

## REVIEW

# Wnt/ $\beta$ -Catenin Signaling: a Promising New Target for Fibrosis Diseases

Y. GUO<sup>1</sup>, L. XIAO<sup>1</sup>, L. SUN<sup>1</sup>, F. LIU<sup>1</sup>

<sup>1</sup>Department of Nephropathy, Second Xiangya Hospital, Central South University, Changsha, P. R. China

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### Summary

Wnt/ $\beta$ -catenin signaling is involved in virtually every aspect of embryonic development and also controls homeostatic self-renewal in a number of adult tissues. Recently, emerging evidence from researches of organ fibrosis suggest that sustained Wnt/ $\beta$ -catenin pathway reactivation is linked to the pathogenesis of fibrotic disorders. Here we focus on Wnt/ $\beta$ -catenin-related pathogenic effects in different organs, such as lung fibrosis, liver fibrosis, skin fibrosis and renal fibrosis. Additionally, Wnt/ $\beta$ -catenin signaling works in a combinatorial manner with TGF- $\beta$  signaling in the process of fibrosis, and TGF- $\beta$  signaling can induce expression of Wnt/ $\beta$ -catenin superfamily members and vice versa. Moreover, network analysis, based on pathway databases, revealed that key factors in the Wnt pathway were targeted by some differentially expressed microRNAs detected in fibrosis diseases. These findings demonstrated the crosstalks between Wnt/ $\beta$ -catenin pathway and TGF- $\beta$  signalings, and microRNAs, highlighting the role of Wnts in organ fibrogenesis. Most importantly, nowadays there is a variety of Wnt pathway inhibitors which give us the potential therapeutic feasibility, modulation of the Wnt pathway may, therefore, present as a suitable and promising therapeutic strategy in the future.

### Key words

Wnt •  $\beta$ -catenin • Fibrosis • TGF- $\beta$  • MicroRNA

### Corresponding authors

L. Sun and F. Liu, Department of Nephrology, Second Xiangya Hospital, Central South University, Changsha, Hunan Province, 410011, P. R. China. Fax: 86 731 5292064. E-mail: sunlinnwu11@163.com and lfymh@yahoo.cn

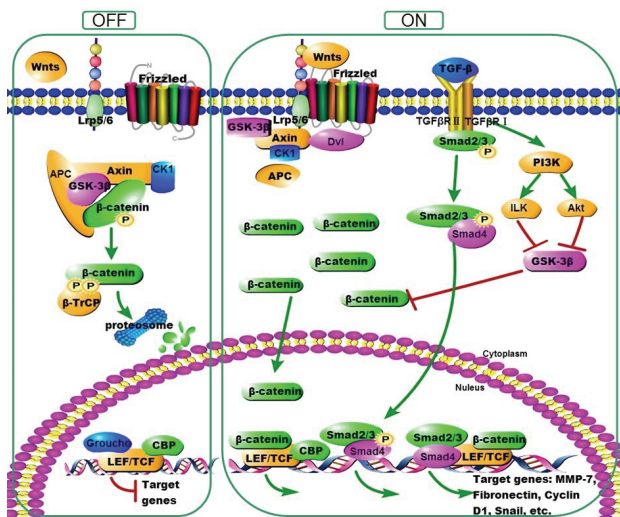
### Introduction

Fibrosis is a complex response initiated to protect the host from an injurious event; however, it leads to massive deposition of matrix, disruption of the normal tissue architecture, and parenchymal destruction when it becomes independent from the initiating stimulus (Franklin 1997). Many pathways and cytokines were found take part in this process, like TGF- $\beta$ /Smad, PI3K/Akt, p38 MAPK, etc. However, the molecular mechanism is still not well defined yet and no effective treatment has been found. Thus, exploration of new signal pathways and development of new therapeutic strategies is urgently needed.

