

# The Effect of Antioxidant Treatment and NOS Inhibition on the Incidence of Ischemia-Induced Arrhythmias in the Diabetic Rat Heart

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## Summary

Contrary to clinical trials, experimental studies revealed that diabetes mellitus (DM) may initiate, besides increased myocardial vulnerability to ischemia-reperfusion injury (I/R) and pro/antioxidant dysbalance, development of adaptation leading to an enhanced tolerance to I/R. The aims were to characterize 1) susceptibility to ischemia-induced ventricular arrhythmias in the diabetic rat heart 2) its response to antioxidant N-acetylcysteine (NAC) and a NOS inhibitor L-NAME, and 3) the effect of DM on endogenous antioxidant systems. Seven days after streptozotocin injection (65 mg/kg, i.p.), Langendorff-perfused control (C) and DM hearts were subjected to 30-min occlusion of the LAD coronary artery with or without prior 15-min treatment with L-NAME (100  $\mu$ M) or NAC (4 mM). Total number of ventricular premature beats (VPB), as well the total duration of ventricular tachycardia (VT) were reduced in the DM group (from  $533 \pm 58$  and  $37.9 \pm 10.2$  s to  $224.3 \pm 52.6$  and  $19 \pm 13.5$  s;  $P < 0.05$ ). In contrast to the antiarrhythmic effects of L-NAME and NAC in controls group (VPB  $290 \pm 56$  and  $74 \pm 36$ , respectively;  $P < 0.01$  vs. control hearts), application of both drugs in the diabetics did not modify arrhythmogenesis (L-NAME: VPB  $345 \pm 136$ , VT  $25 \pm 13$  s; NAC: VPB  $207 \pm 50$ , VT  $12 \pm 3.9$  s;  $P > 0.05$  vs non-treated diabetic hearts). Diabetic state was associated with significantly elevated levels of CoQ<sub>10</sub> and CoQ<sub>9</sub> ( $19.6 \pm 0.8$  and  $217.3 \pm 9.5$  vs.  $17.4 \pm 0.5$  and  $185.0 \pm 5.0$  nmol/g, respectively, in controls;  $P < 0.05$ ), as well as  $\alpha$ -tocopherol ( $38.6 \pm 0.7$  vs.  $31.5 \pm 2.1$  nmol/g in controls;  $P < 0.01$ ) in the myocardial tissue. It is concluded that early period of DM is associated with enhanced resistance to ischemia-induced arrhythmias. Diabetes mellitus might induce adaptive processes in the myocardium leading to lower susceptibility to antioxidant and L-NAME treatment.

## Key words

Myocardial ischemia • Arrhythmias • Antioxidant treatment • Adaptation

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## Introduction

Although epidemiological and clinical data have clearly demonstrated that diabetic patients are more prone to ischemic heart disease (Kannel and McGee 1979, Malberg and Ryden 1988), experimental studies have revealed controversies in the sensitivity of the diabetic heart to ischemia/reperfusion injury. Increased (Paulson 1997), decreased (Kusama *et al.* 1992, Liu *et al.* 1993) and unchanged (Tosaki *et al.* 1996) susceptibility to myocardial ischemia/reperfusion injury have been reported in different animal models. Conflicting data may be partially explained by different duration and severity of the diabetic state, the differences between the species (e.g. dogs with diabetes are supposed to be more sensitive to ischemia and develop larger infarcts than normal dogs (Forrat *et al.* 1993), whereas in the diabetic rabbits and rats infarct size is smaller than in the non-diabetic animals (Liu *et al.* 1993, Hadour *et al.* 1998) experimental models and protocols, severity and type of ischemia, as well as by the choice of the end-points studies, since protection against myocardial stunning does not seem to involve similar mechanisms as limitation of infarction and abolition of arrhythmias (Feuvray and Lopaschuk 1997).

Several mechanisms have been proposed to explain a lower sensitivity to ischemia/reperfusion in the diabetic heart. The alterations in the intracellular pH, a

decreased clearance of protons via  $\text{Na}^+/\text{H}^+$  exchanger, a decreased rate of glycolysis in the diabetic myocardium may represent the main possible mechanisms of this attenuated response to ischemia/reperfusion injury (Pierce *et al.* 1990, Galinanes and Fowler 2004).

