

# Effect of Short- and Long-Term Administration of Baclofen on Spatial Learning and Memory in Rats

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## Summary

Baclofen is the only clinically available metabotropic GABA<sub>B</sub> receptor agonist. In our experiment, we tested the hypothesis that long-term baclofen administration can impair learning and memory in rats. The experiment consisted of three parts. In the first part of the study the drug was administered simultaneously with the beginning of the behavioral tests. In the second and third part of the experiment baclofen was administered daily for 14 days and for one month before the tests. In each part of the experiment, adult rats were randomly divided into four treatment groups. Three groups were given an injection of baclofen at doses of 1 mg/kg, 5 mg/kg, 10 mg/kg, while the fourth group was injected with saline. The injections were given after each session. Spatial learning and memory were tested using the Morris water maze, involving three types of tests: Acquisition, Probe, and Re-acquisition. This work reveals that baclofen did not affect spatial learning at any of the tested doses and regardless of the length of administration. Memory was observed to be affected, but only at the highest dose of baclofen and only temporarily. This conclusion is in line with previously published clinical cases.

## Key words

Baclofen • Spatial learning • Memory • Short-term administration • Long-term administration

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## Introduction

GABA<sub>B</sub> receptor is the main inhibitory metabotropic receptor in the central nervous system (CNS) of mammals. These receptors belong to the G protein-coupled receptor (GPCR) family (also known as 7 transmembrane domain receptors). The GABA<sub>B</sub> receptor is made from 2 subunits (GABA<sub>B1</sub> and GABA<sub>B2</sub>) to form a heterodimer. The subunits have different functions. The GABA<sub>B1</sub> subunit binds  $\gamma$ -aminobutyric acid (GABA) and other ligands. GABA<sub>B2</sub> is responsible for interactions with the effector G protein. GABA<sub>B</sub> receptors are found presynaptically and postsynaptically. The activation of presynaptic receptors leads to inhibition of mediator release by blocking voltage-gated calcium channels, whereas postsynaptic receptors lead to increased activity of potassium channels and inhibition of adenylyl cyclase (Benarroch 2012, Bettler *et al.* 2004, Bowery 2010, Bowery *et al.* 2002).

Baclofen ( $\beta$ -chlorophenyl – GABA, Lioresal) is the only clinically available GABA<sub>B</sub> receptor agonist and is used as an antispastic agent and a central, muscle relaxant. Baclofen is used as the first-line treatment for spasticity and skeletal muscle rigidity due to traumatic spinal cord injury, cerebral palsy, multiple sclerosis, and amyotrophic lateral sclerosis (Bettler *et al.* 2004). Baclofen is also known to have analgesic effects. There have been many studies using experimental models of acute and chronic neuropathic pain (Franeek and Vaculin 2009, Franeek *et al.* 2004); however, in human medicine its use as an anti-nociceptive is only indicated for the treatment of trigeminal neuralgia (Benarroch 2012).

Baclofen can be delivered either orally or intrathecally. Orally administered baclofen is often not well tolerated by patients, because to achieve therapeutic effects requires the use of high doses; however, even at high doses penetration of the blood-brain barrier (BBB) is poor. The introduction of intrathecal administration *via* pumps, which bypasses the BBB, has reduced the occurrence of adverse effects since lower concentrations can be used to achieve therapeutic effects (Bowerly 2006).

