

Gender-related effects on substrate utilization and metabolic adaptation in hairless spontaneously hypertensive rat

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Abstract

Cold exposure of rats leads to ameliorated glucose and triglyceride utilization with females displaying better adaptation to a cold environment. In the current study, we used hairless rats as a model of increased thermogenesis and analyzed gender-related effects on parameters of lipid and glucose metabolism in the spontaneously hypertensive (SHR) rats. Specifically, we compared hairless coisogenic SHR-*Dsg4* males and females harboring mutant *Dsg4* (desmoglein 4) gene versus their SHR wild type controls. Two way ANOVA showed significant *Dsg4* genotype (hairless or wild type) x gender interaction effects on palmitate oxidation in brown adipose tissue (BAT), glucose incorporation into BAT determined by microPET, and glucose oxidation in skeletal muscles. In addition, we observed significant interaction effects on sensitivity of muscle tissue to insulin action when *Dsg4* genotype affected these metabolic traits in males, but had little or no effects in females. Both wild type and hairless females and hairless males showed increased glucose incorporation and palmitate oxidation in BAT and higher tissue insulin sensitivity when compared to wild type males. These findings provide evidence for gender-related differences in metabolic adaptation required for increased thermogenesis. They are consistent with the hypothesis that increased glucose and palmitate utilization in BAT and muscle is associated with higher sensitivity of adipose and muscle tissues to insulin action.

Introduction

Recently, it has been demonstrated that brown adipose tissue (BAT) in mice exposed to cold plays an important role in triglyceride and glucose utilization and thus prevents obesity, ectopic fat accumulation, and associated metabolic disturbances (Bartelt *et al.* 2011; Bartelt *et al.* 2012). These studies and recent findings that BAT is retained in humans into adulthood (Virtanen *et al.*, 2009) and that its abundance is greatly diminished in obese individuals (Vijgen *et al.*, 2011) increased the interest to study the BAT metabolism as a potential mechanism for reducing the risk factors for the metabolic syndrome, obesity, and type 2 diabetes. In addition, it has been reported that, similar to rodents, human BAT is stimulated by cold exposure (Farmer, 2009; Orava *et al.*, 2011; Chen *et al.*, 2013). The spontaneously hypertensive rat (SHR) is the most widely used animal model of essential hypertension and under special environmental conditions also develops disturbances of lipid and glucose metabolism (Pravenec *et al.*, 2014). However, the role of BAT in the pathogenesis of metabolic disturbances in the SHR remains unknown. In addition, significant gender related metabolic differences have been reported in rats exposed to cold temperature (Rodriguez *et al.*, 2001; Gabaldon *et al.*, 1995). Genetically hairless strains of rodents represent rewarding models to study adaptive thermogenesis as exemplified by the *nu/nu* mice. Standard ambient temperature of 22°C lies well below thermoneutrality for such animals, due to the diminished insulating capacity (Weihe, 1984). This translates into the chronic requirement for increased adaptive thermogenesis. The objective of the current study was to analyze the effects of hairless phenotype on BAT and parameters of lipid and glucose metabolism in SHR males compared to SHR females. Specifically, we compared hairless males and females from the coisogenic SHR-*Dsg4* strain that harbors mutated *Dsg4* (desmoglein 4)

gene (Meyer et al., 2004) versus their wild type SHR controls. Our results demonstrate significant *Dsg4* genotype x gender interaction effects on glucose and lipid utilization in BAT and on sensitivity of muscle tissue to insulin action.

Materials and methods

Animals. The spontaneously hypertensive rat (SHR/Ola) and the hairless coisogenic SHR/Ola-*Dsg4* strain with mutated *Dsg4* (desmoglein 4) gene caused by C-to-T transition generating a premature termination codon within exon 8 (Meyer et al., 2004) were obtained from the Institute of Physiology, Academy of Sciences of the Czech Republic. The *Dsg4* mutation was originally found in the SHR.BN-chr.1 congenic strain and was transferred on the SHR genetic background by backcross breeding. We studied male and female rats at the age of 4 months fed ad libitum standard laboratory chow (N=8-10 per group). All female rats were nulliparous and in metestrus. Animals were housed at 22°C with 12:12 hour light:dark cycle. Tissues were collected from rats in postprandial state. All experiments were performed in agreement with the Animal Protection Law of the Czech Republic and were approved by the Ethics Committee of the Institute of Physiology, Academy of Sciences of the Czech Republic, Prague.

