>0.22</td>
</tr>
<tr>
<td>F/T PSA (ng/ml)</td>
<td>0.22 ± 0.20</td>
<td>0.10 ± 0.057</td>
<td>&lt; 0.001***</td>
</tr>
</tbody>
</table>

Data presented as mean ± SD, *** P < 0.001, BMI body mass index, F/T PSA free/total PSA ratio
**TABLE 2**

Anthropometric, clinico-pathological, metabolic and biochemical parameters in patients with organ-confined and advanced prostate cancer group.

<table>
<thead>
<tr>
<th>Parameter</th>
<th>Organ confined prostate (n=17)</th>
<th>Advanced prostate cancer (n=26)</th>
<th>P</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age (year)</td>
<td>62.71 ± 5.22</td>
<td>64.19 ± 4.35</td>
<td>0.31</td>
</tr>
<tr>
<td>BMI (kg/m²)</td>
<td>27.22 ± 3.24</td>
<td>27.56 ± 3.06</td>
<td>0.73</td>
</tr>
<tr>
<td>Normal (less than 25)</td>
<td></td>
<td>4</td>
<td></td>
</tr>
<tr>
<td>Overweight (25-less than 30)</td>
<td>10</td>
<td>16</td>
<td></td>
</tr>
<tr>
<td>Obese (30 or greater)</td>
<td>3</td>
<td>5</td>
<td></td>
</tr>
<tr>
<td>Prostate volume (cm³)</td>
<td>35.66 ± 16.33</td>
<td>28.71 ± 14.21</td>
<td>0.15</td>
</tr>
<tr>
<td>Total cancer volume (cm³)</td>
<td>12.64 ± 10.31</td>
<td>14.58 ± 7.00</td>
<td>0.49</td>
</tr>
<tr>
<td>Serum adiponectin (ng/ml)</td>
<td>14.51 ± 4.92</td>
<td>21.41 ± 8.12</td>
<td>0.003**</td>
</tr>
<tr>
<td>Total PSA (µg/l)</td>
<td>6.30 ± 2.22</td>
<td>11.58 ± 10.55</td>
<td>0.024*</td>
</tr>
<tr>
<td>Free PSA (µg/l)</td>
<td>0.72 ± 0.46</td>
<td>1.04 ± 0.95</td>
<td>0.42</td>
</tr>
<tr>
<td>FAI (%)</td>
<td>47.37 ± 16.52</td>
<td>44.12 ± 16.50</td>
<td>0.58</td>
</tr>
<tr>
<td>F/T PSA</td>
<td>0.11 ± 0.06</td>
<td>0.10 ± 0.05</td>
<td>0.63</td>
</tr>
<tr>
<td>Testosterone (nmol/l)</td>
<td>13.04 ± 6.16</td>
<td>15.66 ± 10.13</td>
<td>0.52</td>
</tr>
<tr>
<td>LH (U/l)</td>
<td>3.66 ± 1.88</td>
<td>4.08 ± 4.28</td>
<td>0.57</td>
</tr>
<tr>
<td>FSH (U/l)</td>
<td>5.70 ± 2.56</td>
<td>7.74 ± 8.09</td>
<td>0.70</td>
</tr>
<tr>
<td>Cortisol (nmol/l)</td>
<td>506.00 ± 191.24</td>
<td>476.69 ± 167.39</td>
<td>0.61</td>
</tr>
<tr>
<td>Prolactin (µg/l)</td>
<td>23.87 ± 19.17</td>
<td>14.93 ± 13.11</td>
<td>0.08</td>
</tr>
<tr>
<td>Progesterone (nmol/l)</td>
<td>5.89 ± 5.00</td>
<td>4.24 ± 1.62</td>
<td>0.40</td>
</tr>
<tr>
<td>Estradiol (pmol/l)</td>
<td>76.83 ± 22.35</td>
<td>82.91 ± 43.71</td>
<td>0.81</td>
</tr>
<tr>
<td>DHEAS (nmol/l)</td>
<td>35.50 ± 67.53</td>
<td>45.80 ± 64.52</td>
<td>0.10</td>
</tr>
<tr>
<td>SHBG (nmol/l)</td>
<td>38.54 ± 23.79</td>
<td>34.99 ± 14.90</td>
<td>0.99</td>
</tr>
<tr>
<td>CRP (mg/l)</td>
<td>5.26 ± 6.07</td>
<td>5.58 ± 6.49</td>
<td>0.83</td>
</tr>
<tr>
<td>Glucose (mmol/l)</td>
<td>5.66 ± 2.31</td>
<td>5.08 ± 1.42</td>
<td>0.24</td>
</tr>
<tr>
<td>Insuline (mUI/l)</td>
<td>5.46 ± 4.16</td>
<td>4.73 ± 4.18</td>
<td>0.33</td>
</tr>
<tr>
<td>Cholesterol (mmol/l)</td>
<td>4.76 ± 0.95</td>
<td>5.26 ± 0.84</td>
<td>0.08</td>
</tr>
<tr>
<td>LDL (mmol/l)</td>
<td>2.94 ± 0.77</td>
<td>3.21 ± 0.60</td>
<td>0.21</td>
</tr>
<tr>
<td>HDL (mmol/l)</td>
<td>1.14 ± 0.23</td>
<td>1.28 ± 0.21</td>
<td>0.08</td>
</tr>
<tr>
<td>Triglycerides (mmol/l)</td>
<td>1.63 ± 0.65</td>
<td>1.72 ± 0.84</td>
<td>0.71</td>
</tr>
<tr>
<td>Gleason sum score 2-4</td>
<td>3</td>
<td>0</td>
<td></td>
</tr>
<tr>
<td>Gleason sum score 5-6</td>
<td>11</td>
<td>13</td>
<td></td>
</tr>
<tr>
<td>Gleason sum score 3+4=7</td>
<td>2</td>
<td>4</td>
<td></td>
</tr>
<tr>
<td>Gleason sum score 4+3=7</td>
<td>1</td>
<td>2</td>
<td></td>
</tr>
<tr>
<td>Gleason sum score 8-10</td>
<td>0</td>
<td>7</td>
<td></td>
</tr>
</tbody>
</table>

Data presented as mean ± SD, * P < 0.05, ** P < 0.01, CRP – C-reactive protein, DHEAS – dehydroepiandrosterone sulphate, FAI – free androgen index, F/T PSA free/total PSA, HDL – high-density cholesterol, LDL – low-density cholesterol, LH – luteinizing hormone, SHBG sex-hormone binding globulin
FIGURE LEGENDS

Fig 1A: Immunohistochemical analysis of adiponectin within prostate adenocarcinoma. 1B: Immunohistochemical analysis of adiponectin within prostate intraepithelial neoplasia (PIN) and adjacent benign prostate gland. 1C: Immunohistochemical analysis of adiponectin within benign prostate hyperplasia. Original magnification x 200