

The Effect of Hyperthermia *in vitro* on Vitality of Rabbit Preimplantation Embryos

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Received September 1, 2006

Accepted October 31, 2006

On-line available November 11, 2006

Summary

The aim of our study was to test the influence of short exposure (6 h) of preimplantation rabbit embryos to elevated temperatures (41.5 °C or 42.5 °C) *in vitro* on their developmental capacity. Fertilized eggs recovered from female oviducts at the pronuclear stage (19 hpc) were cultured at standard temperature (37.5 °C) until the morula stage (72 hpc). Afterwards, the embryos were divided into two groups, cultured for 6 h either at hyperthermic (41.5 °C or 42.5 °C) or standard temperature (control 37.5 °C), post-incubated overnight (16-20 h) at 37.5 °C and then evaluated for developmental stages, apoptosis (TUNEL), proliferation (cell number), actin cytoskeleton and presence of heat-shock proteins Hsp70. It was observed that hyperthermia at 41.5 °C did not alter progression of embryos to higher preimplantation stages (expanded and hatching/hatched blastocysts), rate of apoptosis, total cell number of blastocysts and structure of actin filament compared to 37.5 °C. Western-blotting revealed the presence of heat stress-induced 72 kDa fraction of Hsp70 proteins in granulosa cells (exposed to 41 °C) and embryos (exposed to 41.5 °C). Following the elevation of temperature to 42.5 °C embryo development was dramatically compromised. The embryos were arrested at the morula or early blastocyst stage, showed an increased rate of apoptosis and decreased total cell number compared to control. The structure of actin filaments in most of blastomeres was damaged and such blastomeres often contained apoptotic nuclei. In this group a presence of heat-stress-induced fraction of Hsp70 proteins had not been confirmed. This is the first report demonstrating a threshold of thermotolerance of rabbit preimplantation embryos to hyperthermic exposure *in vitro*. A detrimental effect of higher temperature on the embryo is probably associated with the loss of their ability to produce Hsp70 *de novo*, which leads to cytoskeleton alterations and enhanced apoptosis.

Key words

Rabbit • Embryos • Hyperthermia • Apoptosis • Hsp70 • Actin

Introduction

Damage induced by heat stress during preimplantation development may negatively influence the developmental program decreasing proteosynthesis

and survival of embryos (Putney *et al.* 1988, Ealy *et al.* 1993). Particularly, such injury may include destruction of the cytoskeleton and subsequently cell death (apoptosis or necrosis). Ultrastructural alterations caused by heat shock may result in translocation of organelles toward the

center of the embryonic cell (Rivera *et al.* 2004). The consequences of heat stress are dependent on the temperature, exposure duration and developmental stage of the embryo. In particular, disorders in development of pig embryos occurred after a short time (10-60 min) incubation at 43-45.5 °C, while at 42 °C the embryos had even a higher cell number and diameter than at control temperature (Kojima *et al.* 1996). In bovine, development capacity of embryos was decreased at 43 °C (Ju *et al.* 1999). In most species deleterious influence of heat shock is reduced during embryo development. According to Sakatani *et al.* (2004) development to blastocyst and proliferation were reduced, when embryos were exposed to heat stress at an early stage.

It was suggested that the elevation of thermotolerance is associated with transition from maternal to zygotic genome expression (Ju *et al.* 1999). This means that the embryo during development acquires one or more thermoprotective adaptation reactions. This adaptative phenomenon was observed *in vivo* in sheep (Dutt 1963), pigs (Tompkins *et al.* 1967), cattle (Putney *et al.* 1988) and rabbit (Wolfenson and Blum 1988) as well as *in vitro* in cattle (Edwards and Hansen 1997, Ealy *et al.* 1995). It was shown in sheep and cattle that the temperature, higher than 37 °C, induces the production of a protein known as heat-shock protein 70 (Hsp 70) by embryonic cells. Heat shock proteins (Hsps) are produced among the first proteins during embryonic development and enable cells to survive and eliminate unfavorable influences protecting cellular proteins against denaturation. Therefore, Hsps are probably one of factors of resistance to thermal as well as other forms of stress. Mirkes *et al.* (1999) reported that Hsp 70 induces thermotolerance in mouse post-implantation embryos and the level of thermotolerance depends on the level of Hsp 70 expression itself.