Food consumption. We measured daily food intake in each group by subtracting the amount of food remaining in the cage from the measured amount of food provided each day. The average daily food intake for each group was then calculated by averaging all of the daily intake measurements obtained over the entire course of the study.

Basal and insulin stimulated glycogen synthesis in muscle. For ex vivo measurement of insulin stimulated incorporation of glucose into glycogen, diaphragmatic muscles were incubated for 2 h in 95% O₂ + 5% CO₂ in Krebs-Ringer bicarbonate buffer, pH 7.4, containing 0.1 µCi/ml of ¹⁴C-U glucose, 5 mmol/l of unlabeled glucose, and 2.5 mg/ml of bovine serum albumin (Fraction V, Sigma), with or without 250 µU/ml insulin. Glycogen was extracted, and insulin stimulated incorporation of glucose into glycogen was determined.

Glucose oxidation in muscle. Glucose oxidation was determined ex vivo in diaphragmatic muscle by measuring the incorporation of [U-¹⁴C] glucose into CO₂ according to Vrána et al., (1978). Skeletal muscle was immediately incubated for 2 h in Krebs-Ringer bicarbonate buffer, pH 7.4 that contained 5.5 mM unlabeled glucose, 0.5 µCi/ml of [U-¹⁴C] glucose (UVVR, Prague, Czech Republic), and 3 mg/ml bovine serum albumin. After 2 h incubation, 0.3 ml of 1M hyamine hydroxide was injected into the central compartment of the incubation vial and 0.5 ml of 1M H₂SO₄ was added to the main compartment to liberate CO₂. The vials were incubated for another 30 min., the hyamine hydroxide was then quantitatively transferred to the scintillation vial containing 10 ml of toluene-based scintillation fluid for counting of radioactivity.

Glucose utilization in isolated white adipose tissue. Pieces of male epididymal fat and female parametrial fat were rapidly dissected and incubated for 2 h in Krebs-Ringer bicarbonate buffer with 5 mmol/l glucose, 0.1 µCi [U-¹⁴C] glucose/mL (UVVR, Prague, Czech Republic) and 2% bovine serum albumin, gaseous phase 95% O₂ and 5% CO₂ in the presence (250 µU/ml) or absence of insulin in incubation media. All incubations were performed at 37°C in sealed vials in

a shaking water bath. Then we estimated incorporation of [U-¹⁴C] glucose into neutral lipids. Briefly, fat was removed from incubation medium, rinsed in saline, and immediately put into chloroform. The pieces of tissue were dissolved using a Teflon pestle homogenizer, methanol was added (chloroform:methanol 2:1), and lipids were extracted at 4°C overnight. The remaining tissue was removed, KH₂PO₄ was added and a clear extract was taken for further analysis. An aliquot was evaporated, reconstituted in scintillation liquid, and the radioactivity measured by scintillation counting. Incremental glucose utilization was calculated as the difference between the insulin stimulated and basal incorporation of glucose into neutral lipids.

Lipolysis in isolated epididymal and parametrial adipose tissue. For measurement of basal and adrenaline stimulated lipolysis, pieces of epididymal and parametrial adipose tissue were incubated in Krebs-Ringer phosphate buffer containing 3% bovine serum albumin (Fraction V, Sigma) at 37°C, pH 7.4 with or without adrenaline (0.25 µg/ml). The tissue was incubated for 2 h and the concentrations of NEFA and glycerol in the medium were determined.

Palmitate oxidation in BAT. Palmitate oxidation was measured in Krebs-Ringer bicarbonate buffer with 0.5 µCi/ml of ¹⁴C-palmitic acid complexed with bovine serum albumin (3 mg/ml, fraction V, Sigma) and 0.3 µmol/mL nonradioactive palmitic acid. The incubation was carried out at 37°C in sealed vials in a shaking water bath. After a 2-hour incubation, 0.2 mL of 1M hyamine hydroxide was injected into the central compartment of vessel and 0.5 ml of 1M H₂SO₄ was injected into the main compartment containing incubation medium to liberate CO₂. The vessels were incubated for additional 45 min. The hyamine hydroxide was then quantitatively

transferred to the scintillation vial for radioactivity counting. Results are expressed as nmol palmitate/g/h.