GABA<sub>B</sub> receptors are widely distributed within the CNS. They are well-represented in the hippocampus, which is an essential structure for spatial learning and memory (Benarroch 2012). There have been studies on GABA<sub>B</sub> receptor ligands and their participation in learning and memory processes (reviewed in Bowerly *et al.* 2002). The effect of GABA<sub>B</sub> receptors agonists on cognitive processes using animal models have turned out to be rather inconsistent. Laboratory animal studies have reported that baclofen dose-dependently disrupts learning and memory in rodents when administered systemically (followed by behavioral testing e.g. avoidance condition test (Castellano and McGaugh 1991, Swartzwelder *et al.* 1987), Morris water maze test (McNamara and Skelton 1996, Nakagawa *et al.* 1995, Nakagawa and Takashima 1997), Place avoidance test (Stuchlik and Vales 2009), or has effects after intra-hippocampal application (Arolfo *et al.* 1998, Zarrindast *et al.* 2002). However, there are also studies that demonstrated learning and memory facilitation (Georgiev *et al.* 1988, Saha *et al.* 1993) or no effect on acquisition and memory processes in systematic (Car and Wiśniewski 1998, Sidel *et al.* 1988), or intrathecal administration (Nomura *et al.* 2012). In contrast, GABA<sub>B</sub> receptor antagonists improved performance on a number of different cognitive test (e.g. passive and active avoidance, spatial learning, and memory; Jacobson *et al.* 2007). There are also clinical reports of baclofen interference in memory processes. Memory impairment has been described for oral administration (e.g. Sandyk and Gillman 1985), where oral baclofen induced memory impairment leading to the inability to remember or recognize names of familiar persons and places) and also for intrathecal administration, e.g. Grande *et al.* (2008). They describe an unusual case of memory impairment associated with intrathecal baclofen in which episodes of amnesia occurred repeatedly and each episode met the criteria for a neurological entity known as transient global amnesia (TGA).

The target of this research was to analyze the

impact of short-term and long-term administration of baclofen on spatial learning and memory processes in rats.

## Methods

### Animals

Adult male (300-400 g) Albino Wistar rats from Charles River Laboratories International, Inc. (ANLAB; Prague, Czech Republic) were used. The animals were housed in groups of four rats per cage. Food and water were continuously available during the experiment. The light cycle was set to 12-hour light/12-hour dark. All the experiments were conducted during the light phase of the cycle.

The procedures for animal experimentation utilized in this study were reviewed and approved by the Institutional Animal Care and Use Committee and were in agreement with the Czech Government Requirements under the Policy of Human Care of Laboratory Animals (No. 246/1992) and with subsequent regulations by the Ministry of Agriculture of the Czech Republic.

### Groups and drugs injections

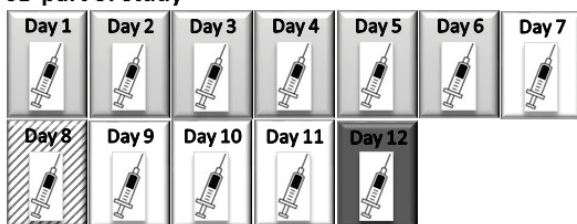
The experiment consisted of three parts. In the first part of the study baclofen was administered simultaneously with the beginning of the behavioral tests in the Morris water maze (MWM) (0D). In the second and third parts of the experiment baclofen was administered for 14 days (14D) and for one month (1M) before testing (Fig. 1). Thirty-two animals were used for each part of the experiment. Before the beginning of behavioral testing, adult male rats were randomly divided into four treatment groups (n=8 per group). Three groups were injected with baclofen at doses of 1 mg/kg, 5 mg/kg, and 10 mg/kg (baclofen was in a solution of 10 % gum acacia in saline); the fourth group was injected with the saline vehicle only (Control – 1 ml/kg; all drugs from Sigma-Aldrich). The drugs were administered subcutaneously (s.c.). On the days when the behavioral tests were performed all injections were administered after finishing behavioral testing.

### Apparatus

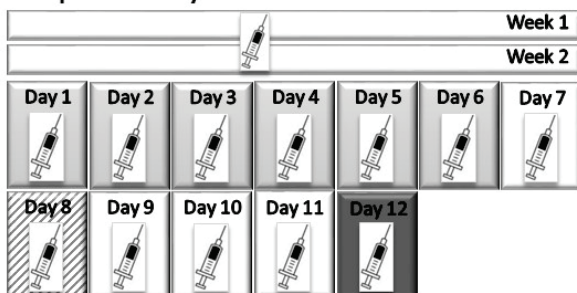
The Morris water maze was used to test spatial learning and memory. The MWM consisted of a circular tank (2 m in diameter), filled with water (21±1 °C). On the rim of the tank were four marks that were 90 degrees apart (North – N, South – S, East – E, West – W). Thus,

the maze was divided into four quadrants. The hidden escape platform (clear Plexiglas, 13 cm in diameter) was submerged approximately 1.0 cm below the surface of the water. The platform was placed in the center of northeast quadrant (Fig. 2). Various visual cues, in form of pictures, were situated on the testing room walls for better orientation in the maze. Trials were automatically recorded using an EthoVision 6 and 10 video-tracking system (Noldus Information Technology, Netherlands). In the present study three types of tests were used: “Acquisition,” “Probe test,” and “Re-acquisition” as described previously (Macúchová *et al.* 2013).

