

Vestibular Control of Intermediate- and Long-Term Cardiovascular Responses to Experimental Orthostasis

G. RAFFAI¹, C. CSEKŐ², G. NÁDASY¹, E. MONOS¹

¹Institute of Human Physiology and Clinical Experimental Research, Semmelweis University, Faculty of Medicine, Budapest, Hungary, ²Department of General Pharmacology Gedeon Richter Ltd., Budapest, Hungary

Received September 27, 2008

Accepted January 28, 2009

On-line February 27, 2009

Summary

Sustained orthostasis elicits the elevation of arterial blood pressure (BP) via sympathetic activation in conscious Wistar rats for at least 2 hours. We tested the hypothesis whether vestibular apparatus plays a role in BP and heart rate (HR) control in response to prolonged gravitational stress. BP and HR responses to 45° head-up for either 2 or 24 hours were monitored by telemetry. Vestibular lesions (VL) were performed by a modified microsurgical-chemical technique. Horizontal BP and HR were not influenced by VL preceding 2-hour tilt. VL abolished the sustained 2-hour BP response to head-up tilt (8.3 ± 0.9 mm Hg relative to horizontal values) while suppressed HR transiently only. VL eliminated diurnal BP fluctuations and decreased HR in horizontal position for 24 hours. Head-up tilt for 24 hours increased BP and HR progressively in intact animals, raising their daily average value by 5.6 ± 0.7 mm Hg and 22.2 ± 6 BPM, respectively. VL resulted in an initial BP rise followed by progressive BP reduction in response to long-term head-up tilt (4 ± 2.2 mm Hg) without eliminating the tachycardia (34.4 ± 5.4 BPM). Thus, blockade of labyrinthine inputs attenuates the BP responses elicited by both intermediate and long-term gravitational stress of orthostatic type. However, other sensory inputs derived from non-vestibular cues (e.g. proprioceptive, visual, visceral, cutaneous etc.) seem to be effective enough to maintain BP normal.

Key words

Arterial blood pressure • Cardiovascular control • Heart rate • Orthostasis • Vestibular lesion

Corresponding author

Gábor Raffai, Institute of Human Physiology and Clinical Experimental Research, Semmelweis University, Tűzoltó utca 37-47, H-1094, Budapest, Hungary. Fax.: (36-1) 334-3162. E-mail: raffai@elet2.sote.hu

Introduction

Activation of gravity-related reflexes linked to the changes in body position and/or other gravitational stress can be induced by several receptor mechanisms in addition to the well-known baroreceptor system. Labyrinthine, proprioceptive, visual, visceral and cutaneous inputs, which converge on the neurons of the central neural vestibular system have been implicated in cardiovascular adaptation (Balaban and Beryozkin 1994, Jian *et al.* 1999, Jian *et al.* 2002, Kerman *et al.* 2000, Mori *et al.* 2005, Ray and Carter 2003, Voustantiouk *et al.* 2006, Yates *et al.* 2000, Yates and Bronstein 2005). These inputs, when transmitted to the circulatory control area of the brainstem, may influence sympathetic output, contributing to the complex cardiovascular control that compensates for imbalances caused by body fluid shift and blood redistribution during postural changes (Balaban and Beryozkin 1994, Doba and Reis 1974, Jian *et al.* 1999, Kerman *et al.* 2000, Ray and Bronstein 2003, Yates *et al.* 2000, Yates and Bronstein 2005). Among these mechanisms, the operation of the vestibulo-sympathetic reflex seems to be the most significant in gravitational adaptation of both humans (Hume and Ray 1999, Monos and Lóránt 1998, Ray *et al.* 1998a,b, Ray 2000, Ray 2001, Shortt and Ray 1997, Voustantiouk *et al.* 2006, Yates *et al.* 2000, Yates and Bronstein 2005) and animals (Doba and Reis 1974, Gotoh *et al.* 2004, Jian *et al.* 1999, Kerman *et al.* 2000, Monos and Lóránt 1998, Mori *et al.* 2005, Tanaka *et al.* 2006, Wilson *et al.* 2006, Woodring *et al.* 1997, Yates *et al.* 2000, Yates and Bronstein 2005).

The vestibulosympathetic reflex is supposed to help to maintain orthostatic tolerance in humans *via* activation of sympathetic efferents mediating short-term changes in blood pressure during rapid changes of body and/or head position (Ray 2000, Ray and Carter 2003, Shortt and Ray 1997, Voustantiounk *et al.* 2006, Yates *et al.* 2000, Yates and Bronstein 2005). Vestibulo-sympathetic reflex also seems to be working independently from the baroreflex when adjusting the cardiovascular system to postural changes and their effect is additive with regard to muscle sympathetic nerve activity (Ray 2000, Shortt and Ray 1997). Moreover, there are data providing evidence that otolith organs (Ray 2000, Shortt and Ray 1997), but not the semicircular canals (Ray *et al.* 1998b), neck afferents (Ray *et al.* 1998a), non-specific pressure receptors in the head (Hume and Ray 1999), or skeletal muscle receptors (Ray 2001) are the major sources of sympathetic nerve activation in humans.