Biochemical analyses. Blood glucose levels were measured by the glucose oxidase assay (Erba-Lachema, Brno, Czech Republic) using tail vein blood drawn into 5% trichloroacetic acid and promptly centrifuged. NEFA (nonesterified fatty acid) levels were determined using an acyl-CoA oxidase-based colorimetric kit (Roche Diagnostics GmbH, Mannheim, Germany). Serum triglyceride concentrations were measured by standard enzymatic methods (Erba-Lachema, Brno, Czech Republic). Serum insulin concentrations were determined using the Mercodia Rat Insulin ELISA kit (Mercodia AB, Uppsala, Sweden).

¹⁸F-FDG imaging of BAT. The μ PET imaging was performed on an Albira μ PET/CT system (Bruker BioSpin, Ettlingen, Germany). During PET/CT measurements anaesthetized (3% Isoflurane in oxygen) animals (females: 200-250 g body weight; males: 300-350 g body weight) were placed head first in prone position. Offset was set at 85 mm to place the BAT in the field of view of the PET scanner. 30-40 MBq of ¹⁸F-FDG in 0.4-0.7 ml 0.9% NaCl solution were administered as a bolus via a previously inserted catheter in the tail vein. μ PET/CT scans were performed at 60 minutes post injection. Optical reconstruction and estimation of volumes of interest (VOI's) and VOI statistics were performed using PMOD (PMOD Technologies Ltd., Zürich, Switzerland). VOI's were drawn manually around the BAT in the neck of the animals. VOI statistics were used for comparative analysis.

Gene expression. Samples of BAT tissue were snap-frozen and stored in liquid nitrogen. The total RNA was isolated using the Trizol reagent (Life Technologies). Subsequently, 0.5 µg of RNA was reverse-transcribed with the SCRIPT cDNA Synthesis Kit (Jena Bioscience), using a mixture of oligo-dT and random hexamer primers in the total volume of 10 µl according to the manufacturer's protocol. The resulting cDNA was diluted 5 times and used as a template for quantitative PCR performed on the ViiA 7 instrument (Life Technologies) with 5x HOT FIREPol Probe qPCR Mix Plus chemistry (Solis Biodyne). The following predesigned TaqMan gene expression assays (Life Technologies) were used for gene quantification: *Ucp1* (uncoupling protein 1) (Rn00562126_m1), *Cidea* (cell death-inducing DFFA-like effector a) (Rn04181355_m1), *Pparg* (peroxisome proliferator-activated receptor gamma) (Rn00440945_m1), *Dio2* (deiodinase, iodothyronine, type II) (Rn00581867_m1), and *B2m* (beta-2 microglobulin) (Rn00560865_m1). The following conditions were used for quantitative PCR: 15 min at 95 °C followed by 45 cycles of denaturation at 95°C for 15 s and annealing/elongation at 60°C for 1 min. All samples were normalized to the *B2m* values and the results expressed as fold changes of cycle threshold (Ct) value relative to controls using the $2^{-\Delta\Delta Ct}$ formula. Calibration curves for all genes were created by 10-fold dilution of a mixed cDNA sample to verify amplification efficiency.

Statistical analysis. SigmaPlot® 12 software package was used for two way ANOVA to test for *Dsg4* genotype x gender interactions. For variables showing evidence of *Dsg4* genotype x gender interaction effects, we used Holm Sidak testing that adjusts for multiple comparisons to determine whether the effects of chronic mild cold exposure were significant in males and females. Results are expressed as means ± S.E.M.

Results

Body weight and adiposity. First we compared the effect of hairless phenotype on body weight and adiposity assessed as perirenal fat depo weight (Table 1). Wild type males exhibited significantly higher body weight and adiposity when compared to hairless males whereas in females, no significant differences between hairless and wild type animals were observed. In contrast, there were no significant differences in relative weight of BAT among all groups (Tables 1 and 2).

