SHORT COMMUNICATION

Estimation of Apoptosis in C6 Glioma Cells Treated with Antidepressants

A. ŠPANOVÁ¹, H. KOVÁŘŮ², V. LISÁ³, E. LUKÁŠOVÁ⁴, B. RITTICH⁵

¹Institute of Animal Physiology and Genetics, Academy of Sciences of the Czech Republic, Brno, ²First Medical Faculty, Charles University, Prague, ³Institute of Physiology, Academy of Sciences of the Czech Republic, Prague, ⁴Institute of Biophysics, Academy of Sciences of the Czech Republic, Brno and ⁵Faculty of Chemistry, Technical University, Brno, Czech Republic

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Summary

Gel electrophoresis of DNA was used for estimation of DNA changes caused in C6 glioma cells by treatment with psychotropic drugs (imipramine, amitryptiline and fluoxetine). Some discrete bands containing a population of short DNA fragments appeared after 1 and 5 days of cultivation. Apoptotic DNA breaks were verified at single cell level using the TUNEL test in cells treated with fluoxetine.

Key words Glioma cells – Antidepressants – DNA fragmentation – Apoptosis

Necrosis and apoptosis are two fundamentally different modes of cell death (Kerr et al. 1972). Necrosis occurs following major intoxications or extensive tissue trauma. Apoptosis, on the other hand, is a more physiological mode of cell death observed during processes such as tissue organization. Cell dving via apoptosis requires activation of specific genes. It can be induced by non-physiological stimuli (such as irradiation and anticancer drugs) and also by physiological stimuli such as cytokines (Hacker and Vaux 1994, Musilová et al. 1995, Kozubík et al. 1995). The production of many cytokines in the brain is dramatically changed by various stimuli during systemic or CNS diseases (Rothwell and Hopkins 1995, Kozáková et al. 1996). For this reason, we were interested in the question of whether antidepressant drugs can influence cell death in glioma cells.

A fundamental biochemical marker of apoptosis is the change in chromatin structure, often associated with fragmentation into oligonucleosomal fragments of about n x 180 base pairs in length. Apoptosis is a highly ordered process and consists of several successive steps (Walker *et al.* 1993). A major step in apoptosis is the destruction of the higher structure of chromatin by the introduction of doublestrand breaks into DNA at 300 kb and 50 kb intervals. The 50 kb fragments are further degraded, in some but not all cells, to smaller fragments and release small oligonucleosome fragments that are recognized as the characteristic DNA ladder on conventional agarose gels (Skalka *et al.* 1976, Allen *et al.* 1993, Sgove and Wick 1994).

Results were preliminary presented at "CNS – Advance in Research of Normal and Neoplastic Cells" which was held in Brno (April 25, 1996) as the satellite minisymposium of the 42nd International Congress of the European Tissue Culture Society (Španová et al. 1996).

Other techniques can be used for the detection of chromatin destruction besides agarose electrophoresis of DNA - e.g. ELISA or terminal transferase-mediated dUTP nick-end labelling - the TUNEL method (Gavrieli et al. 1992). The TUNEL qualitative method allows analysis of DNA fragmentation on microscopic slides. It enables to determine apoptosis in single cells. The aim of this work was to study if the antidepressant drugs generated DNA-linked changes in cells (i.e. apoptosis or necrosis).

The C6 glioma cells of rat origin were grown on a D-MEM medium complemented with 5 % of foetal bovine sera. Drugs were added to the medium to a final concentration $1x10^{-6}$ M and/or $5x10^{-6}$ M. The cells were cultivated for 1 day or 5 days (in the presence of the above mentioned drugs) at 37 °C. Microscopic cover slips were immersed into the medium and cultivated together with the cells. The cells grown on the surfaces of the slips were used in the TUNEL test. DNA was isolated from approximately $1x10^7$ cells using a lysis buffer (50 mM Tris, pH 8.0, 10 mM NaCl, 100 mM EDTA pH 8.0, 1% SDS, 10 µg proteinase K). The lysis was carried out overnight at 37 °C (Španová *et al.* 1995).