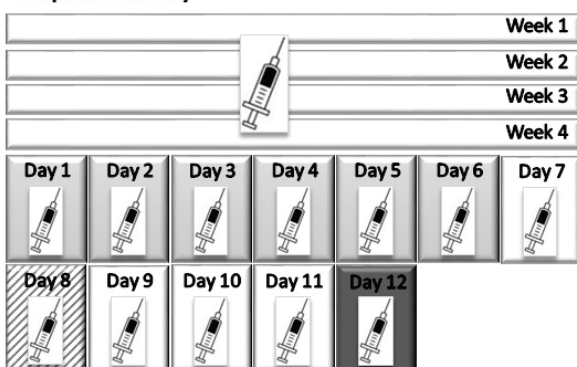
#### A 0D part of study



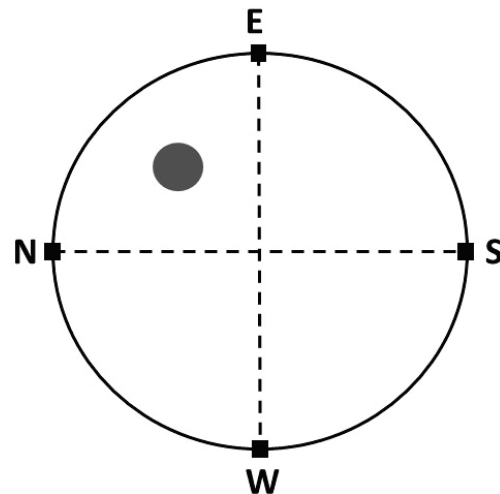
#### B 14D part of study



#### C 1M part of study



**Fig 1.** Study schematic and MWM testing. **(A)** 0D part of study: Baclofen administered simultaneously with beginning of behavioral MWM testing. **(B)** 14D part of study: Baclofen injected for 14 days before MWM testing. **(C)** 1M part of study: Animals were treated with baclofen for 1 month before MWM testing. Baclofen was administered each day (picture of syringe). The light grey rectangle represents 6 days of behavioral testing during the learning phase, the hatched rectangle represents the probe test (8<sup>th</sup> day) and the dark grey rectangle (12<sup>th</sup> day) represents the Re-acquisition task. White rectangle symbolize the days without behavioral test (drug administration only).



**Fig 2.** Image of the MWM pool: N – North, S – South, E – East, W – West represent the four starting point on the rim of maze. Thus, the maze was divided into four quadrants. The hidden escape platform (grey circle) was placed in the center of northeast quadrant.

#### Acquisition

Over a period of 6 consecutive days the animals were trained to locate the hidden platform. Each day the rats performed eight trials from four different starting positions (N, S, E, W) in the same order. The task of the rats was to escape from the water onto the hidden platform within 60 s. If the rat did not locate the platform during this time, it was guided by the experimenter to the platform. The rats were allowed to remain on the platform for 30 s before being removed. The position of the platform was the same in all trials. For each trial the rat was placed in the water facing the pool wall. The following parameters were automatically measured: latency (time to reach the hidden platform) [s], total distance [cm], and swim speed [cm/s].

#### Probe test

The Probe test was conducted on the 8<sup>th</sup> day of experiment. Rats were left to swim in the pool without an escape platform for 60 s. The starting position was north (N) for all rats. The frequency of incursions into the northeast quadrant, which was where the escape platform had been located (the correct quadrant) were measured.

In the Probe test, the times spent in northeast quadrant were recorded using the video-tracking system. Other analyzed parameters included frequency of incursions and time spent in the opposite (southwest) quadrant and swim speed.

Moreover, heat maps were created for particular groups. These maps showed the frequency of animal movements during testing in shades of gray.