Glucose and palmitate utilization in BAT and muscle tissue. We determined the metabolic activity of BAT and muscles to determine tissues responsible for enhanced thermogenesis in hairless animals. Two way ANOVA showed significant *Dsg4* genotype x gender interaction effects on glucose uptake into BAT determined by microPET, which serves as a measure of BAT activation as increased glycolysis implicates that mitochondrial substrate oxidation is utilized for heat production via the action of uncoupling protein 1 (Figure 1, Table 2). Furthermore, differences were also observed on palmitate oxidation in BAT (Figure 2A, Table 2) as well as on glucose oxidation in muscle (Figure 2B, Table 2). Wild type males exhibited significantly lower palmitate oxidation and glucose uptake by BAT when compared to hairless males or wild type and hairless females. Glucose oxidation in muscles in wild type males was significantly lower when compared to hairless males whereas both wild type and hairless females exhibited significantly higher glucose oxidation in muscle when compared to males (Figure 2, Table 2).

Thus it seems that requirement for enhanced adaptive thermogenesis leads to the induction of nonshivering thermogenesis in BAT as well as to increased muscle metabolic activity in males while none of these adaptations is present in females, which possess already high thermogenic capacity as wild types. Increased muscle metabolic activity may indicate partial involvement of muscle in the adaptive nonshivering thermogenesis in *Dsg4* males and females in general.

Sensitivity to insulin action in muscle and white adipose tissue. Two way ANOVA showed significant *Dsg4* genotype x gender interaction effects on sensitivity of muscle to insulin action. As can be seen in Figure 3, wild type males exhibited significantly lower sensitivity of muscles to insulin action when compared to hairless males. Both wild type and hairless females showed significantly higher sensitivity of muscle tissue when compared to males but wild type females did not differ significantly from hairless females (Figure 3, Table 2). The observation that *Dsg4* genotype affected sensitivity of muscle tissue to insulin action in males, but had little or no effects in females, is consistent with the idea that requirement for increased adaptive thermogenesis can lead to changes in muscle insulin sensitivity that is dependent on gender. There were significant gender effects on insulin stimulated lipogenesis with females showing significantly higher incorporation of glucose into adipose tissue lipids. However, there were no significant interactions with the *Dsg4* genotype for this trait (Figure 3). In addition, wild type males showed significantly higher basal lipolysis when compared to hairless males and females while there were no significant differences among all 4 groups in adrenalin stimulated lipolysis (Tables 1 and 2). There were significant gender effects on serum glucose, insulin and triglycerides when females showed significantly higher serum insulin and triglycerides and lower glucose levels. Serum NEFA levels tended to be reduced in hairless males and both hairless and

wild type females when compared to wild type males but the difference did not achieve statistical significance (Tables 1 and 2).

Food consumption. While the previous data implicate changes in metabolic activity between control and hairless males and between males and females, we did not observe significant differences in food consumption related to 100 g body weight between hairless and wild type males and females (Table 1).

Gene expression of selected genes in BAT. Given the observed differences in substrate utilization by BAT tissue, we checked for the expression levels of representative genes to evaluate BAT differentiation status and mitochondrial biogenesis in *Dsg4* animals. Figure 4 shows expression of selected genes related to BAT activation status and thermogenic activity. Two way ANOVA identified significant *Dsg4* genotype x gender interaction effects on expression of *Ucp1*, *Cidea*, and *Pparg* genes but not on *Dio2* gene. Thus requirement for higher adaptive thermogenesis in hairless animals is capable to affect expression of *Ucp1*, *Cidea*, and *Pparg* genes in BAT that is dependent on gender.

Discussion

In the current study, we analyzed gender-related differences in glucose and fatty acid utilization in BAT and parameters of glucose and lipid metabolism in hairless versus wild type SHR male and female rats. Our results revealed significant differences between hairless versus wild type