One of processes involved in acquisition of resistance against heat shock may be stress-induced apoptosis (Paula-Lopes and Hansen 2002). It is proved that increased occurrence of apoptosis in cells exposed to heat stress can be reduced by Hsp 70 formation induced by moderate heat shock (Mosser *et al.* 1997, McMilan *et al.* 1998). The apoptosis frequency in embryos depends on the intensity of heat shock. Apoptotic cell percentage in bovine blastocysts was increased with the elevation of temperature. At a minimum of 41 °C the occurrence of apoptosis depends on the duration of heat shock (Paula-Lopes and Hansen 2002). Despite permanently accumulating data about heat stress influence on embryos

a mechanism of thermotolerance acquisition in embryos is still not clear. Moreover, the response of embryos to temperature elevation is species-specific and the critical temperature for each embryo species is different.

Currently, little data is available regarding the effects of exposure to elevated temperatures on cytoskeleton organization. Generally, more information is available on the physiological responses of the cell to heat stress, compared to those of mammalian oocytes and embryos (Ju 2005). To better understand the mechanisms of thermal injuries or tolerance, more work on cellular and molecular changes in oocytes and embryos in response to heat shock is necessary.

The aim of this study was to examine the effect of short exposure (6 h) to elevated temperatures (41.5 °C and 42.5 °C) *in vitro* on the developmental capacity of rabbit preimplantation embryos. These temperature values and duration of exposure were chosen as a midpoint in the range of commonly used parameters published in the literature.

Materials and Methods

Ethical review

Realization of hyperthermia experiments on rabbits was approved by the ethical commission at The State Veterinary and Food Committee of the Slovak Republic under the license Č.K. Ro 2058/06-221/3a.

Design of experiments

Female New Zealand White rabbits, kept at the local farm, were treated with PMSG (Werfaser, Alvetra und WERFFT, Wien, Austria) i.m. at 20 IU/kg body weight, 72 h before mating. Immediately prior to mating, the females received an i.m. injection of hCG (Werfacher, Alvetra and WERFFT) at 40 IU/kg body weight. Thereafter, the females were mated with a male of proven fertility from the same breed. At 19 to 20 h *post coitum* (hpc) the pronuclear stage eggs were flushed from the oviducts of slaughtered animals with PBS (Gibco, Auckland, New Zealand). The flushed eggs were evaluated morphologically and eggs with two pronuclei, two polar bodies and compact cytoplasm were selected for the experiments. The eggs were placed into 4-well dishes (Nunc, Roskilde, Denmark), containing 600 µl of k-DMEM medium (Gibco) supplemented with 10 % FCS, and cultured in 5 % CO₂ at 37.5 °C, up to 72 h *post coitum* (hpc). Afterwards, the embryos which reached the morula stage were selected, transferred to a drop of fresh

culture medium, randomly divided into two groups: control (at 37.5 °C) and hyperthermic (41.5 °C or 42.5 °C) group and incubated for 6 h. Then the embryos from the hyperthermic group were transferred to a standard temperature (37.5 °C) and incubated overnight (16-18 h). Following incubation, the embryos were examined for the development (blastocyst rate) and analyzed for apoptosis (TUNEL assay), proliferation (total cell number per blastocyst), cytoskeleton (actin filaments) and presence of Hsp70 proteins (SDS-PAGE/Western-blotting). For incubation experiments, we used two CO₂-incubators MCO15AC (SANYO), which were adjusted to the required temperature. All parameters of incubators were calibrated by a company's service person tightly before starting the hyperthermia experiments. Moreover, the actual temperature was regularly checked using standard thermometers, which were put inside the incubators. No deviations from adjusted temperature were recorded during 6-h incubation.

The procedure for TUNEL, actin cytoskeleton and total cell number determination

The embryos were removed from the culture medium, washed (3x5 min) in PBS supplemented with polyvinylpyrrolidone (PBS-PVP, 4 mg/ml), and then fixed for 5 min in neutrally buffered formalin (3.7 % w/v, pH 7.2) and for 10 min in 70 % ethanol. For membrane permeabilization, the embryos were incubated for 15 min in 0.5 % v/v Triton X100 in PBS. Non-specific binding was suppressed by incubation in blocking solution (1 % w/v BSA in PBS). The embryos were processed for TUNEL using MEBSTAIN Apoptosis kit Direct (Immunotech, Marseille, France) according to the kit instruction. Briefly, fixed and permeabilized embryos were incubated in TdT end-labeling cocktail (TdT buffer, FITC-dUTP and TdT) at 37 °C for one hour. As a positive control for TUNEL, a group of fixed embryos was incubated in the presence of bovine DNase I (1 µg/ml in PBS) for 1 h at 37 °C before the TdT-end labeling reaction. Thereafter the protocol was continued as above. The specificity of the TUNEL-reaction was verified by omitting the TdT end-labeling reagent from the protocol (negative control).