It is generally accepted that reactive oxygen species (ROS) take part in the development of chronic diabetic complications. However, little information is available about regulation of the endogenous level of antioxidants in the state of pro/antioxidant dysbalance in relation to the development of diabetes (Singal *et al.* 2001).

Nitric oxide (NO) plays multiple roles in the cardiovascular system mediating a number of physiological and pathophysiological processes. It has been hypothesized that the toxicity of NO is more likely resulting from its reaction with superoxide anion to produce a potent oxidant peroxynitrite that can exert cytotoxicity *via* its reaction with numerous molecular targets and appears to be potentially injurious to myocardial tissue (Lecour *et al.* 2001, Ferdinandy and Schulz 2003). On the other hand, a lot of studies demonstrated that NO as a signaling molecule plays a fundamental biological role in protecting the heart against ischemia/reperfusion injury (Bolli 2001). In addition, the role of NO in antiarrhythmic protection conferred by ischemic preconditioning has been also characterized (Vegh *et al.* 1992). However, the controversial role of NO in the ischemia/reperfusion injury of the myocardium (Andelová *et al.* 2005) has been less studied in a setting of the diabetic heart.

The aim of our study was to characterize susceptibility to ischemia-induced ventricular arrhythmias in the diabetic rat heart and its response to antioxidant N-acetylcysteine (NAC) and a NO synthase (NOS) inhibitor  $\text{N}^0$ -nitro-L-arginine methyl ester (L-NAME). Our further goal was to characterize the effect of DM on endogenous antioxidant systems.

## Methods

### Animals

Male Wistar rats (250-300 g body weight), fed a standard diet and tap water *ad libitum*, were employed. All studies were performed in accordance with the Guide for the Care and Use of Laboratory Animals published by US National Institutes of Health (NIH publication No 85-23, revised 1996) and approved by the Animal Care and Use Committee of the Slovak Republic.

### Induction of diabetes mellitus (DM)

Diabetes was induced by a single i.p. injection of streptozotocin (65 mg/kg) dissolved in 0.1 M citrate buffer, whereas control animals received an equal amount of the vehicle. Following 1 week, the diabetic animals, as well as the age-matched controls ones were subjected to the following protocol.

### Perfusion technique

Rats were anesthetized (sodium pentobarbitone, 60 mg/kg, i.p.) and given heparin (500 IU, i.p.). Hearts were rapidly excised, placed in ice-cold perfusion buffer, cannulated *via* the aorta and perfused in the Langendorff mode at a constant perfusion pressure of 70 mm Hg and at 37 °C. The perfusion solution was a modified Krebs-Henseleit buffer gassed with 95 %  $\text{O}_2$  and 5 %  $\text{CO}_2$  (pH 7.4) containing (in mM): NaCl 118.0; KCl 3.0;  $\text{MgSO}_4$  1.2;  $\text{NaHCO}_3$  25.0;  $\text{NaH}_2\text{PO}_4$  1.18;  $\text{CaCl}_2$  2.5; glucose 11.1. Reduced potassium and enhanced calcium concentrations in the above buffer were used to promote arrhythmogenesis during ischemia.

Solution was filtered through a 5  $\mu\text{m}$  porosity filter (Millipore) to remove contaminants. An epicardial electrogram was registered by means of two stainless steel electrodes attached to the apex of the heart and the aortic cannula.

Left ventricular pressure was measured by means of a non-elastic water-filled balloon inserted into the left ventricle via the left atrium (adjusted to obtain end-diastolic pressure of 5-7 mm Hg) and connected to a pressure transducer (MLP844 Physiological Pressure Transducer, ADInstruments). Left ventricular developed pressure (LVDP, systolic minus diastolic pressure), maximal rates of pressure development and fall,  $+\text{dP}/\text{dt}_{\text{max}}$  and  $-\text{dP}/\text{dt}_{\text{max}}$ , as the indexes of contraction and relaxation, as well as the heart rate (derived from electrogram) and coronary flow were monitored during stabilization, preischemia period (for the evaluation of the effect of pharmacological interventions on hemodynamic parameters), and were continuously recorded until the end of experiment. Heart function and arrhythmias were analyzed using PowerLab/8SP Chart 5 software (ADInstruments). The hearts were allowed to stabilize (20 min) before further interventions.