### Re-acquisition

The Re-acquisition test was conducted on the 12<sup>th</sup> experimental day. Testing was the same as that used in the Acquisition. The task was to find the platform within 60 s. The platform was located in the same position as in the Acquisition. Rats were exposed to 8 trials starting from four different positions. The following parameters were analyzed: latency [s], total distance [cm], and swim speed [cm/s].

### Statistical analysis

Statistical analysis was carried out using Statistica 12.0 (StatSoft Inc., USA). Data are expressed as mean  $\pm$  S.E.M. The data obtained from the Acquisition were analyzed using three-way analysis of variance (ANOVA) and one-way ANOVA with multilevel repeated measures (days  $\times$  trials/days). One-way ANOVA for repeated measures (trials/days) was used to analyze the data from the Re-acquisition test. The Probe test data were analyzed using one-way ANOVA. For *post hoc* comparisons the Fishers Least Significant Difference (LSD) test was used. In every test, differences were considered significant if  $p < 0.05$ .

## Results

### Acquisition

When drug administration started simultaneously with beginning of behavioral testing in the MWM (0D), there were no significant differences among groups with regard to latency in reaching the hidden platform [ $F(3, 28)=0.25$ ,  $p=0.86$ ], the distance [ $F(3, 28)=0.30$ ,  $p=0.82$ ], or swimming speed [ $F(3, 28)=0.30$ ,  $p=0.82$ ].

In the 14D part of the study, baclofen was given for 14 days before MWM testing. The monitored parameters (latency, distance, and swim speed) were not affected by baclofen treatment (the main group effects were: latency:  $F(3, 28)=1.28$ ,  $p=0.30$ ; distance:  $F(3, 28)=2.53$ ,  $p=0.08$ ; swim speed:  $F(3, 28)=1.66$ ,  $p=0.20$ ).

In the 1M part of the study (baclofen given daily for 1 month before MWM testing) baclofen was also found to have no effect: latency [ $F(3, 28)=0.48$ ,  $p=0.70$ ], distance [distance:  $F(3, 28)=0.22$ ,  $p=0.88$ ] and speed of swim [ $F(3, 28)=1.50$ ,  $p=0.24$ ].

All animals in all parts of study (0D, 14D and 1M), regardless of drug treatment demonstrated learning ability over the 6-day training period as shown by

decreases in latency [0D:  $F(5, 140)=92.55$ ,  $p<0.0001$ ; 14D:  $F(5, 140)=71.93$ ,  $p<0.0001$ ; 1M:  $F(3, 28)=0.48$ ,  $p=0.70$ ], and distance [0D:  $F(5, 140)=88.84$ ,  $p<0.0001$ ; 14D:  $F(5, 140)=70.83$ ,  $p<0.0001$ ; 1M:  $F(5, 140)=116.84$ ,  $p<0.0001$ ]. There were no significant differences among the groups in the particular day (day  $\times$  groups) in both (latency and distance) parameters (data not shown).

### Probe test

In the 0D part of the study, analysis of data from the Probe test showed a significant main effect regarding time spent and frequency of incursions into the quadrant where the hidden platform had been located (correct quadrant) during the learning phase [time  $F(3, 28)=4.07$ ,  $p=0.02$ , frequency  $F(3, 28)=6.23$ ,  $p=0.002$ ]. *Post hoc* comparison revealed that rats treated with the highest dose of baclofen (10 mg/kg) spent less time in the correct quadrant and had fewer incursions relative to the control group (time  $p=0.006$ , frequency  $p=0.0004$ ) and groups treated with lower doses of baclofen (group B 1 mg/kg: time  $p=0.005$ , frequency  $p=0.01$ ; group B 5 mg/kg: time  $p=0.02$ , frequency  $p=0.002$ ; Fig. 3A). As for the opposite quadrant – the animals exposed to baclofen at a dose of 10 mg/kg preferred it significantly more compared to the control group (time:  $p=0.005$ , frequency  $p=0.002$ ), as well as the group treated with baclofen at a dose of 1 mg/kg (time:  $p=0.002$ , frequency  $p=0.01$ ) and 5 mg/kg (time:  $p=0.007$ , frequency  $p=0.005$ ; Fig. 3B). Furthermore, the 0D animals group treated with the highest doses of baclofen (10 mg/kg) spent  $\frac{1}{4}$  of the total time in the target quadrant and the opposite quadrant, which suggest randomly swimming of the animals. The groups treated with lower dose of baclofen (1 and 5 mg/kg) were not significantly different from the controls.