Wnt/ $\beta$ -catenin is an evolutionarily conserved cellular signaling system that plays an essential role in diverse arrays of biologic processes such as organogenesis, tissue homeostasis, and pathogenesis of many human diseases (Clevers 2006). Recent studies have demonstrated that aberrant Wnt/ $\beta$ -catenin signaling pathway plays a key role in the development of organ fibrosis, suggesting it may be a novel therapeutic target in fibrotic disorders (Cheng *et al.* 2008, He *et al.* 2009, Kim *et al.* 2011).

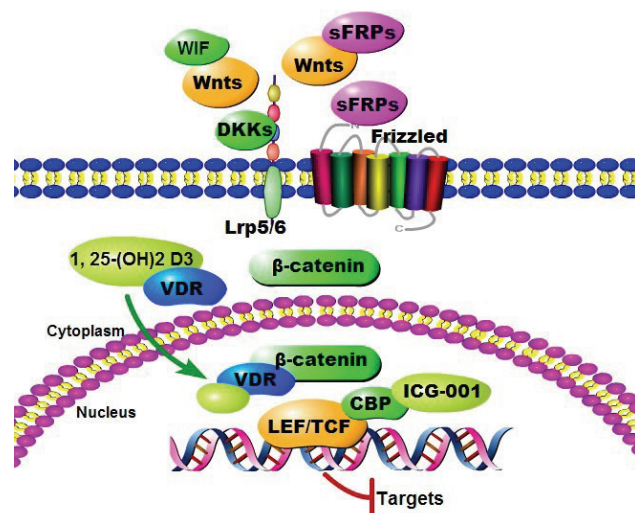
### Wnt/ $\beta$ -catenin signaling

The Wnt family proteins are secreted lipid-modified glycoproteins and exert their function through at least three known pathways, the canonical one of which is Wnt/ $\beta$ -catenin signaling pathway (Chien *et al.* 2009).



**Fig. 1.** Overview of Wnt/ $\beta$ -Catenin Signaling. Without Wnt ligands, cytoplasmic  $\beta$ -catenin is phosphorylated by a destruction complex which is composed of Axin, adenomatous polyposis coli protein (APC), casein kinase 1 (CK1) and glycogen synthase kinase 3 $\beta$  (GSK-3 $\beta$ ). Phosphorylated  $\beta$ -catenin is then ubiquitinated by the  $\beta$ -transducin repeat-containing protein ( $\beta$ -TrCP), a component of E3 ubiquitin ligase complex, and destroyed by the proteasome ultimately. Once activated, Wnt proteins bind to their receptors and induce a series of downstream signaling events which lead to the disassembly of the destruction complex, resulting in dephosphorylation of  $\beta$ -catenin. Accumulated  $\beta$ -catenin then translocates into the nucleus, where they bind to T cell factor (TCF)/Lymphoid enhancer-binding factor (LEF) to stimulate the transcription of Wnt target genes, including fibrosis-related gene expression, such as Fibronectin, Matrix Metallo Proteinases-7 (MMP-7), Twist and Snail. In addition, Wnt/ $\beta$ -Catenin and TGF- $\beta$  signaling converge at the promoter, where Smads,  $\beta$ -Catenin, and LEF/TCF form a complex to coregulate specific genes expression.  $\beta$ -catenin is further stabilized in the cytoplasm by the action of TGF- $\beta$  to signal through phosphatidylinositol 3-kinase (PI3K). PI3K can then signal integrin-linked kinase (ILK) and AKT, which can phosphorylate and inactivate GSK-3 $\beta$ .