### Quantification of arrhythmias

Susceptibility to ischemia-induced ventricular arrhythmias was analyzed from the electrogram recording following the guidelines for the study of ischemia and

**Table 1.** Preischemic values of hemodynamic parameters of isolated rat hearts.

Parameters	Non-diabetic			Diabetic		
	C (n = 11)	L-NAME (n = 10)	NAC (n = 7)	C (n = 7)	L-NAME (n = 7)	NAC (n = 6)
HR (beats/min)	274 ± 7	262 ± 4	261 ± 5	231 ± 7*	224 ± 4*	220 ± 7*
CF (ml/min)	11.4 ± 0.4	12.2 ± 0.5	12 ± 1	11 ± 5	12 ± 0.4	12.4 ± 2
+dP/dt <sub>max</sub> (mmHg/s)	3120 ± 180	2852 ± 240	2719 ± 230	2307 ± 180*	2403 ± 120**	2320 ± 150*
-dP/dt <sub>max</sub> (mmHg/s)	1959 ± 160	1860 ± 110	1729 ± 111	1577 ± 150*	1678 ± 140*	1596 ± 94*
LVDP (mmHg)	94 ± 3	85 ± 3	79 ± 6	75 ± 20	78 ± 6	74 ± 5

Data are means ± S.E.M., n= 6-11 in each group. CF – coronary flow; LVDP – left ventricular developed pressure (LV systolic minus LV diastolic pressure); +dP/dt<sub>max</sub> and -dP/dt<sub>max</sub> – maximal rates of pressure development and fall, respectively; HR – heart rate. \* P<0.05 vs. non-diabetic control hearts.

reperfusion arrhythmias known as the Lambeth Conventions (Walker *et al.* 1988). We focused on the measurement of the total number of ventricular premature beats (VPB) over the whole period of ischemia, as well as on duration of ventricular tachycardia (VT), which was defined as a run of four or more consecutive ectopic beats.

#### Experimental protocols

Hearts of all groups (diabetic and non-diabetic) were subjected to 30-min occlusion of LAD coronary artery without or with prior 15-min treatment with L-NAME (100 µM) or NAC (4 mM). In parallel non-treated subgroups, the levels of coenzyme Q (CoQ)<sub>10</sub>, CoQ<sub>9</sub> and alpha-tocopherol (α-toc) in the left ventricular tissue of the non-diabetic and diabetic control hearts were measured by HPLC (Lang *et al.* 1986).

#### Statistical evaluation

The data were expressed as means ± S.E.M. ANOVA and subsequent *post-hoc* tests (Mann-Whitney U test and Student's t test) were used to compare the differences in the number of VPB, total duration of VT and concentration of CoQ<sub>10</sub> and α-toc between groups. Differences were considered significant when P<0.05.

## Results

Development of the diabetic state was confirmed

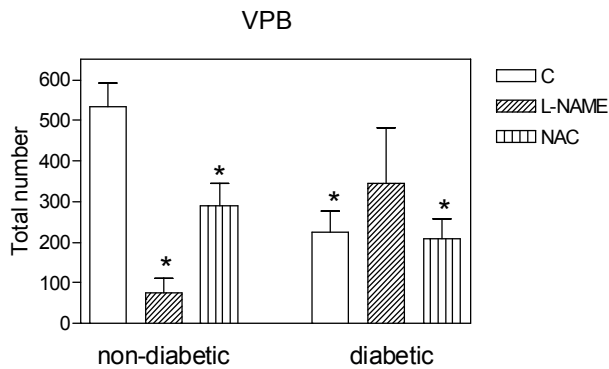
by significantly (P<0.05) increased blood glucose levels (17.4±0.7 mmol/l) as compared with 5.7±0.1 mmol/l in the non-diabetic controls. A delay in the body weight growth was also observed in the diabetic rats (286±14 g) as compared with the control animals (329±6 g; P<0.05), as well as an increase in a relative heart weight (heart weight to body weight ratio; 3.1±0.3 vs. 2.4±0.1 in the controls; P<0.05).