Several experimental findings have proven the significance of vestibular control of arterial blood pressure in different animal models during postural or gravitational changes. For example, in the head-up tilted position, arterial blood pressure (Doba and Reis 1974, Woodring *et al.* 1997) and vascular resistance (Doba and Reis 1974) cannot be maintained in either anesthetized or paralyzed cats (Doba and Reis 1974), or in cats subjected to extensive denervations (Woodring *et al.* 1997) following transection of the vestibular nerves. Similarly, bilateral lesions of vestibular receptors (Jian *et al.* 1999) or the vestibular nucleus (Mori *et al.* 2005) also compromise orthostatic tolerance in awake cats during 60° nose-up tilt. During microgravity and hypergravity exposures, both the acute pressor and the renal sympathetic nerve activity responses were attenuated by vestibular lesion (Gotoh *et al.* 2004, Tanaka *et al.* 2006).

Most of the studies above investigated the role of the vestibular system in immediate and short-term (≤ 5 min) dynamic responses. However, the role of the vestibular system in prolonged, intermediate or long-term cardiovascular changes caused by static body position have not been studied in detail. Human data suggest that the immediate-term vestibular (otolith organs) activation and the accompanying cardiovascular responses can be maintained for at least 30 min (Hume and Ray 1999, Shortt and Ray 1997). From our laboratory, it was reported previously that static experimental orthostasis (Raffai *et al.* 2005) elicits a sustained elevation of arterial

blood pressure *via* increased sympathetic efferent nerve activity in conscious Wistar rats at least for 2 hours. Based on these observations, in the present study we investigated the effect of bilateral vestibular lesions on cardiovascular responses to static orthostatic body position in conscious rats in 1 G environment. We hypothesized, that vestibular lesions suppress both intermediate- and long-term orthostatic responses. In these experiments cardiovascular telemetry (Brockway *et al.* 1991) was combined with our head-up tilt rat model (Monos *et al.* 2007) in order to explore the following specific aims:

1. To compare arterial blood pressure and heart rate responses of intact rats maintained in a static head-up tilt position for 2 hours with those having bilateral lesions of the vestibular receptors;
2. To compare the cardiovascular responses to static head-up tilt lasting for 2 hours (intermediate) and for 24 hours (long-term);
3. To determine the reproducibility of these responses and to elucidate the role of the vestibular receptor system in the long-term responses.

Methods

Experimental animals

Male adult Wistar rats (n=8, Harlan, Germany) weighing 300-350 g were used for the experiments. All animals were housed individually with 12-hour light and dark cycles (7 am – 7 pm (daytime), 7 pm – 7 am (nighttime), respectively) at 20-22 °C. All animals had free access to standard laboratory rat chow and tap water.

The investigation conforms with the Guide for the Care and Use of Laboratory animals published by the US National Institutes of Health (NIH Publication No. 85-23, revised 1996). Studies were carried out according to the guidelines of Hungarian law on animal protection (243/1998) and approved by the Semmelweis University Committee on the Ethical Use of Experimental Animals (590/99 Rh).

Surgery for telemetric implants

Radiotelemetric transducer units (Data Sciences International, USA, Type: TL11M2-C50-PXT) were surgically implanted into rats according to a standard operation procedure (Brockway *et al.* 1991). In brief, rats were anesthetized with sodium-pentobarbital (Sigma, USA, 5 mg/100 g bw, i.p.). Following a midline laparotomy, the catheter of the pressure transducer was

introduced into the abdominal aorta and fixed with a tissue adhesive. Bipolar ECG leads were tunneled subcutaneously into the Lead II position, and fixed with surgical sutures.

Experimental design and protocol

During a 10-day recovery period, all rats (n=8) were conditioned to both the tubular tilt cages and the tilting procedures. Familiarization of the rats with these procedures was confirmed, as they entered the cages without exhibiting any avoidance reaction and by exhibiting quiescent behavior while in the cages.

Following the recovery period, arterial blood pressure was sampled at 500 Hz and recorded continuously using Dataquest A.R.T. data acquisition system (Data Sciences International, USA). This continuous arterial blood pressure record was used to compute mean arterial blood pressure and heart rate variables every 5 seconds.

Intermediate-term orthostatic test was performed on rats that were placed into transparent tiltable tubular cages and restricted from longitudinal locomotion. First, the test cages were set in horizontal position for 40 min, and the last 10 min quasi-steady state was used as horizontal control record. Starting from the horizontal position, short-term orthostatic test was carried out by positioning the cages with the rats into a 45° head-up for 120 min. At the end of these tests, rats were returned to the horizontal position for a further 10-min period.