$\beta$ -catenin is a key regulator in this signaling, where cytoplasmic  $\beta$ -catenin translocate into the nucleus and then bind to T cell factor (TCF)/Lymphoid enhancer-binding factor (LEF) to stimulate the transcription of Wnt target genes, including fibrosis-related gene expression, such as Fibronectin, Matrix Metallo Proteinases-7 (MMP-7), Plasminogen activator inhibitor-1 (PAI-1), Twist and Snail. Wnt proteins transmit their signal across the plasma membrane through interacting with the Fzd family of proteins and members of LRP5/6 (Fig. 1). Under resting condition, without Wnt ligands, cytoplasmic  $\beta$ -catenin is phosphorylated by a destruction complex which is composed of axin, adenomatous polyposis coli protein (APC), and glycogen synthase kinase (GSK)-3 $\beta$ , and then ubiquitinated and destroyed by the proteasome ultimately. Once activated, Wnt proteins bind to their receptors and lead to the



**Fig. 2.** Antagonists and inhibitors of Wnt/ $\beta$ -Catenin Signaling. DKKs: Dickkopf 1-4, bind to Lrp5/6; sFRPs: secreted Frizzled-related proteins, bind to Wnt ligands and Frizzled receptors; WIF: Wnt inhibitory factor; VDR: Vitamin D receptor, ligand-activated VDR binds to  $\beta$ -catenin competing with TCF-4; CBP: Cyclic AMP response element binding protein (CREB)-binding protein; ICG-001: A small molecule inhibits TCF/ $\beta$ -catenin transcription through interacting with CBP. See text for details.

disassembly of the destruction complex, resulting in dephosphorylation of  $\beta$ -catenin, thereby allowing  $\beta$ -catenin to accumulate in the cytosol and enter the nucleus (Fig. 1) (MacDonald *et al.* 2007, Huang and He 2008, He *et al.* 2012). The Wnt pathway has unique transcriptional outputs, which are determined by the developmental identity of the responding cell, instead of the nature of the signal. That is to say, the majority of Wnt target genes appear to be cell type specific (Cadigan and Liu 2006).

Several secreted protein families antagonize Wnt/ $\beta$ -catenin signaling. The function of Wnt inhibitors depends on their expression levels and the cellular context. The secreted Frizzled-related proteins (sFRPs) and Wnt inhibitory factor (WIF), which exhibit a high degree of homology with the Wnt ligand-binding domains of Fzd, both bind to Wnt ligands, and thereby function as Wnt antagonists for both  $\beta$ -catenin and noncanonical signaling (Bovolenta *et al.* 2008). The secreted Dickkopf (DKK) family (DKK1-4), exemplified by DKK1, induce the LRP5/6 internalization and inactivation through binding to the second class receptor Kremen (KRM), and subsequently inhibiting the formation of the receptor complex (Fig. 2) (Mao *et al.* 2002).

Wnt/ $\beta$ -catenin signaling is known to regulate cell-fate decisions during development, cell differentiation, and proliferation and death events

(Grigoryan *et al.* 2008). It was found that aberrant expression of Wnt/ $\beta$ -catenin signaling is involved in many diseases, such as tumor formation, hereditary disorders and fibrosis diseases (Clevers 2006).

### Role of Wnt/ $\beta$ -catenin signaling in fibrosis diseases

Wnt/ $\beta$ -catenin signaling pathway is essential to embryonic development in general and organ morphogenesis, so it is not surprising that dysregulation of this pathway in adult has been linked to fibroblast biology and fibrosis. Recent researches have demonstrated that Wnt/ $\beta$ -catenin signaling play a role in severe fibrotic diseases, such as pulmonary fibrosis, liver fibrosis, skin fibrosis and renal fibrosis.