males: significantly increased palmitate oxidation in BAT and glucose uptake into BAT determined with microPET, higher glucose oxidation in muscle, and lower body weight due to reduced adiposity which was associated with increased sensitivity of muscle and visceral adipose tissue to insulin action. On the other hand, hairless females were similar to wild type females in these metabolic parameters. Wild type males when compared to wild type and hairless females exhibited significantly increased adiposity, reduced insulin levels and decreased sensitivity of muscle and WAT to insulin action. In addition, wild type males versus wild type and hairless females showed nearly three-times lower palmitate oxidation in BAT and nearly four-times lower glucose oxidation in muscles. These observations are in agreement with previous reports showing that in female rats BAT is present in greater relative quantities and females have increased BAT thermogenic capacity when compared to males (Quevedo et al., 1998; Vallerand et al. 1987; Smith, 1984; Shibata et al. 1989; Gasparetti et al., 2003; Rodríguez-Cuenca et al., 2002). Studies in ovariectomized rats showed decreased oxidative capacity in mitochondria in BAT and suggested that ovarian hormones are responsible, at least in part, for the sexual dimorphism in BAT mitochondrial function and thermogenesis (Nadal-Casellas et al., 2011). In the current study, we used markers of BAT differentiation and activation - *Ucp1*, *Cidea*, *Dio2*, and *Pparg* and determined their gene expression profiles in BAT. We found their expression levels to be dependent on gender when it was increased in hairless males and associated with amelioration of metabolic disturbances, while there were no significant differences between hairless and wild type females. Thus it is possible that hairless males adapt the need for higher thermogenesis by the activation of BAT while hairless females do not display such adaptive response. Either, the basal BAT activity in females is sufficient to accommodate for increased

thermogenesis or they compensate for heat loss by other means such as social thermoregulation observed in hairless mice (Weihe, 1984, Houštěk and Holub, 1994).

The molecular mechanisms by which differential expression of *Ucp1*, *Cidea*, *Dio2*, and *Pparg* genes in BAT affect sensitivity of adipose and muscle tissues to insulin action are not fully understood yet. For instance, mice with targeted *Ucp1* were surprisingly protected against obesity and insulin resistance (Liu et al., 2003) and mice with targeted *Cidea* gene were also resistant to obesity (Zhou et al., 2003). On the other hand, mice with disrupted *Dio2* gene were susceptible to diet-induced obesity and insulin resistance (Marsili et al., 2011). These effects may also be dependent on ambient temperature, as *Ucp1*^{-/-} mice kept at thermoneutrality (30°C) become obese (Feldmann et al., 2009).

In general, our findings on males recapitulate results obtained in hairless mice (Houštěk and Holub, 1994, Funda et al., 1998). Both mice and rats do have their thermoneutral temperature at approximately 30°C and at 22°C they have to compensate for heat loss by thermogenesis (Weihe, 1984). This is more profound in hairless animals as their skin insulating capacity accounts for only approximately 50% of the wild type controls (Hosek et al., 1965). This has to be compensated for by the induction of BAT thermogenesis, accompanied by decrease in circulating triglycerides – main fuel for the BAT thermogenesis. However, no previous studies focused on gender differences in adaptive thermogenesis in nude animals.

Recently, Nookaew et al. (2013) reported that women have higher resting metabolic rate due to increased expression of the UCP1 gene in adipose tissue which suggested an increased number of brown adipocytes when compared with men. In addition, it has been found that women had increased mass of BAT and higher glucose-uptake activity of ¹⁸F-FDG incorporation into BAT than men (Au-Yong et al., 2009; Kim et al., 2008; Pfannenberger et al., 2010). These findings

support important role of gender-dependent BAT activation and its effects on glucose and lipid metabolism also in humans. It should however be noted, that other studies, while clearly demonstrating that cold acclimation activates BAT and increases nonshivering thermogenesis also in humans, failed to observe sex differences either before or after cold acclimation (van der Lans et al., 2013).

In conclusion, results of the current studies provide evidence for gender-related differences in inducing adaptive thermogenesis and suggest that increased glucose and palmitate utilization in BAT may be associated with higher sensitivity of visceral adipose tissue and muscle to insulin action.

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Figure legends

Figure 1 *In vivo* microPET imaging of ^{18}F -FDG uptake in BAT. The upper panel shows representative microPET images. The bottom panel shows average values of ^{18}F -FDG uptake in BAT. Two way ANOVA showed significant *Dsg4* genotype x gender interaction effects on ^{18}F -FDG uptake in BAT that was significantly reduced in wild type males when compared to hairless males and wild type or hairless females. ^a denotes significant difference between wild type males and females; ^c denotes significant difference between hairless vs. wild type males.

Figure 2 Effects of chronic mild cold exposure on palmitate oxidation in BAT and glucose oxidation in muscle. A. Two way ANOVA showed significant *Dsg4* genotype x gender interaction on palmitate oxidation in BAT ($P < 0.05$). B. Two way ANOVA showed significant *Dsg4* genotype x gender interaction on glucose oxidation in skeletal muscles ($P = 0.003$). ^a denotes significant difference between wild type males and females; ^c denotes significant difference between hairless vs. wild type males.