The effect of *long-term* orthostasis was examined using rats in identical cages as described above. In this case, rats were allowed to longitudinal locomotion along the whole length (60 cm) of the tubular cages, but they were not able to reverse direction. Chow and tap water were available at the upper edge of the cages. Under these conditions, a 24-hour horizontal control record was made, and then the rats were set in head-up tilt position for an additional 24-hour observation period. Either the last hour of the horizontal record preceding tilt period or the corresponding horizontal values (daytime, nighttime and 24 hours) were used as horizontal control for the *long-term* head-up tilt responses.

During tilt tests, no head or body fixation was applied, in order to avoid non-specific and non-gravitational direct immobilization stress, which can substantially influence the arterial pressure and/or heart rate (Irvine *et al.* 1997, McDougall *et al.* 2005).

Hydrostatic component of arterial blood pressure measurement

The 45-degree head-up tilting caused a calculated 3.8 mm Hg hydrostatic arterial pressure increment because of the distance between the zero reference level of blood pressure measurement and the tip of the arterial catheter in the abdominal aorta. Corrections were not made, because the effect of gravity in “closed” systems like circulation is more complex and can induce e.g. adaptive changes (Hicks and Badeer 1992).

Lesion of the labyrinth receptor system

A combined microsurgical-chemical technique, similar to that developed by Matsuda *et al.* (2004) was performed to produce labyrinthectomy on the 8 rats used before. In detail, the posterior lobe of the glandula parotis had been elevated from its base and the mastoid bulla was exposed, being careful not to damage the facial nerve branches. A 3-4 mm diameter hole was drilled into the posterolateral-medial wall of the mastoid bulla. Then the bony prominence induced by the cochlea on the medial wall of the middle ear was drilled. The endolymph and perilymph were removed by rinsing with saline and concentrated ethanol. Finally, a sodium arsenite (50 µM) solution was injected into the labyrinthine cavity. Lesion of the vestibular system was verified by neurological symptoms (typical insecure head and body position, gait of the animals) and by histological examination of decalcified specimens. Both short- and intermediate-term tilt protocols were repeated on 6 out of the 8 rats after a 10-day recovery period following the surgery without complications.

Statistical analysis

Variables were pooled within regular or specific intervals of the records of *intermediate-term* (for every 10 min or for 120 min of tilts) and *long-term* (for every hour or for daytime, nighttime, and 24-hour periods) to provide individual data points. These individual data points were used for statistical evaluation of the results which are given either as means ± S.E.M. or as changes (expressed as Δ mean ± S.E.M.) relative to the corresponding horizontal value(s) of *intermediate* and *long-term* tilts. One-way repeated measures ANOVA was used for data derived from the *intermediate* and *long-term* tests. Dunnett's pairwise multiple comparison procedure was used to test significant differences from horizontal control data. Student t-test was applied when comparing variables between two experimental groups (intact vs. labyrinthectomized). P<0.05 was considered statistically significant.

Table 1. Summary of horizontal control (HOR) arterial blood pressure and heart rate parameters of intact and labyrinthectomized rats preceding *intermediate-term* head-up experiments.

	Intact			Labyrinthectomized		
	n	Arterial blood pressure (mm Hg)	Heart rate (BPM)	n	Arterial blood pressure (mm Hg)	Heart rate (BPM)
HOR	8	111.1 ± 2.0	411.9 ± 13.8	6	105.0 ± 5.3	393.5 ± 11.5

Data are given as mean ± SEM.

Results

Horizontal (control) variables in intermediate-term tilt experiments – effect of vestibular lesion

Average values of 10-min steady-state horizontal control arterial pressure and heart rate data in studies for *intermediate-term* head-up tilt in intact and labyrinthectomized rats are shown in Table 1. Vestibular lesions did not influence significantly these variables preceding *intermediate-term* head-up tilt experiments.

Effect of vestibular lesion on cardiovascular responses during intermediate-term head-up tilt

As shown in Figure 1, *intermediate-term* (120 min) head-up tilt induced a sustained elevation of arterial blood pressure by 8.3 ± 0.9 mm Hg (5–13.7 mm Hg) without influencing heart rate significantly (10 ± 12 BPM (–1.6–38.8 BPM)). Such blood pressure responses during *intermediate-term* head-up tilt were eliminated in rats deprived of vestibular inputs (Figure 1), as arterial blood pressure values remained close to horizontal controls (2 ± 1.5 mm Hg (–0.7–6.1 mmHg)). Head-up tilt tended to decrease heart rate transiently in labyrinthectomized animals, but similarly to intact rats, it did not cause a significant reduction compared to the horizontal control in the 120 min observation period (-12 ± 10.8 BPM (–34.5–7.1 BPM)). The above results were confirmed by comparison of arterial blood pressure and heart rate changes between intact and labyrinthectomized rats. Namely, blood pressure elevation was completely eliminated, while transient heart rate reduction was seen in vestibuloectomized rats compared to intact rats (Fig. 1). It is remarkable, that no significant differences were found in arterial blood pressure changes at the initial 30-min phase of head-up tilt.