#### *Wnt/ $\beta$ -catenin signaling in pulmonary fibrosis*

Idiopathic pulmonary fibrosis (IPF), the most common form of pulmonary fibrosis, is characterized initially by alveolar epithelial cell injury followed by EMT and exaggerated fibroblast migration, activation, and proliferation with extracellular matrix remodeling (Noble 2003). Unbiased microarray screens have revealed the overexpression of Wnt genes, including Wnt2 and 5a, Fzd7 and 10, along with sFRP1 and 2 in IPF lungs compared with normal lungs or those with other interstitial lung diseases (Kaminski and Rosas 2006, Selman *et al.* 2006, 2008). More importantly, nuclear  $\beta$ -catenin immunoreactivity and abnormal levels of cyclin-D1 and matrilysin were demonstrated in proliferative bronchiolar lesions (basal-cell hyperplasia, squamous metaplasia, bronchiolization and honeycombing) of IPF patients (Chilosi *et al.* 2003). Interestingly, nuclear  $\beta$ -catenin accumulation was also demonstrated in fibroblast foci in most IPF samples, often associated with bronchiolar lesions, and similar results were showed in experimental lung fibrosis (Chilosi *et al.* 2003, Liu *et al.* 2009). In a subsequent study, Wnt1, 7b and 10b, Fzd2 and 3,  $\beta$ -catenin, and LEF1 expression significantly increased in IPF patients, and Wnt1, Wnt3a,  $\beta$ -catenin, and GSK-3 $\beta$  localized largely to alveolar and bronchial epithelium, and this was confirmed by qRT-PCR of primary alveolar epithelial type II (ATII) cells. In addition, functional *in vitro* studies revealed that Wnt3a induced lung epithelial cell proliferation and (myo)fibroblast activation and collagen synthesis (Konigshoff *et al.* 2008). Moreover, the antagonists DKK1-4 were also reported express in

hyperplastic alveolar epithelial cells in IPF patients, and DKK1 predominantly localized in basal bronchial epithelial cells (Pfaff *et al.* 2011). Additionally, nuclear  $\beta$ -catenin was increased in systemic sclerosis (SSc) pulmonary fibrosis and promoted lung fibroblast migration and proliferation, and activation of the Wnt/ $\beta$ -catenin signaling pathway by mechanical ventilation is associated with ventilator-induced pulmonary fibrosis in healthy lungs (Lam *et al.* 2011).

#### *Wnt/ $\beta$ -catenin signaling in liver fibrosis*

Liver fibrosis represents chronic wound repair and activated hepatic stellate cells (HSCs) are the most important source of extracellular matrix proteins during this fibrotic process. Although expression of  $\beta$ -catenin in cell-cell contacts of stellate cells is known, people are now beginning to investigate the role of Wnt/ $\beta$ -catenin in stellate cell activation. Cheng *et al.* (2008) reported that Wnt3a and Wnt10b, Fzd receptor-1 and 2, LRP6, along with nuclear  $\beta$ -catenin and TCF DNA binding were remarkably increased in culture-activated HSCs compared with quiescent HSC, and high expression of DKK1 increased apoptosis of cultured HSCs. Besides, expression of Wnt and Fzd genes were also induced in HSCs isolated from experimental cholestatic liver fibrosis. Moreover, human HSCs were significantly activated by Wnt3a, while this was inhibited in sFRP1 overexpressing cells. At the same time, Wnt3a treatment obviously suppressed tumor necrosis factor-related apoptosis-inducing ligand (TRAIL) induced apoptosis in control HSCs versus sFRP1 over-expressing cells (Myung *et al.* 2007). Meanwhile, fibrotic changes of liver could be attenuated by Pokeweed antiviral protein (PAP), which is regarded as a strong negative regulator of Wnt/ $\beta$ -catenin signaling, and PAP significantly reduced the expressions and distribution of  $\alpha$ -SMA and  $\beta$ -catenin *in vivo* and *in vitro* as well as cell viability (Li *et al.* 2011, Xiong *et al.* 2009). In contrast to the above-mentioned studies, DNA microarrays found no changes in the phosphorylation state or nuclear translocation of  $\beta$ -catenin between quiescent and activated rat HSCs (Jiang *et al.* 2006).