TUNEL-reaction was stopped by washing embryos three times in PBS-PVP. Then the embryos were incubated in Phalloidin-TRITC (Chemicon) diluted at 1:500 in a washing buffer for 45 min. After incubation, the embryos were thoroughly washed in PBS-PVP, placed into a small drop on a coverslip and covered

immediately with 5 µl of Vectashield mounting medium containing DAPI stain (Vector Laboratories Inc., Burlingame, CA, USA). DAPI was used to counterstain all embryonic nuclei for the total cell number determination. The coverslip was mounted on a microslide and attached with nail polish. The slides were stored at -20 °C until analysis under a Leica fluorescent microscope.

Western-blotting for the detection of Hsp 70 proteins

For the detection of Hsp 70 proteins Western-blotting of embryo lysates was used. As a control to confirm the formation of inducible form of Hsp 70, the lysates of ovarian granulosa cells, incubated at 41 °C overnight were used. The embryos (at least 25 per group) were put in SDS sample buffer with 2-mercaptoethanol (ICN Biomedicals Inc., OH, USA) and lysed by repeated pipetting and a triple freezing-thawing procedure. Before electrophoresis, embryo lysates were heated at 95 °C with vigorous shaking for 5 min and cooled to room temperature. Granulosa cell lysates were prepared as described for the embryos. Samples of embryo and cell lysates were electrophoresed in 4 % (stacking gel) and 10 % (resolving gel) polyacrylamide at 200 V constant voltages according to Laemmli (1970).

The protein fractions from the gel were transferred onto a nitrocellulose membrane Porablot NCP (Macherey-Nagel, Duren, Germany) by wet transfer in a transfer buffer (25 mmol.l⁻¹ Tris, 192 mmol.l⁻¹ glycine, 20 % methanol, pH 8.3) using Mini Trans-Blot electrophoretic Transfer Cell (Bio-Rad) for one hour. Endogenous peroxidase in samples was quenched by incubation in 3 % H₂O₂ for 15 min. Non-specific binding of antiserum was blocked by incubation in 5 % BSA (Santa Cruz Biotechnology, Santa Cruz, CA, USA) in TTBS (20 mmol.l⁻¹ Tris-base, 137 mmol.l⁻¹ NaCl, 0.1 % Tween-20, pH 7.5). Blocked membranes were probed with mouse anti-HSP70 monoclonal antibody (Chemicon International Inc., Temecula, CA, USA) at 1: 500 dilution for one hour. This antibody reacts with the inducible form (Hsp 72) and constitutive form of Hsp 70 proteins. The membrane was then incubated with secondary horseradish peroxidase-conjugated goat anti-mouse IgG antibody (Upstate, Temecula, CA, USA) at 1: 1000 dilution for one hour. Positive reactions on the membrane were visualized using VisualizerTM Western Blot Detection Kit (Upstate) and ECL Hyper-film (Amersham Life Science, Little Chalfont, UK). For negative control, the membrane was treated as described, but the primary

Table 1. The influence of hyperthermia (HT) *in vitro* on the development of rabbit preimplantation embryos.

| Group | Number of embryos | Developmental stages, n (%) | | | | |
|--------------------------------|-------------------|-----------------------------|---------------|-----------|-----------|-----------|
| | | Morula | EBI + BI | XBI | HBI | XBI+HBI |
| Control (37.5 °C) | 142 | 24 (16.9) | 6 + 44 (35.2) | 34 (23.9) | 34 (23.9) | 68 (47.9) |
| HT (41.5 °C) | 129 | 23 (17.8) | 6 + 30 (27.9) | 35 (27.1) | 35 (27.1) | 70 (54.3) |
| Control (37.5 °C) ^a | 54 | 4 (7.4) | 2 + 8 (18.5) | 22 (40.7) | 18 (33.3) | 40 (74) |
| HT (42.5 °C) ^b | 52 | 4 (7.7) | 48 (92.3) | - | - | - |

^a vs ^b – differences between groups are significant at $p < 0.001$ (Chi-square test) EBI – early BI, XBI – expanded BI, HBI – hatching or hatched BI.

antibody was omitted. The molecular weights of fractions were evaluated using Chemiluminescent BlueRanger (Pierce, Rockford, IL, USA) – pre-stained peroxidase-labeled protein molecular weight marker mix (17.1-207 kDa).