Horizontal (control) variables in long-term tilt experiments – effect of vestibular lesion

Arterial blood pressure and heart rate data measured in horizontal body position for 24 hours

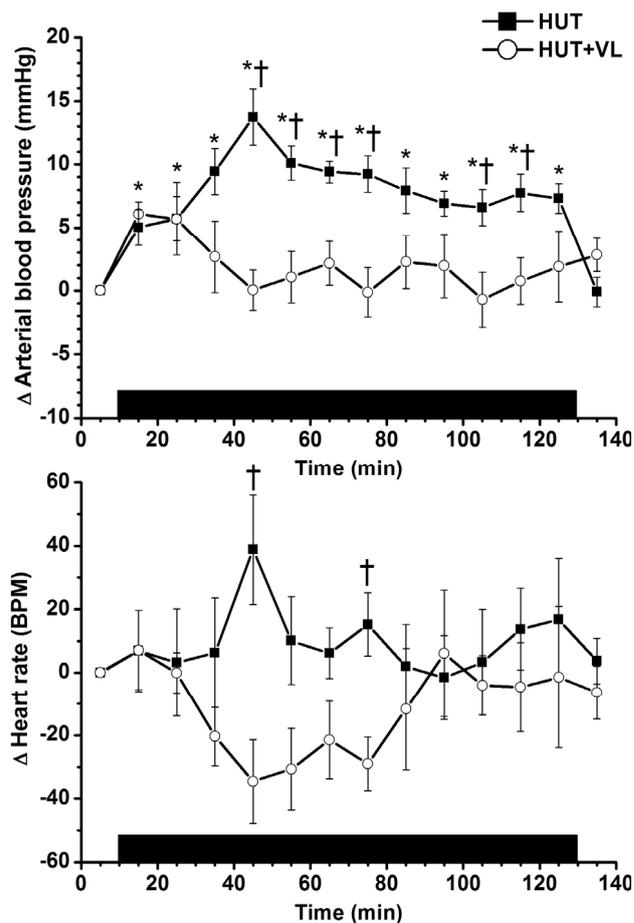


Fig. 1. Changes in arterial blood pressure and heart rate relative to horizontal control values (see HOR in Table 1.) during *intermediate-term* (120 min) head-up tilt (HUT) experiments in intact rats and in rats with vestibular lesions (+VL). Experimental protocol as follows: horizontal (not labeled), head-up tilt period is indicated with filled bands. Data are given as Δ mean ± SEM. Statistical difference ($P < 0.05$) from horizontal controls or between experimental groups (intact vs. +VL) is indicated by * or †, respectively.

(pooled for daytime, nighttime and 24-hour periods) preceding *long-term* head-up tilt in intact and labyrinthectomized rats are summarized in Table 2. Heart rate was significantly less in rats with vestibular lesion compared to that of intact rats, while average blood

Table 2. Summary of horizontal control (HOR), and head-up tilt (HUT) arterial blood pressure and heart rate parameters of intact and labyrinthectomized rats preceding *intermediate-term* head-up experiments pooled for daytime, nighttime, and 24-hour periods.

	Intact (n = 8)		Labyrinthectomized (n = 6)	
	Arterial blood pressure (mmHg)	Heart rate (BPM)	Arterial blood pressure (mmHg)	Heart rate (BPM)
<i>HOR Daytime</i>	112.9 ± 2.1	393.9 ± 4.6	108.6 ± 4.1	361.4 ± 13.5†
<i>HOR Nighttime</i>	115.4 ± 1.9§	447.9 ± 5.8§	109.9 ± 4.9	383.1 ± 10.8§†
<i>HOR 24 hours</i>	114.1 ± 2.0	420.9 ± 4.5	109.3 ± 4.4	372.3 ± 12†
<i>HUT Daytime</i>	118.1 ± 2.0*	422.3 ± 11.0*	115.1 ± 5.4*	389.5 ± 10.2*†
<i>HUT Nighttime</i>	121.3 ± 2.5§*	462.2 ± 7.0§*	111.5 ± 8.0	423.8 ± 8.7§*†
<i>HUT 24 hours</i>	119.7 ± 2.2*	443.1 ± 8.2*	113.3 ± 6.6	406.7 ± 9.2*†

Data are given as mean ± SEM. §, *, and † statistically different ($P < 0.05$) from corresponding daytime, HOR and intact, respectively.

pressures was not influenced by vestibular lesion. However, diurnal variation of arterial blood pressure was eliminated in horizontal position in vestibuloectomized rats.