#### *Wnt/ $\beta$ -catenin signaling in skin fibrosis*

Skin fibrosis occurs in various kinds of human diseases, most notably systemic sclerosis (SSc), or scleroderma. SSc is a systemic connective tissue disease, the characteristic of which in human skin consists of excess collagen deposition in the dermis with loss of

appendages and associated adipose tissue (Wei *et al.* 2011). Over the last years, several groups have used microarray analyses to obtain RNA expression profiles of skin from SSc patients and mice (Gardner *et al.* 2006, Bayle *et al.* 2008). Gardner *et al.* (2006) provided evidence that there are changes in the Wnt pathway in SSc biopsy samples, including down-regulation of Wnt inhibitory factor 1, Frizzled-related protein, and Frizzled homolog 7, as well as up-regulation of sFRP4. Microarray gene expression in skin of Tight-skin (Tsk) mouse (an animal model of SSc) showed increased mRNA levels of several genes, including Wnt2, Wnt3a, Wnt9a, Wnt10b and Wnt11; Dapper homolog antagonist of  $\beta$ -catenin (DACT1) and DACT2; Wnt-induced secreted protein 2; and sFRP2 and sFRP4. In addition, application of Wnt3a to cultured fibroblasts increased the levels of Fbn-1 and collagen (Bayle *et al.* 2008). Moreover, transgenic mice expressing Wnt-10b showed progressive loss of subcutaneous adipose tissue accompanied by dermal fibrosis, and Wnt-10b infection of normal fibroblasts and preadipocytes resulted in blockade of adipogenesis and up-regulation of fibrotic gene expression, suggesting that Wnt-10b switches differentiation of mesenchymal cells toward myofibroblasts by inducing a fibrogenic transcriptional program while suppressing adipogenesis (Wei *et al.* 2011).

#### *Wnt/ $\beta$ -catenin signaling in renal fibrosis*

Kidney is a typical organ that develops on the basis of interactions between epithelial and mesenchymal tissues, and many studies have proved that hyperactive Wnt/ $\beta$ -catenin signaling in the glomeruli and tubulointerstitium is detrimental to the kidney.

It has been shown that most members of Wnt family and Fzd receptors were upregulated in the unilateral ureteral obstruction (UUO) model whose characteristic is progressive interstitial fibrosis and tubular atrophy. At the same time, obstruction led to a dramatic accumulation of  $\beta$ -catenin in the cytoplasm and nuclei of renal tubular epithelial cells, and numerous Wnt/ $\beta$ -catenin target genes (MMP-7, fibronectin, Twist, c-Myc) were induced and the expression was closely correlated with renal  $\beta$ -catenin abundance. More importantly, delivery of Wnt antagonist DKK-1 gene significantly reduced renal  $\beta$ -catenin accumulation, inhibited the expression of Wnt/ $\beta$ -catenin target genes and suppressed expression of type I collagen and fibronectin (He *et al.* 2009, 2012). In addition, levels of

MMP-7 protein detected in the urine correlated with renal Wnt/ $\beta$ -catenin activity, suggesting it may be a noninvasive biomarker of this profibrotic signaling in the kidney (He *et al.* 2012). Moreover, administration of recombinant sFRP4 protein caused a reduction of  $\beta$ -catenin in tubular epithelial cells and suppressed the progression of renal fibrosis (Surendran *et al.* 2005). In addition, Wnt4 expression was induced by folic acid nephropathy and UUO in the mice, and the pattern of it during progression of renal fibrosis closely paralleled with that of MMP-7, suggesting that Wnt4 may regulate MMP-7 expression and take part in the pathogenesis of renal fibrosis (Surendran *et al.* 2004).