There were no significant differences among group relative to swim speed [ $F(3, 28)=0.38$ ,  $p=0.77$ ].

In the 14D and 1M parts of the study, baclofen did not affect any of the tested parameters. Heat maps (Fig. 4) show the differences in time spent in various quadrants of the MWM. In the 0D part of the study, the control group and groups treated with baclofen at 1 mg/kg and 5 mg/kg yielded similar results, but animals treated with baclofen at 10 mg/kg spent less time in the correct quadrant. In the 14D and 1M parts of the study, in all groups we obtained similar results.

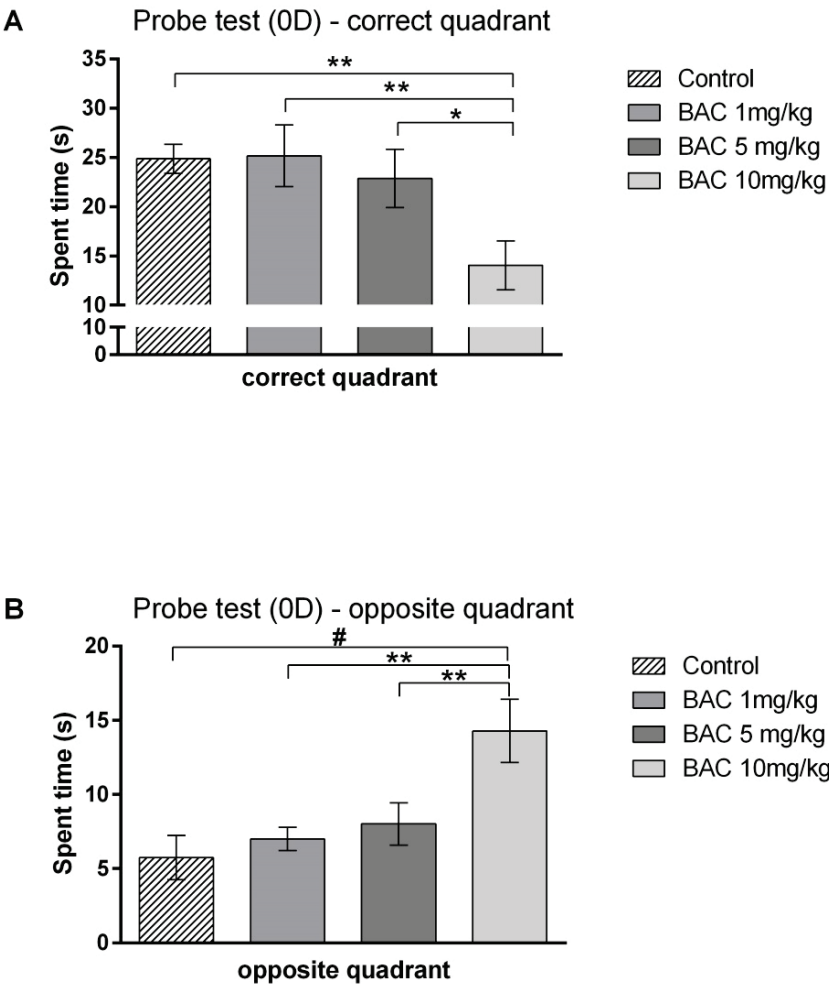
### Re-acquisition

Analysis of data showed a significant main effect regarding baclofen exposure on latency