Effect of vestibular lesion on cardiovascular responses to long-term head-up tilt

As an effect of 24-hour head-up tilt, arterial blood pressure progressively increased in intact rats from 2.7 ± 0.6 mm Hg (beginning of the tilt) up to 8.8 ± 1.5 mm Hg when compared to the preceding horizontal values (0-1 hour, Fig. 2). Consequently, daytime, nighttime and 24-hour blood pressure were significantly increased by 5.2 ± 0.6 mm Hg, 5.9 ± 1.1 mm Hg, and 5.6 ± 0.7 mm Hg, respectively (Table 2). As shown in Figure 2, after an initial blood pressure increase vestibular lesion led to attenuated blood pressure responses in the further part of the tilt. Such a biphasic response was reflected by the increased daytime (6.4 ± 1.9 mm Hg), but decreased nighttime (1.6 ± 3.4 mm Hg) and 24-hour (4 ± 2.2 mm Hg) blood pressure in labyrinthectomized rats (Table 2).

Long term head-up tilt lead to daytime (intact/labyrinthectomized, $28.4 \pm 9.7/28.2 \pm 6.8$ BPM), nighttime ($14.3 \pm 3/40.6 \pm 4.3$ BPM) and 24-hour ($22.2 \pm 6/34.4 \pm 5.4$ BPM) heart rate increases in both intact and labyrinthectomized animals (Figure 2, Table 2).

Discussion

The major finding of this work is that blood pressure rise in response to *intermediate-term* (120 min) experimental orthostasis (head-up tilt) is completely eliminated and heart rate is transiently decreased by

removal of the vestibular receptor inputs. Furthermore, *long-term* (24 hours) head-up tilt results in sustained arterial blood pressure elevation and tachycardia. Labyrinthectomy results in biphasic arterial blood pressure response (initial rise followed by blood pressure reduction) to *long-term* head-up without altering the tachycardic response. These results support our hypothesis that the vestibular system may contribute to maintain both *intermediate-* and *long-term* orthostatic tolerance in conscious rats. In addition, our experimental results indicate that the vestibular system may also play an essential role in longer (>5 min) cardiovascular adaptation.

Role of the vestibular receptors in intermediate-term orthostatic cardiovascular responses

As shown earlier, blood pressure elevation induced by *intermediate-term* orthostasis is elicited by sympathetic activation (Raffai *et al.* 2005). In the present study, we found that vestibular lesions completely eliminated blood pressure responses without leading to the serious cardiovascular symptoms of orthostatic intolerance (hypotension, cardioacceleration) in conscious rats, unlike in anesthetized cats (Doba and Reis 1974, Woodring *et al.* 1997). Our results also provide experimental evidence for a direct contribution of the vestibular apparatus to the control of *intermediate-term* arterial blood pressure responses induced by static changes of body position. Similarly to our results, other investigators (Jian *et al.* 1999, Mori *et al.* 2005) demonstrated that bilateral vestibular lesion alters orthostatic responses leading to arterial blood pressure instability in conscious cats during nose up tilt. Our observations, made under 1 G conditions, are also in