Podocyte dysfunction, one of the major causes of proteinuria, leads to glomerulosclerosis and end stage renal disease. Several studies showed that Wnt/ $\beta$ -catenin signaling promotes podocyte dysfunction and albuminuria, and that blockade of this signaling can ameliorate albuminuria (Dai *et al.* 2009, Heikkilä *et al.* 2010, He *et al.* 2011). Overexpression of Wnt1 *in vivo* activated glomerular  $\beta$ -catenin and aggravated albuminuria, whereas blockade of Wnt signaling with DKK1 ameliorated podocyte lesions. In addition, Podocyte specific knockout of  $\beta$ -catenin protected against development of albuminuria after injury and pharmacologic activation of  $\beta$ -catenin. More importantly, in human proteinuric kidney diseases such as diabetic nephropathy and focal segmental glomerulosclerosis, upregulation of Wnt1 and active  $\beta$ -catenin in podocytes were observed (Dai *et al.* 2009). Furthermore, decreased podocyte foot process effacement associated with slit diaphragm abnormalities was observed through electron microscope in ADR-treated  $\beta$ -catenin-deficient mice compared with control mice (Heikkilä *et al.* 2010).

Autosomal dominant polycystic kidney disease (ADPKD) is common and is a major cause of renal failure. Transgenic mice that overproduce an oncogenic form of  $\beta$ -catenin in the epithelial cells of the kidney developed severe polycystic lesions soon after birth that affected the glomeruli, proximal, distal tubules and collecting ducts (Saadi-Kheddouci *et al.* 2001). In addition, the cell proliferation and apoptotic index increased remarkably in cystic tubules of the transgenic mice compared to that of littermate controls (Saadi-Kheddouci *et al.* 2001). Chronic allograft damage following kidney transplantation is also characterized by progressive fibrosis. Recent studies have shown that central components of Wnt/ $\beta$ -catenin signaling (including Wnt3, LEF1 and  $\beta$ -catenin) were significantly

upregulated with the development of chronic damage, and oral treatment with 13cis retinoic acid (13cRA) selectively ameliorated the dysregulation of canonical Wnt pathway and led to a general preservation of cilia structures (von Toerne *et al.* 2009, 2011).

#### *Other fibrotic disorders and Wnt/ $\beta$ -catenin signaling*

Besides the main organs, Wnt/ $\beta$ -catenin signaling reactivation was also seen in rare fibrotic diseases. Intranuclear accumulation of  $\beta$ -catenin and LEF-1 was observed in the pterygial epithelium, which suggest  $\beta$ -catenin may play a key role in the pathogenesis of pterygium (Kato *et al.* 2007). Meanwhile, muscle stem cells from aged mice tend to convert from a myogenic to a fibrogenic lineage, and this conversion is associated with an activation of the Wnt/ $\beta$ -catenin signaling and can be suppressed by Wnt inhibitors (Brack *et al.* 2007). Moreover, Wnt/ $\beta$ -catenin signaling can expand the population of muscle resident stromal cells (mrSCs) and stimulate their production of collagen, and this can be inhibited by DKK1 (Trensz *et al.* 2010). Additionally, Cheng *et al.* (2010) proved that activation of vascular smooth muscle Parathyroid Hormone Receptor (PHR) can inhibit Wnt/ $\beta$ -catenin signaling and reduce vascular oxidative stress, thus limiting aortic type I collagen and calcium accrual. Lastly, targeting GSK-3 $\beta$  potently induced dermal fibrosis by activation of the canonical Wnt pathway (Bergmann *et al.* 2011).

### **Cross-talk between Wnt/ $\beta$ -catenin and TGF- $\beta$ signaling**

Transforming growth factor- $\beta$  (TGF- $\beta$ ) is a key mediator of fibrosis progression, inducing epithelial-to-mesenchymal transition (EMT), fibroblast-to-myofibroblast activation, and extracellular matrix deposition (Biernacka *et al.* 2011). The cross-talk between TGF- $\beta$  and Wnt pathways has been known for a long time (Fig. 1) (Cheon *et al.* 2006, Willis and Borok 2007, Medici *et al.* 2008). In recent years, the cooperation of TGF- $\beta$  and Wnt/ $\beta$ -catenin signaling in the process of fibrosis have been demonstrated (Eger *et al.* 2004, Sato 2006). Simultaneous inhibition of both TGF- $\beta$  and Wnt/ $\beta$ -catenin pathways reverted mesenchymal cFos estrogen receptor (FosER) cells to a polarized epithelial phenotype, whereas inhibition of a single pathway caused only partial rescue of epithelial features, which indicates that both TGF- $\beta$  and Wnt/ $\beta$ -catenin pathways cooperate in epithelial dedifferentiation during EMT (Eger *et al.*