Statistics

The influence of the treatment on developmental stages of embryos was evaluated by the Chi-square test. Individual multiple comparisons of the probability within stages, i.e. between groups were evaluated by the U-test. Differences between groups were estimated using one-way analysis of variance with fixed effects. The variable “TUNEL-index” was normally distributed. The hypothesis of normality was rejected for “TUNEL cells per embryo” and for “Embryo cell number”. For these two variables the log-transformation of original values was used to improve the statistical properties before applying statistical tests. All calculations were performed using statistical package SPSS for Windows, Release 6.0, 1989-1993.

Results

Influence of heat shock on embryo development

Hyperthermic conditions at 41.5 °C temperature for 6 h did not significantly influence embryo development up to the highest preimplantation stages (Table 1). Although a higher number of expanded (XBI) and hatching/hatched (HBI) blastocysts was observed in the hyperthermic (HT) group at 41.5 °C, the differences compared with the control group were not significant. Dramatic changes in embryo development occurred following elevation of temperature to 42.5 °C. In this group the embryos were arrested and did not develop up to XBI and HBI stages (Table 1).

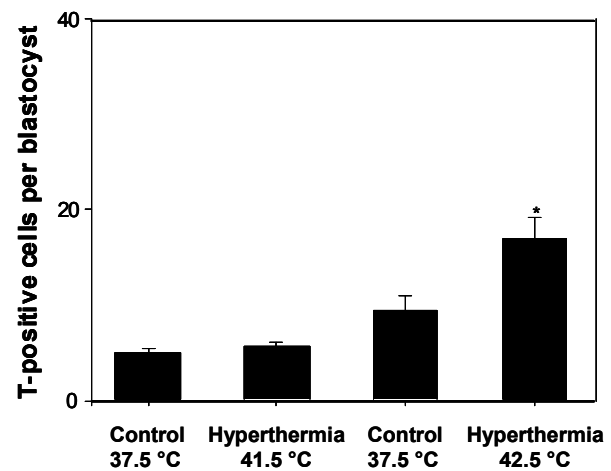


Fig. 1. Influence of hyperthermia on average number of TUNEL-positive cells per blastocysts, data are mean ± S.E.M. * – significant difference compared to related control at $p < 0.05$.

Influence of heat shock on apoptosis and embryo cell number

The occurrence of apoptosis was also not affected by heat shock at 41.5 °C. In either group, all embryos had at least one TUNEL-positive cell. Neither average number of TUNEL-positive cells per embryo (Fig. 1) nor TUNEL-index (Fig. 2) were different between control and HT groups. Similarly, hyperthermia at 41.5 °C did not influence the cell proliferation value determined as a total cell number (Fig. 3). Following elevation of heat shock to 42.5 °C, the number of T-positive cells per embryo and apoptotic index were increased (Figs 1 and 2), while total cell number was significantly lower compared to the controls (Fig. 3).

Influence of heat shock on the actin cytoskeleton

In embryos cultured at control temperature the actin cytoskeleton was represented as sharply stained actin filaments (Fig. 4A). In a group of embryos incubated at 41.5 °C, the actin filament organization was not largely

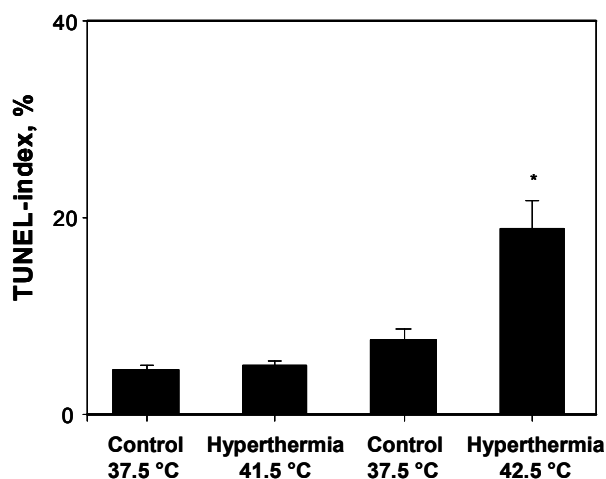


Fig. 2. Influence of hyperthermia on TUNEL-index of rabbit blastocysts. * - significant difference compared to related control at $p < 0.05$.