#### Characteristics of isolated hearts

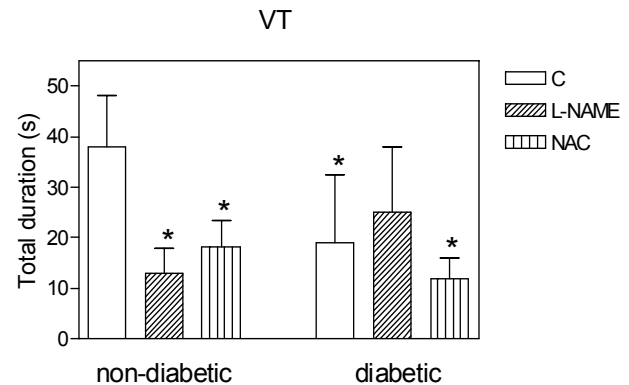
Preischemic values of heart rate, LVDP, +dP/dt<sub>max</sub> and -dP/dt<sub>max</sub>, as well as of coronary flow in the control non-diabetic and diabetic groups, as well as in drug-treated and non-treated hearts are summarized in Table 1. Evaluation of cardiac function revealed a significant reduction in heart rate in all diabetic hearts. Although there were no differences in LVDP between the groups, both +dP/dt<sub>max</sub> and -dP/dt<sub>max</sub> were also lower in all diabetic groups indicating a development of myocardial dysfunction.

#### Effect of diabetes mellitus, NAC and L-NAME on susceptibility to ventricular arrhythmias

Myocardial ischemia resulted in a high ectopic activity in the control non-diabetic group, where VT represented the most severe type of arrhythmias that occurred in all hearts. In the diabetic hearts, we observed a marked attenuation in the occurrence of ventricular arrhythmias manifested by a lower total number of VPB



**Fig. 1.** Effect of NAC and L-NAME on ischemia-induced ventricular arrhythmias in the non-diabetic and diabetic rat heart. VPB – ventricular premature beats, C – control non-treated groups, L-NAME – groups of hearts treated by L-NAME, NAC – N-acetylcysteine-treated groups. Values are means  $\pm$  S.E.M.,  $n = 6-11$ . \*  $P < 0.05$  vs. control non-diabetic hearts.



**Fig. 2.** Effect of NAC and L-NAME on total duration of ventricular tachycardia in the non-diabetic and diabetic rat hearts. VT – ventricular tachycardia, other abbreviations as in Fig. 1. Values are means  $\pm$  S.E.M.,  $n = 6-11$ . \*  $P < 0.05$  vs. control non-diabetic hearts.

and shorter total duration of VT (Figs 1 and 2). In the non-diabetic hearts, pretreatment with NAC and L-NAME was antiarrhythmic and reduced the number of VPB (from  $533 \pm 58$  in controls to  $290 \pm 56$  and  $74 \pm 36$ , respectively), as well as decreased the total duration of VT (from  $37.9 \pm 10.2$  s in controls to  $18.3 \pm 5.1$  and  $13 \pm 5$  s, respectively). In contrast, both interventions exerted no additional antiarrhythmic effects in the diabetic hearts. Total number of VPB and duration of VT were not reduced in comparison with these parameters in the non-treated diabetic hearts (Figs 1 and 2;  $P > 0.05$ ).

#### Effect of diabetes mellitus on the levels of endogenous antioxidants

Diabetic state was associated with significantly elevated levels of CoQ<sub>10</sub> and CoQ<sub>9</sub> ( $19.6 \pm 0.8$  and  $217.3 \pm 9.5$  vs.  $17.4 \pm 0.5$  and  $185.0 \pm 5.0$  nmol/g, respectively, in the non-diabetic controls;  $P < 0.05$ ), as well as in  $\alpha$ -tocopherol ( $38.6 \pm 0.7$  vs.  $31.5 \pm 2.1$  nmol/g the non-diabetic controls;  $P < 0.01$ ) in the heart ventricular tissue (Table 2).