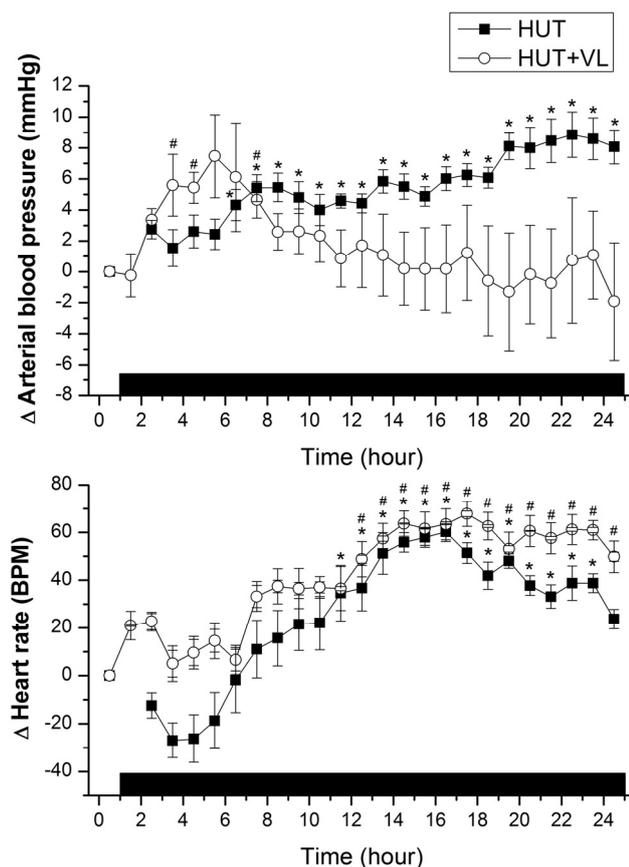


Fig. 2. Changes in arterial blood pressure and heart rate relative to the corresponding horizontal control values in intact rats (114.2 ± 1.9 mm Hg/ 417.3 ± 9.1 BPM) and rats with vestibular lesion (+VL; 111.5 ± 6.1 mm Hg/ 363.8 ± 7.4 BPM †) during *long-term* (24-h) head-up tilt (HUT). Experimental protocol as follows: horizontal (not labeled), head-up tilt period is indicated with filled bands. Data are given as Δ mean \pm SEM. Statistical difference ($P < 0.05$) from horizontal controls in intact and labyrinthectomized rats is indicated by * or #, respectively.

good agreement with the results of studies conducted under shorter experimental microgravity and hypergravity conditions where both the pressor and the renal sympathetic nerve activity responses were attenuated by vestibular lesion (Gotoh *et al.* 2004, Tanaka *et al.* 2006).

In the present study, there was no difference between intact and labyrinthectomized rats in the rapidly developing arterial blood pressure responses to the initial phases of head-up (30 min) tilt, indicating that early blood pressure responses might not be influenced by the lack of vestibular inputs in the rat. This response pattern may be attributed to gravity related reflexes other than vestibulosympathetic reflex activated by sudden changes of arterial blood pressure due to tilting. Following this phase, intact rats responded with a sustained and stable rise of arterial pressure, which did not show any restoration or adaptation during the 24-hour observation

period. In contrast, elimination of vestibular inputs eliminated such blood pressure elevations. These results provide evidence that vestibular inputs may play a role not only in the short latency and rapid feed-forward control of arterial blood pressure (Voustianiouk *et al.* 2006), but also in longer arterial pressure control during sustained gravitational stress, as previously indicated in human studies (Hume and Ray 1999, Shortt and Ray 1997). Because of the additive nature of the vestibulosympathetic reflex and the baroreflex (Ray 2000, Shortt and Ray 1997), the lack of blood pressure elevation in labyrinthectomized, but baroreflex intact rats might be due to the absence of converging vestibular signals in the rostral ventrolateral medulla (Yates *et al.* 1993, Yates *et al.* 2000).

Role of the vestibular system in long-term orthostatic cardiovascular responses

In contrast to the *intermediate-tilt* experiments, initial blood pressure elevation to long-term orthostasis was delayed by 2-4 hours in both experimental groups. Such a delayed blood pressure responses might be attributed to the 24-hour confined horizontal body position, which preceded the tilt reducing cardiovascular responsiveness to orthostatic stress. Similar delayed blood pressure responsiveness was not observed either after 40 min horizontal body position (*intermediate-term* tilt) in this or after 7 day head-down tilt in our previous study (Raffai *et al.* 2009). Blood pressure elevation was accompanied by heart rate increase in the *long-term* tilts. Similar to *intermediate-term* cardiovascular responses (Raffai *et al.* 2005), we assume that the rise in arterial blood pressure and heart rate that we observed in the long-term tilt experiments is caused by coordinated activation of baroreflex and different gravity-related receptor mechanisms (vestibular, proprioceptive, visual, visceral, and cutaneous inputs), which induce a compensatory readjustment of the cardiovascular system. Activation of this complex receptor system ultimately leads to a compensatory pressor response that can be explained by sympathetic activation and/or parasympathetic withdrawal. This assumption is supported by human studies where stimulation of vestibular otolith organs increases sympathetic output *via* the vestibulosympathetic reflex, which works independently of the baroreflex (Ray 2000) or skeletal muscle reflex(es) (Ray 2001). However, the final effect of these reflexes is additive (Ray 2000, Ray 2001). In addition to such autonomic readjustments, elevated plasma concentrations

of stress hormones are likely to contribute to maintaining cardiovascular responses, after some delay. This hypothesis is in accordance with our earlier observations (Monos *et al.* 2007) and with those of Assenmacher *et al.* (1995) demonstrating that orthostatic restraint induces a transient elevation of stress hormone levels (e.g. ACTH, corticosterone). Heart rate elevations in our study suggest an impairment of heart rate decreasing mechanisms, as the reduced baroreflex sensitivity (unpublished observation).