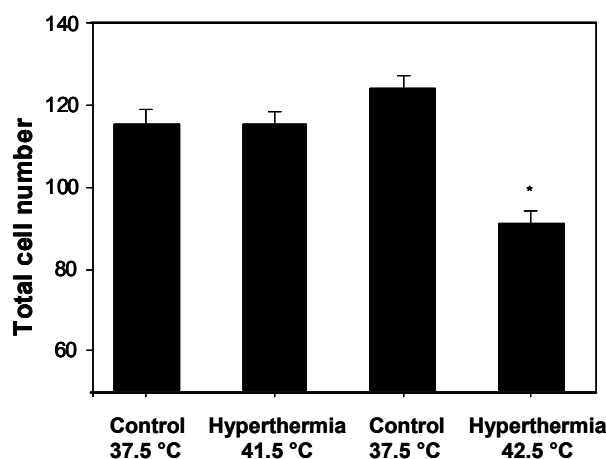


Fig. 3. Influence of hyperthermia on total cell number per rabbit blastocyst. * - significant difference compared to related control at $p < 0.05$.

disturbed but less distinct outlining of actin was noted (Fig. 4B). After heat shock at 42.5 °C, actin cytoskeleton had large areas lacking actin staining and visible actin was mostly aggregated in intracytoplasmic clumps (Fig. 4C). A higher number of apoptotic (TUNEL-positive) cells was observed in this group compared to embryos cultured at lower temperatures (Fig. 4C).

Influence of heat shock on the presence of Hsp 70 proteins in embryos

Using Western-blotting, the formation of heat shock-induced 72 kDa fraction of Hsp70 protein by embryos incubated for 6 h at 41.5 °C was confirmed (Fig. 5A.). In control samples (embryos exposed to 37.5 °C) the only fraction corresponding to a constitutive form of Hsp 70 was detected. Embryos exposed to 42.5 °C did not

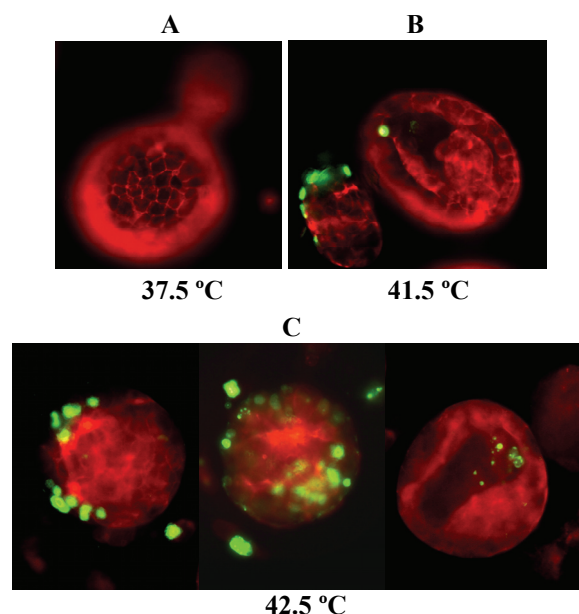


Fig. 4. Actin cytoskeleton (red fluorescence) and TUNEL-positive cells (green fluorescence) in embryos of control (A) and hyperthermic (B, C) conditions. Note sharp stained actin filaments in normally cultured embryos (A) and less distinct outlining of actin in heat-shocked at 41.5 °C embryos (B). At 42.5 °C actin had large areas lacking actin staining, visible actin was mostly aggregated in intracytoplasmic clumps (C). TUNEL-positive cells highly occurred at 42.5 °C (C) compared with lower temperatures (A, B).

reveal inducible 72 kDa fraction of Hsp 70, which was, however, present in granulosa cell lysates exposed to 41 °C (used as a hyperthermic control). In both control and heat stressed (at 42.5 °C) embryos only a constitutive 70 kDa fraction was noted (Fig. 5B).