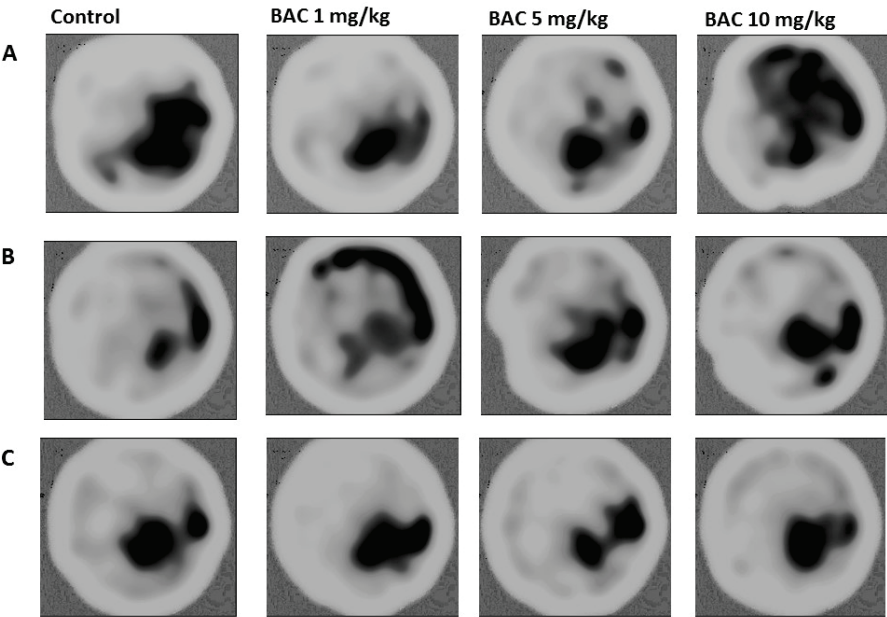
[F(3, 28)=3.31,  $p=0.04$ ] and distance [F(3, 28)=3.27,  $p=0.04$ ].

In the 0D part of the study, *post hoc* comparisons revealed that rats treated with the highest

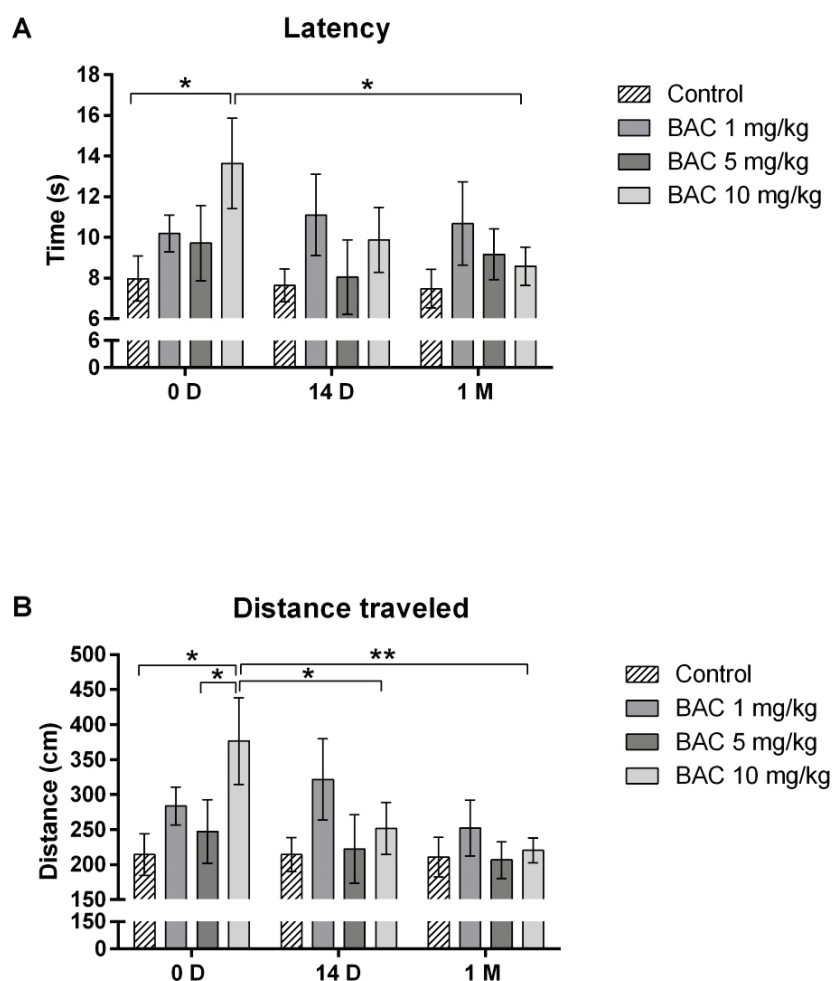
dose of baclofen (10 mg/kg) had longer latency relative to controls ( $p=0.02$ ; Fig. 5A). Distance data also showed that baclofen had a negative impact (Fig. 5B).