Vestibular lesions resulted in an initial blood pressure rise followed by blood pressure reduction in head-up tilting while tachycardia was not influenced by vestibuloectomy. According to our knowledge, this is the first experimental evidence that vestibular inputs play a role in blood pressure responses in orthostatic body positions maintained for 24 hours. It remains to be determined that why vestibuloectomy, besides attenuating orthostatic blood pressure responses, also eliminates diurnal variations of arterial blood pressure both in horizontal and head-up tilt position. It is also remarkable that in contrast to the well-known adaptive plasticity of the vestibular system (Jian *et al.* 1999, Mori *et al.* 2005, Wilson *et al.* 2006), the lack of vestibular inputs can still influence both *intermediate*- and *long-term* gravitational responses following vestibuloectomy and the subsequent recovery period.

Non-specific stress and gravitational stress

In the present study, we examined arterial blood pressure and heart rate responses in static body positions, without exposing the rats to dynamic forces (linear or angular acceleration) experimentally. Linear or angular acceleration can occasionally occur during normal activity of the rats, but we assume that the probability of these events is the same in intact and labyrinthectomized rats at an identical body axis (horizontal, or 45° head-up). The absence of substantial non-specific (non-gravitational) stress was confirmed by the calm behavior

of the rats without showing any avoidance reactions during the sustained tilt tests. Furthermore, a horizontal body position of 120 min (Raffai *et al.* 2005, Raffai *et al.* 2006) or longer (24 h) did not lead to an elevation of arterial blood pressure or heart rate itself. In our studies, rats were not exposed to additional non-specific or non-gravitational (e.g. direct immobilization, startle stimulus etc.) stress that can substantially influence the basic cardiovascular variables (Irvine *et al.* 1997, McDougall *et al.* 2005). Stress reaction caused by visual, visceral, and cutaneous inputs could also be taken into account, but the exposure of intact and labyrinthectomized rats to these sensory inputs was essentially the same. Thus, we have good reasons to conclude that instead of environmental factors, the sustained arterial blood pressure and heart rate responses to tilting were elicited specifically by changes in body position.

In conclusion, the vestibular system may play a role in maintaining arterial blood pressure at orthostatic body position providing sustained inputs for the appropriate cardiovascular readjustments for several hours. This role is reflected by the development of sustained arterial pressure elevation due to *intermediate*- and *long-term* gravitational stress and tachycardia in the latter case. Lack of vestibular inputs under these conditions does not lead to orthostatic arterial hypotension, as one could expect, it is obviously prevented by other cardiovascular reflexes.

Conflict of Interest

There is no conflict of interest.

Acknowledgements

This work was supported by Hungarian Grants: OTKA T-042670/2003 and ETT 128/2006. We are grateful to Dr. Julian H. Lombard for his help in editing the manuscript. Authors are indebted to Drs. Sándor Farkas and Márk Kollai for their continuous support.

References

- ASSENMACHER I, MEKAOUICHE M, MAUREL D, BARBANEL G, GIVALOIS L, BOISSIN J, MALAVAL F, IXART G: Chronic orthostatic and antiorthostatic restraint induce neuroendocrine, immune and neurophysiological disorders in rats. *Acta Astronaut* **36**: 545-558, 1995.
- BALABAN CD, BERYOZKIN G: Vestibular nucleus projections to nucleus tractus solitarius and the dorsal motor nucleus of the vagus nerve: potential substrates for vestibulo-autonomic interactions. *Exp Brain Res* **98**: 200-212, 1994.