Discussion

In our experiments we examined the effect of two elevated temperatures during 6 h incubation on the developmental characteristics of rabbit embryos. Our results demonstrate that rabbit embryos at morula/early blastocyst stage, exposed to hyperthermic conditions *in vitro*, are resistant against the elevation of temperature up to 41.5 °C, but at 42.5 °C significant alterations in embryo viability occur. Thermotolerance of embryos is generally influenced by several factors such as the duration of heat shock, temperature value, developmental stage of the embryo and their animal species. It was found in cattle (Ryan *et al.* 1992) that short impulses of higher temperature (43 °C) even stimulated embryo development to hatching compared to the group without heat shock (38 °C). It is possible that short-term exposure (10-30 min) to the heat over 40 °C is less deleterious than chronic heat stress at lower temperatures. In our culture

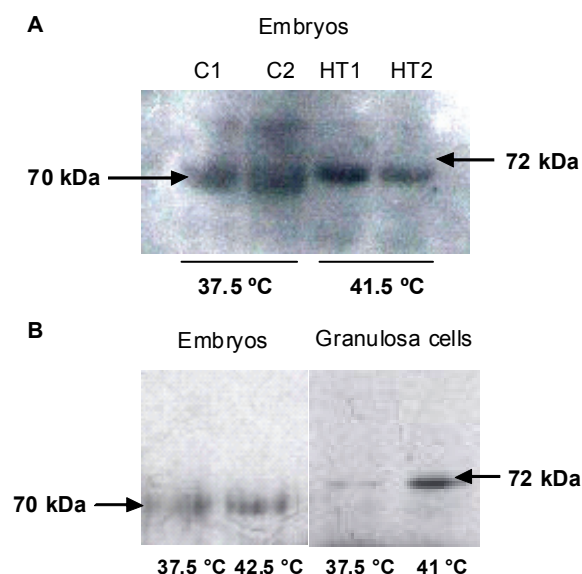


Fig. 5. Western-blotting of embryo lysates using the antibody against constitutive (70 kDa) and inducible (72 kDa) fractions of Hsp 70 proteins. **A:** Appearance of inducible 70 kDa fraction in embryos exposed to 41.5 °C (HT1, HT2 – are duplicates of the sample from hyperthermic group). In control samples (C1, C2 – are duplicates of the same sample) only fraction corresponding to constitutive form of Hsp 70 was detected. **B:** Embryos exposed to 42.5 °C did not reveal inducible 72 kDa Hsp 70 fraction, whereas granulosa cell lysates exposed to 41 °C (used as a hyperthermic control) did. Only constitutive 70 kDa fraction was noted in both control and heat-stressed embryos.

conditions the temperature 41.5 °C did not affect embryo quality, whilst in bovine embryos at stage of less than 16 blastomeres, Jousan and Hansen (2004) already observed an increase in apoptotic cell number and reduction of cell number at 41 °C.

It is known that oocytes and early preimplantation embryos are very sensitive to heat shock (Sakatani *et al.* 2004) and they acquire thermoresistance during further development. For example, hyperthermia at 41 °C during 12 h exposure of 2-cell and 4-8 cell embryos decreased blastocyst rate, whereas heat shock influence in morula-stage embryos was not revealed (Edwards and Hansen 1997). Similar conclusions were made by Ealy *et al.* (1995) on bovine embryos. These facts explain the existence of thermotolerance of embryos to hyperthermia at 41.5 °C in our experimental conditions. It is supposed that the resistance of embryos against heat shock occurs as a result of Hsp 70 protein production *de novo*, but the precise mechanism of thermotolerance is still unclear. Thus, in mouse and bovine *in vivo* derived embryos a mild temperature elevation (40 °C for 1 h) induced their thermotolerance and enhanced their ability to survive following a subsequent severe heat shock e.g. 42-43 °C for 1-2 h

(Ealy and Hansen 1994, Paula-Lopes and Hansen 2002). However, when similar experiments were conducted using *in vitro* produced bovine embryos, no increased thermotolerance was observed (Ju *et al.* 1999).