**Fig 3.** The Probe test in the 0D part of the study: Duration of animals in the quadrant where the platform had been located during the learning phase (**A**) and in the opposite quadrant (southwest quadrant, **B**). Data are expressed as mean  $\pm$  SEM,  $n=8$ , \* $p<0.05$ , \*\* $p<0.01$ , # $p<0.001$ .



**Fig 4.** Heatmaps of the Probe test in the 0D, 14D and 1M part of study. The shade of grey show where the animal spent time during the test (the darker the grey the longer the time spent in that location).



**Fig 5.** Performance on the Reacquisition task – effect of doses of baclofen (1 mg/kg, 5 mg/kg, 10 mg/kg) in the three parts of the study (0D, 14D, 1M): **(A)** Latency to reach the hidden platform: 0D part of study – the animals treated with the highest dose of baclofen (10 mg/kg) had longer latency than the control group. The 10 mg/kg Baclofen group of the 0D part of the study needed significant longer time to reach hidden platform relative to 10 mg/kg baclofen group in the 1M part of the study. **(B)** Distance traveled: In the 0D part of the study, animals treated baclofen at a dose of 10 mg/kg had traveled significantly longer distances than the control group and the 5 mg/kg baclofen group. Rats given baclofen at a dose of 10 mg/kg only during behavioral testing in MWM (0D) traveled longer distances relative to rats treated for 14day (14D) and 1 month (1M) before testing in the MWM. Results are presented as average of all 8 trials in day 12. Values are mean  $\pm$  SEM,  $n=8$ , \* $p<0.05$ , \*\* $p<0.01$ .

Furthermore, *post hoc* comparisons revealed that the 0D animal group treated with the highest dose of baclofen (10 mg/kg) possessed longer latency relative to the 1M group ( $p=0.04$ ; Fig. 5A). Total distance *post hoc* comparisons showed that the 0D animals treated with baclofen at a dose of 10 mg/kg traveled longer total distances relative to the 14D ( $p=0.04$ ) and 1M ( $p=0.01$ ) animals (Fig. 5B).

An overall ANOVA on swim speed data showed no significant group difference [ $F(3, 27)=1.47$ ,  $p=0.25$ ].

## Discussion

In our experiments we tested the hypothesis that long-term baclofen administration can impair learning and memory in rats. Using high doses of baclofen led to the hypothesis that drugs that facilitate GABA<sub>A</sub> and GABA<sub>B</sub> neurotransmission can impair memory in experimental animals (Brion 1993). In our experiments, we tested this hypothesis for lower (therapeutic) doses of baclofen administered or different lengths of time.

The results of the Acquisition test showed that

the latency time and distance needed to reach the platform were shortened during the six days of the learning phase in all tested groups. This phenomenon was observed in all parts of the study – for short-term administration of baclofen, given simultaneously with the start of behavioral testing (0D) as well as for long-term administration in which the animals were treated for two weeks (14D) or one month (1M) before testing in the MWM. In these three parts of the study there were no significant differences in the learning levels between the animals treated with baclofen, regardless of dose, and controls. Additionally, swim speed was observed to be independent of dose and duration of treatment for all groups. In general, it can be said that baclofen did not affect spatial learning at any of the tested doses and was not affected by short-term or long-term administration. In our experiments, baclofen was administered subcutaneously after completion of behavioral testing.

The Probe test, in the 0D part of the study revealed that the highest dose of baclofen (10 mg/kg) reduced the time spent in the correct MWM quadrant compared with controls and compared to animals

receiving lower doses of baclofen (1 mg/kg and 5 mg/kg). On the other hand, the animals receiving the highest dose of baclofen (10 mg/kg) spent significantly more time in the opposite quadrant compared to the control group and the groups treated with lower doses of baclofen. Long-term application of baclofen (14D and 1M parts of the study) resulted in the same amount of time spent in the correct quadrant by all animals. Moreover, there was no significant difference between groups relative to the time spent in the opposite quadrant.