2004). Additionally, expression of Wnt1,  $\beta$ -catenin and their target genes were upregulated in association with TGF- $\beta$ -induced podocyte injury and proteinuria *in vitro* and *in vivo*, and this process was blocked by Wnt antagonist DKK1 (Wang *et al.* 2011). The activation of  $\beta$ -catenin mediated transcription induced by TGF- $\beta$  was shown *via* the Smad3 and p38MAPK pathways in human dermal fibroblasts (Sato 2006), and p- $\beta$ -catenin/pSmad2 complexes were observed in alveolar epithelial cells both *in vitro* and *in vivo* during the fibrotic phase, and most importantly, in the lung tissue from IPF patients (Kim *et al.* 2009). In addition, it was demonstrated that  $\beta$ -catenin-targeted siRNA significantly decreased the level of TGF- $\beta$  expression in the lung tissue of bleomycin-administered mice, and loss and gain of DKK1 function modulated HG-induced TGF- $\beta$  expression (Lin *et al.* 2010, Kim *et al.* 2011). More recently, Zhou *et al.* (2012) found that interactions between  $\beta$ -catenin and TGF- $\beta$  signaling pathways mediate EMT are dependent on the transcriptional co-activator cAMP-response element binding protein (CREB)-binding protein (CBP). Finally, Masszi *et al.* (2004) showed that intercellular contact disassembly alone induced degradation of E-cadherin and  $\beta$ -catenin, but TGF- $\beta$ 1 selectively rescued  $\beta$ -catenin and increased the level of free  $\beta$ -catenin. All those observations proved that Wnt/ $\beta$ -catenin signaling works in a combinatorial manner with TGF- $\beta$  signaling in the process of fibrosis, and TGF- $\beta$  signaling can induce expression of Wnt/ $\beta$ -catenin superfamily members and vice versa.

### **Wnts and microRNAs**

MicroRNA dysregulation has been demonstrated participate in fibrotic disorders of late years. Interestingly, network analysis, based on pathway databases, revealed that key factors in the Wnt pathway were targeted by some differentially expressed microRNAs (DEmiRNAs) detected in the fibrosis diseases (Cho *et al.* 2010, Ezzie *et al.* 2011, Pandit *et al.* 2011, Xie *et al.* 2011). The potential targets include the members of the Wnt family, such as Wnt5a, Wnt7a, Wnt7b and Wnt9a, the receptors Fzd5 and Fzd8, and the molecules in the Wnt pathway such as GSK-3 $\beta$ , APC, LEF, along with antagonists such as sFRP1 and 2 (Cho *et al.* 2010, Pandit *et al.* 2011, Xie *et al.* 2011). These findings confirmed the crosstalk between microRNAs and Wnt signaling, and provided a framework in the multilayer regulatory machinery in orchestrating

microRNAs-Wnt signaling-cellular process to control tissue injury and fibrosis.

## Therapeutic strategies

Given increasing activity of the Wnt/ $\beta$ -catenin signaling has been implicated in the pathogenesis of different fibrotic diseases, methods for decreasing this signaling are required and would have strong clinical implications. There are different ways to inhibit Wnt/ $\beta$ -catenin signaling, such as, application of soluble receptors, usage of antagonists, administration of siRNA, and chemically synthesized transcription factor competitor and transcription inhibitors (Surendran *et al.* 2005, Cheng *et al.* 2008, He *et al.* 2009, Henderson *et al.* 2010, He *et al.* 2011, Kim *et al.* 2011, Pfaff *et al.* 2011).