Mirkes and Doggett (1992) stated that Hsp 72 is a potential biomarker for heat-induced embryotoxicity. Using Western-blotting they detected Hsp72 proteins in embryos exposed to 41 °C, 42 °C (15 min) and 43 °C (2.5 min), but this protein fraction was not revealed, when embryos were cultured at 40 °C or below. They observed that, once induced, Hsp72 can be detected in embryos for 24-48 h after their removal from the hyperthermic conditions (Mirkes and Doggett 1992).

There are contradictory data at which temperature the Hsp70 production is induced. Particularly, in mouse Hsp70 formation was observed following short-term heat shock at 43 °C, whereas in sheep and cattle this already occurred at temperatures above 37 °C. In porcine embryos incubated at 42-45.5 °C, which developed further *in vivo* or *in vitro*, neither Hsp70, nor Hsp90 protein levels were elevated (Kojima *et al.* 1996). The amount of Hsp proteins produced by mouse embryos, exposed to 41 °C, was positively dependent on exposure time (Mirkes *et al.* 1999). In our experiments on rabbit embryos the presence of 72 kDa inducible fraction of Hsp 70 was revealed at 41.5, but not at 37.5 °C, whereas this inducible fraction was not observed at more severe heat shock (42.5 °C). This may be caused by a failure of protein synthesis as an irreversible consequence of severe heat shock. This is in concert with observations of Edwards and Hansen (1997) on bovine embryos, in which heat shock decreased amounts of newly synthesized Hsp70 protein.

Although it is commonly assumed that thermotolerance may be mediated by the synthesis of heat shock proteins, many reports have suggested that thermotolerance was not induced during Hsp synthesis. In mice (Edwards *et al.* 1995) and rat (Harris *et al.* 1991) it was concluded that Hsp proteins may not be sufficient themselves to confer thermotolerance in post-implantation embryos. Ju (2005) in his review stated that although Hsp proteins play a central role in cellular homeostasis and acquisition of thermotolerance, cells are able to acquire heat resistance without Hsp synthesis. A role in the development of thermotolerance may also be addressed to superoxide dismutase (SOD) (Loven *et al.* 1985). When Hsp synthesis in heat-treated Chinese hamster ovary cells was inhibited by cycloheximide, the SOD activity and thermotolerance was increased.

In the present study, actin cytoskeleton in embryos exposed to 41.5 °C was not deeply affected when compared to the control group, only less expressed actin filaments were observed. On the other hand, actin structure was substantially disturbed at 42.5 °C. One of the major functions of the cytoskeleton is positioning of organelles in the cell (Kamal and Goldstein 2000). Since the cytoskeleton supports the cell membrane and maintains intracellular organelle organization (Valderrama *et al.* 1998), actin disorders, noted in our study, may be the main reason of embryo cleavage arrest and increased number of apoptotic cells in such embryos caused by heat shock. Effects of heat shock on the organization of the cytoskeleton are most likely dependent on the severity of heat shock and duration of treatment. Heat shock causes a rearrangement of actin-containing filaments and these changes are responsible for the movement of organelles away from the periphery, which depends on the temperature (Rivera *et al.* 2004). At 41 °C, movement of organelles away from the periphery of the cell in bovine embryos could be blocked by either microfilament or microtubule depolymerization, while heat shock at 43 °C was sufficient to disrupt microfilament structure, as revealed using a phalloidin fluoroprobe to localize actin (Rivera *et al.* 2004).

In conclusion, a 6-h exposure of embryos to 41.5 °C did not impair embryo development and was associated with the formation of 72 kDa fraction of Hsp proteins. Irreversible changes in embryos occurred at 42.5 °C, resulting in developmental arrest of preimplantation embryos, increase in apoptosis occurrence, decrease in embryo cell number and destruction of actin cytoskeleton. Impaired development of embryos subjected to heat stress could be caused, at least in part, by heat shock-induced alterations in the actin cytoskeleton and apoptotic cell death. These results demonstrate, for the first time, a threshold of thermotolerance of preimplantation rabbit embryos to short hyperthermic exposure *in vitro*. The detrimental effect of higher temperature on the embryo is probably associated with a loss of their ability to produce Hsp70 *de novo*, which leads to cytoskeleton changes and increased rate of apoptosis.

Acknowledgements

This study was supported by the grant of the Ministry of Agriculture of the Slovak Republic RUVV 06 „Protection of animal health state in certain phases of reproductive cycle following destabilization of natural systems“.

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