Gel electrophoresis was carried out in 1.8 % agarose at 1.5 V/cm using TBE (45 mM Tris-borate, 1 mM EDTA, pH 8.0) as buffer (Maniatis et al. 1982). The gels were photographed after staining with ethidium bromide $(1 \mu g/ml)$. In the TUNEL test, the slides with fixed cells were treated with terminal transferase according to the manufacturer and counterstained with propidium iodide $(0.1 \,\mu g/ml)$ after washing. The slides with stained cells were observed under a Jenalumar microscope (Carl Zeiss, Jena, Germany) with dual band filters constructed for propidium iodide. The image was captured by a colour chilled high-resolution CCD camera C5310 (Hamamatsu, Japan) and digitized with a framegrabber (MuTech, Japan).

Antidepressants (amitryptiline, imipramine and fluoxetine) as well as proteinase K were obtained from Sigma (St. Louis, Mo, USA). The chemicals for DNA isolation and electrophoresis (Tris-base, EDTA, SDS, agarose, EtBr) were obtained from Amresco (Solon, USA). The kit for the TUNEL test was from Boehringer (Mannheim, Germany).

DNA was isolated from C6 glioma cells treated with psychotropic drugs as described above and separated using gel electrophoresis. Agarose gel electrophoresis of DNA showed broad but discrete bands which contained a population of DNA fragments of 200-300 bp or 400-500 bp in length (Fig. 1). The DNA fragmentation was the same after 1 day and 5 days of cultivation. This type of DNA fragmentation did not correspond to the typical apoptotic or necrotic pattern: neither the characteristic apoptotic "ladder" (180 bp and their multiples) nor a necrotic smear of many fragments of different lengths were detected. The relative discrete character of bands serves as evidence against necrosis.



Fig. 1. DNA fragmentation detected in C6 glioma cells after cultivation with imipramine $(5x10^{-6} M \text{ and } 1x10^{-6} M, 1anes 1 \text{ and } 2)$, amitryptiline $(5x10^{-6} M \text{ and } 1x10^{-6} M, 1anes 3 \text{ and } 4)$ and fluoxetine $(5x10^{-6} M \text{ and } 1x10^{-6} M, 1anes 5 \text{ and } 6)$. Lane 7 contains DNA from control untreated cells. Lane 8 contains DNA molecular weight standards (λ /EcoRI, pBR322/MspI).

In the literature, no-standard cases of apoptosis have been described. According to Collins et al. (1992), the apoptotic process was not always associated with oligonucleosomal DNA fragmentation in cells detected as apoptotic by morphological criteria. On the other hand, DNA fragmentation is random and smear of fragments occurs on agarose gel in necrosis. The absence of a DNA ladder may be influenced by the fact that the amount of fragmented DNA in the sample is below the detection limit of the analytical technique (electrophoresis on agarose gel). The amount of apoptotic fragments in the analysed sample is also influenced by the procedure employed for the lysis of the cells (Walker et al. 1993). In our procedure, SDS effectively deproteinated the DNA and enabled to reveal double stranded fragments.



Fig. 2. A. Control C6 glioma cells. B. Apoptotic DNA fragmentation detected by the TUNEL test in C6 glioma cells treated with fluoxetine (5 days, 5.10^{-6} M).

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The most pronounced DNA fragmentation was detected in C6 glioma cells treated with fluoxetine. From this reason, the apoptotic character of cell death in these cells was also confirmed at single cell level by the TUNEL method (Fig. 2). Positive labelling was detected in 2-3% of treated cells as compared to the control cells (with no positive labelling in 200 cells).

The TUNEL method allows only a qualitative analysis of apoptosis. Another methods must be used for specification of necrotic DNA degradation.

References

It follows from the above mentioned results that psychotropic drugs provoked some DNA changes in C6 glioma cells. These changes were verified as apoptotic in cells treated with fluoxetine.

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Reprint requests

B. Rittich, Faculty of Chemistry, Technical University, Veslařská 230, 637 00 Brno, Czech Republic.