SFRPs have a cysteine-rich domain that can bind Wnt proteins and frizzled receptors and may perturb the Wnt-frizzled interaction to modulate the functions of Wnt proteins (Bovolenta *et al.* 2008). Recombinant sFRP4 reduced the amount of cytosolic and nuclear  $\beta$ -catenin within the tubular epithelium and altered the progression of renal fibrosis in UUO model (Surendran *et al.* 2005). Because of function as extracellular Wnt inhibitors, sFRPs can block both canonical and noncanonical Wnt signaling. Conversely, DKKs can specifically inhibit the Wnt/ $\beta$ -catenin signaling by binding to the LRP5/6 component of the receptor complex (Mao *et al.* 2002). He *et al.* (2009) showed that delivery of DKK1 gene significantly reduced  $\beta$ -catenin accumulation, inhibited the expression of Wnt/ $\beta$ -catenin target genes, and reduced total collagen content in the model of obstructive nephropathy. However, it was reported that only high concentrations of DKK1 could inhibit the WNT-induced proliferation of bronchial and alveolar epithelial cells, suggesting DKK1 may not be able to fulfil an effective negative feedback-loop on WNT-induced aberrant alveolar epithelial cell proliferation in IPF *in vivo* (Fig. 2) (Pfaff *et al.* 2011).

Paricalcitol, a synthetic, low-calcemic vitamin D analog, largely abolished the induction of multiple Wnt ligands and  $\beta$ -catenin (predominantly in podocytes and tubular epithelial cells), hampered activation of renal myofibroblasts, reduced glomerulosclerotic lesions and prevented proteinuria in adriamycin nephropathy (He *et al.* 2011). In addition, paricalcitol induced a physical interaction between the vitamin D receptor and  $\beta$ -catenin in podocytes *in vitro* (He *et al.* 2011). This action of vitamin D appears to be mediated by ligand-activated

vitamin D receptor (VDR) competing with transcription factor TCF-4 for  $\beta$ -catenin binding (Fig. 2) (Shah *et al.* 2006). Additionally, administration of siRNA for  $\beta$ -catenin into trachea of mice significantly decreased the levels of collagen, MMP-2 and TGF- $\beta$  expression in the lung tissue (Kim *et al.* 2011). In recent years, many small molecular compounds were identified as antagonists of the Wnt/ $\beta$ -catenin pathway (Lepourcelet *et al.* 2004). ICG-001 is a unique small molecule, which selectively inhibits TCF/ $\beta$ -catenin transcription through interacting with CBP and blocking the  $\beta$ -catenin/CBP interaction (Emami *et al.* 2004). More recently, ICG-001 was reported to significantly inhibit  $\beta$ -catenin signaling and attenuate renal interstitial fibrosis as well as bleomycin-induced lung fibrosis (Fig. 2) (Henderson *et al.* 2010, Hao *et al.* 2011). Most importantly, the present findings may have clinical implications because some selective inhibitors of Wnt/ $\beta$ -catenin signaling have recently entered clinical trials and would be available for patients in the future ([www.clinicaltrials.gov](http://www.clinicaltrials.gov)).

## Conclusions

As discussed above, aberrant Wnt/ $\beta$ -catenin signaling reactivation in adult drives organ fibrosis by, for example, epithelial cell transformation or EMT, fibroblast proliferation and activation, or interaction with other profibrotic growth factors, altogether perpetuating fibrogenesis. In addition, Wnt signaling was identified as potential pathway through which microRNAs relevant to fibrosis progression. Given the Wnt/ $\beta$ -catenin signaling is involved in fibrosis diseases, and encouragingly, now there is a variety of Wnt pathway inhibitors and some have recently entered clinical trials which give us the potential therapeutic feasibility, modulation of the Wnt pathway may, therefore, present as a suitable and promising therapeutic strategy in the future. Taken together, a better understanding of Wnt/ $\beta$ -catenin signaling will offer new hopes for the treatment of fibrotic disorders.

## Conflict of Interest

There is no conflict of interest.

## Acknowledgements

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