## Discussion

This study demonstrated that despite the development of myocardial dysfunction, early period of DM is associated with an enhanced resistance to ischemia-induced arrhythmias. Greater tolerance to ischemic injury observed in the diabetic heart can be considered as an alternative form of intrinsic cardioprotection analogous to that induced by short-term adaptive phenomenon known as ischemic preconditioning in the normal heart, in which numerous metabolic stimuli,

**Table 2.** Effect of acute diabetes mellitus on the tissue levels of endogenous antioxidants in the diabetic and non-diabetic rat hearts.

Groups	Non-diabetic ( $n=11$ )	Diabetic ( $n=7$ )
CoQ <sub>10</sub> (nmol/g)	$17.4 \pm 0.5$	$19.6 \pm 0.8^*$
CoQ <sub>9</sub> (nmol/g)	$185.0 \pm 5.0$	$217.3 \pm 9.5^*$
$\alpha$ -tocopherol (nmol/g)	$31.5 \pm 2.1$	$38.6 \pm 0.7^{**}$

Data are means  $\pm$  S.E.M. CoQ<sub>10</sub> – coenzyme Q<sub>10</sub>; CoQ<sub>9</sub> – coenzyme Q<sub>9</sub>. \*  $P < 0.05$ ; \*\*  $P < 0.01$  vs. non-diabetic control hearts.

in particular those related to oxidative stress and increased intracellular calcium signaling can trigger protection against ischemia/reperfusion (Meldrum *et al.* 1996). Increased contents of endogenous antioxidants, such as CoQ<sub>10</sub> and in particular CoQ<sub>9</sub>, may be considered as a manifestation of the adaptive response in the rat diabetic myocardium (Kucharská *et al.* 2001) demonstrated also in the non-diabetic hearts exposed to ischemic preconditioning (Matejiková *et al.* 2007). Higher activities of antioxidant enzymes and concentration of antioxidants in the models of experimental diabetes have been also reported by other authors (Jain *et al.* 1995, Volkovová *et al.* 1997). In the study of Chen *et al.* (2006), higher resistance of the diabetic hearts to ischemia-reperfusion injury was also associated with an increased antioxidant capacity of the myocardium already in the acute phase of streptozotocin-induced diabetes with severe hyperglycemia (blood glucose higher than 20 mmol/l), or when the hearts were perfused with a high concentration of glucose. Induction

of the adaptive mechanisms in the diabetic myocardium might be partially related to an enhanced production of NO (specifically by inducible NOS) and ROS (Singal *et al.* 2001, El-Omar *et al.* 2003, Cheng *et al.* 2005) that have been implicated as signaling molecules in protective mechanisms of both, short-term and long-lasting cardiac adaptation (Andelová *et al.* 2006, Pintérová *et al.* 2006). Based upon the results of this study we propose that these processes might modify a response of the diabetic heart to antioxidant treatment. The latter might result in a reduced effectiveness of NAC to further suppress arrhythmias in the diabetic myocardium. Similarly, pretreatment with L-NAME that was found cardioprotective in the normal non-adapted heart and reduced the extent of ischemia-reperfusion injury (Andelová *et al.* 2005), in our study was antiarrhythmic only in the non-diabetic hearts. In the non-diabetic preconditioned myocardium, L-NAME suppressed increased ischemic tolerance (Andelová *et al.* 2005) and therefore, its antiarrhythmic effect might be attenuated under conditions of the diabetic state as well. The latter indicates that both, cardioprotection conferred by ischemic preconditioning in the healthy heart and

increased resistance to ischemia in the diabetic myocardium might share similar molecular protective pathways. These results are supported by the study of Chen *et al.* (2006) who demonstrated that in the presence of L-NAME heart function was preserved, whereas reperfusion arrhythmias were increased in the diabetic heart, suggesting an involvement of NO in the mechanisms of protection in the diabetic myocardium. In conclusion, our results demonstrate that resistance to ischemia-induced ventricular arrhythmias and the levels of endogenous antioxidants are increased in the diabetic myocardium and that under these conditions, limitation of production of ROS and NO does not confer any additional antiarrhythmic protection.

### Conflict of Interest

There is no conflict of interest.

### Acknowledgements

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