The effect of baclofen on spatial learning was investigated in several previous studies using different learning paradigms. McNamara and Skelton (1996) reported the effect of systematic subcutaneously administered baclofen on learning in the MWM. They found that baclofen at a dose of 1 mg/kg had no impact on latency or distance traveled. Baclofen at 3 mg/kg initially impaired learning, but the effect wore off and final results approached the same learning level as the control group. The group treated at a dose of 6 mg/kg had a significantly longer average latency and longer average travel distance, and reduced swim speeds. Nakagawa and Takashima (1997) and Nakagawa *et al.* (1995) showed that baclofen at a dose of 4 mg/kg increased latency times to reach the platform, but the studies did not assess the effect of baclofen on swim speed. In the above mentioned studies, baclofen at the highest tested doses (in McNamara and Skelton 1996) 6 mg/kg, in (Nakagawa *et al.* 1995, Nakagawa and Takashima 1997) 4 mg/kg) decreased the time spent in the correct quadrant during the probe test. McNamara and Skelton (1996) also reported that the group treated with baclofen at 6 mg/kg spent the majority of their time in opposite quadrant.

The difference between our results and the results presented in the mentioned articles (McNamara and Skelton 1996, Nakagawa *et al.* 1995, Nakagawa and Takashima 1997) could have been caused by several factors. In the second and third part of our study, baclofen was given for 14 days and 1 month prior to behavioral testing in the MWM and the length of exposure to baclofen could have played an important role regarding the final effect of baclofen. The first part of our study (0D) had identical length (six day) of baclofen administration as in the paper by McNamara and Skelton (1996) and was similar in length to that used by the other authors (Nakagawa *et al.* 1995, Nakagawa and Takashima 1997) (4 consecutive days). However, other differences in method can lead to the mentioned divergence. In the mentioned studies (McNamara and

Skelton 1996, Nakagawa *et al.* 1995, Nakagawa and Takashima 1997), baclofen was administered shortly prior to behavioral testing. In our study, baclofen was administered after the behavioral task. Our approach attempted to minimize or prevent any possible effects of acute baclofen administration on motor function. This design difference could explain the differences in swim speed. Another highly significant difference was the number of training trials, which the animals underwent each day during the learning phase. In our study, the animals were placed in the MWM at one of four positions (in the order of N, S, E, W) using two repetitions (8 trials) unlike the mentioned study, where animals underwent only 4 trials. The animals were also given more time to consolidate the learned task.

Our results from the Re-acquisition showed that rats treated only during behavioral testing (0D part of the study) with the highest dose of baclofen (10 mg/kg) traveled significantly longer distances and had longer latencies compared to controls group. This result was in agreement with a previous study, in which baclofen, injected at a dose of 10 mg/kg immediately after training trials, was disruptive relative to passive avoidance retention (Swartzwelder *et al.* 1987). This phenomenon was observed only during short-term administration of baclofen. Long-term application of baclofen (14D and 1M parts of the study) did not lead to significant differences between groups.

This work reveals that memory was influenced but only at the highest doses of baclofen and only for a temporary period. This conclusion is in line with previously published clinical cases (Grande *et al.* 2008, Sandyk and Gillman 1985) in which the above-described phenomenon was detected even with different methods of administration. Detailed long-term clinical cases addressing this topic are not available. Our results suggest that gradual titration of doses up to therapeutic levels could represent a clinically useful method to minimize or even prevent memory problems associated with baclofen.

All animals were able to learn the task, namely to find the hidden platform within a specified time limit, independent of dose or duration of baclofen treatment. In the probe test, the animals given the highest dose of baclofen (acute dose) spent less time in the correct quadrant, i.e. where the platform was located. In the Re-acquisition test, results found that baclofen impaired retention of learned tasks in a dose and duration dependent fashion. In clinical practice, our experimental results suggest that gradual dose titration to achieve

a target dose, could be an effective method to reduced adverse effects associated with baclofen, including potential learning disabilities and memory difficulties.

### Conflict of Interest

There is no conflict of interest.

### Acknowledgements

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