- BROCKWAY BP, MILLS PA, AZAR SH: A new method for continuous chronic measurement and recording of blood pressure, heart rate and activity in the rat via radio-telemetry. *Clin Exp Hypertens* **13**: 885-895, 1991.
- DOBA N, REIS DJ: Role of the cerebellum and the vestibular apparatus in regulation of orthostatic reflexes in the cat. *Circ Res* **40**: 9-18, 1974.
- GOTOH TM, FUJIKI N, MATSUDA T, GAO S, MORITA H: Roles of baroreflex and vestibulosympathetic reflex in controlling arterial blood pressure during gravitational stress in conscious rats. *Am J Physiol* **286**: R25-R30, 2004.
- HICKS JW, BADEER HS: Gravity and the circulation: "open" vs. "closed" systems. *Am J Physiol* **262**: R725-R732, 1992.
- HUME KM, RAY CA: Sympathetic responses to head-down rotations in humans. *J Appl Physiol* **86**: 1971-1976, 1999.
- IRVINE RJ, WHITE J, CHAN R: The influence of restraint on blood pressure in the rat. *J Pharmacol Toxicol Methods* **38**: 157-162, 1997.
- JIAN BJ, COTTER LA, EMANUEL BA, CASS SP, YATES BJ: Effects of bilateral vestibular lesions on orthostatic tolerance in awake cats. *J Appl Physiol* **86**: 1552-1560, 1999.
- JIAN BJ, SHINTANI T, EMANUEL BA, YATES BJ: Convergence of limb, visceral, and vertical semicircular canal or otolith inputs onto vestibular nucleus neurons. *Exp Brain Res* **144**: 247-257, 2002.
- KERMAN IA, MCALLEN RM, YATES BJ: Patterning of sympathetic nerve activity in response to vestibular stimulation. *Brain Res Bull* **53**: 11-16, 2000.
- MATSUDA T, GOTOH T M, TANAKA K, GAO S, MORITA H: Vestibulosympathetic reflex mediates the pressor response to hypergravity in conscious rats: contribution of the diencephalon. *Brain Res* **1028**: 140-147, 2004.
- MCDUGALL SJ, LAWRENCE AJ, WIDDOP RE: Differential cardiovascular responses to stressors in hypertensive and normotensive rats. *Exp Physiol* **90**: 141-150, 2005.
- MONOS E, LÓRÁNT M: Vestibular control of the cardiovascular system. *Orv Hetil* **139**: 1851-1855, 1998.
- MONOS E, RAFFAI G, DÖRNYEI G, NÁDASY G, FEHÉR E: Structural and functional responses of extremity veins to long-term gravitational loading or unloading – lessons from animal systems. *Acta Astronaut* **60**: 406-414, 2007.
- MORI RL, COTTER LA, ARENDT HE, OLSHESKI CJ, YATES BJ: Effects of bilateral vestibular nucleus lesions on cardiovascular regulation in conscious cats. *J Appl Physiol* **98**: 526-533, 2005.
- RAFFAI G, MÉSZÁROS M, KOLLAI M, MONOS E, DÉZSI L: Experimental orthostasis elicits sustained hypertension, which can be prevented by sympathetic blockade in the rat. *J Cardiovasc Pharmacol* **45**: 354-361, 2005.
- RAFFAI G, KOCSIS L, MÉSZÁROS M, MONOS E, DÉZSI L: Inverse-orthostasis may induce elevation of blood pressure due to sympathetic activation. *J Cardiovasc Pharmacol* **47**: 287-294, 2006.
- RAFFAI G, CSEKO C, KOCSIS L, DEZSI L, MONOS E: Does long-term experimental antiorthostasis lead to cardiovascular deconditioning in the rat? *Physiol Res* **58**: 57-67, 2009.
- RAY CA: Interaction of the vestibular system and baroreflexes on sympathetic nerve activity in humans. *Am J Physiol* **279**: H2399-H2404, 2000.
- RAY CA: Interaction between vestibulosympathetic and skeletal muscle reflexes on sympathetic activity in humans. *J Appl Physiol* **90**: 242-247, 2001.
- RAY CA, CARTER JR: Vestibular activation of sympathetic nerve activity. *Acta Physiol Scand* **177**: 313-319, 2003.
- RAY CA, HUME KM: Neck afferents and muscle sympathetic activity in humans: implications for the vestibulosympathetic reflex. *J Appl Physiol* **84**: 450-453, 1998a.
- RAY CA, HUME KM, STEELE SL: Sympathetic nerve activity during natural stimulation of horizontal semicircular canals in humans. *Am J Physiol* **275**: R1274-R1278, 1998b.
- SHORTT TL, RAY CA: Sympathetic and vascular responses to head-down neck flexion in humans. *Am J Physiol* **272**: H1780-H1784, 1997.
- TANAKA K, GOTOH TM, AWAZU C, MORITA H: Roles of the vestibular system in controlling arterial pressure in conscious rats during a short period of microgravity. *Neurosci Lett* **397**: 40-43, 2006.

-
- VOUSTIANIOUK A, KAUFMANN H, DIEDRICH A, RAPHAN T, BIAGGIONI I, MACDOUGALL H, OGORODNIKOV D, COHEN B: Electrical activation of the human vestibulo-sympathetic reflex. *Exp Brain Res* **171**: 251-261, 2006.
- WILSON TD, COTTER LA, DRAPER JA, MISRA SP, RICE CD, CASS SP, YATES BJ: Vestibular inputs elicit patterned changes in limb blood flow in conscious cats. *J Physiol Lond* **575**: 671-684, 2006.
- WOODRING SF, ROSSITER CD, YATES BJ: Pressor response elicited by nose-up vestibular stimulation in cats. *Exp Brain Res* **113**: 165-168, 1997.
- YATES BJ, BRONSTEIN AM: The effects of vestibular system lesions on autonomic regulation: observations, mechanisms, and clinical implications. *J Vestib Res* **15**: 119-129, 2005.
- YATES BJ, GOTO T, BOLTON PS: Responses of neurons in the rostral ventrolateral medulla of the cat to natural vestibular stimulation. *Brain Res* **601**: 255-264, 1993.
- YATES BJ, HOLMES MJ, JIAN BJ: Adaptive plasticity in vestibular influences on cardiovascular control. *Brain Res Bull* **53**: 3-9, 2000.
-