Figure 3 Sensitivity of muscle and white adipose tissue to insulin action. A. Two way ANOVA showed significant *Dsg4* genotype x gender interaction effects on insulin stimulated glycogenesis in muscle ($P = 0.002$). No significant *Dsg4* genotype x gender interaction effects on basal glycogenesis were observed; males exhibited significant reduced basal glycogenesis when compared to females (significant effect of gender). B. Two way ANOVA revealed significant differences in basal lipogenesis between males and females (effect of gender) and between hairless and wild type rats (effect of *Dsg4* genotype). Males exhibited significantly reduced insulin stimulated lipogenesis than females (gender effect). No significant *Dsg4* genotype x

gender interaction effects on basal or insulin stimulated lipogenesis were observed. ^a denotes significant difference between wild type males and females; ^c denotes significant difference between hairless vs. wild type males; ^d denotes significant difference between hairless vs. wild females.

Figure 4 Expression of selected genes in BAT. Two way ANOVA showed significant *Dsg4* genotype x gender interaction effects on *Ucp1*, *Cidea*, and *Pparg* gene expression in BAT. ^a denotes significant difference between wild type males and females; ^c denotes significant difference between hairless vs. wild type males. ^d Wild type versus hairless rats exhibited significantly reduced expression of *Dio2* gene (effect of *Dsg4* genotype).

Table 1 Biochemical and metabolic parameters in wild type and hairless mutant SHR rats

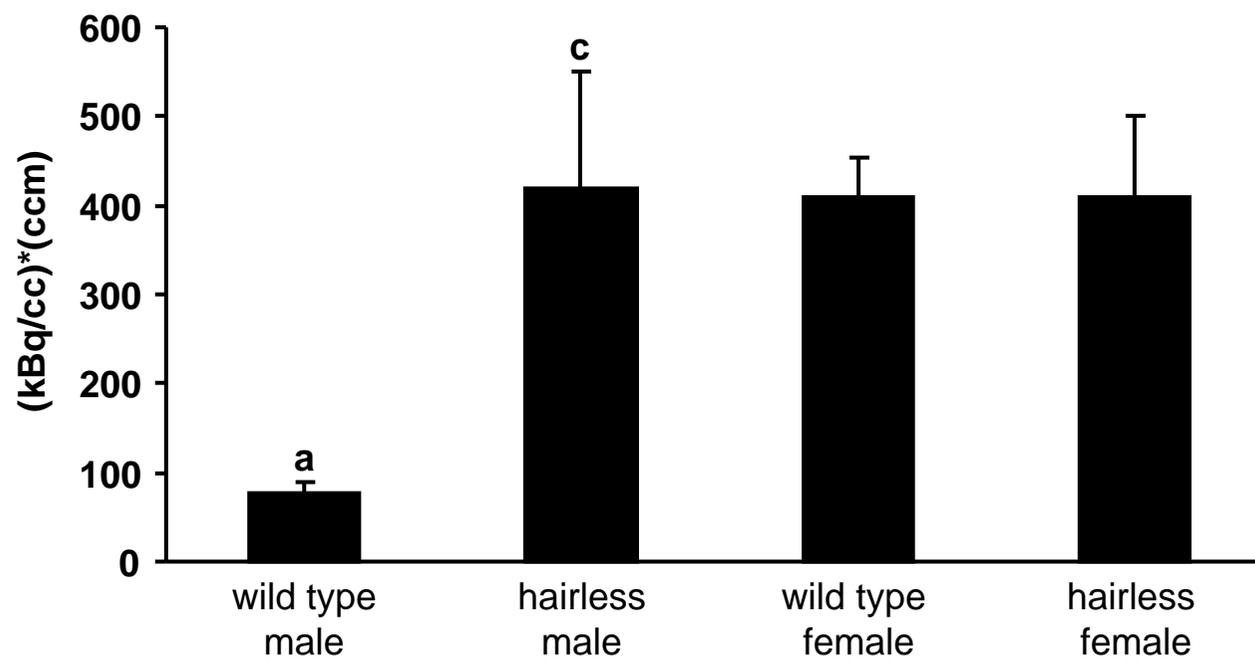
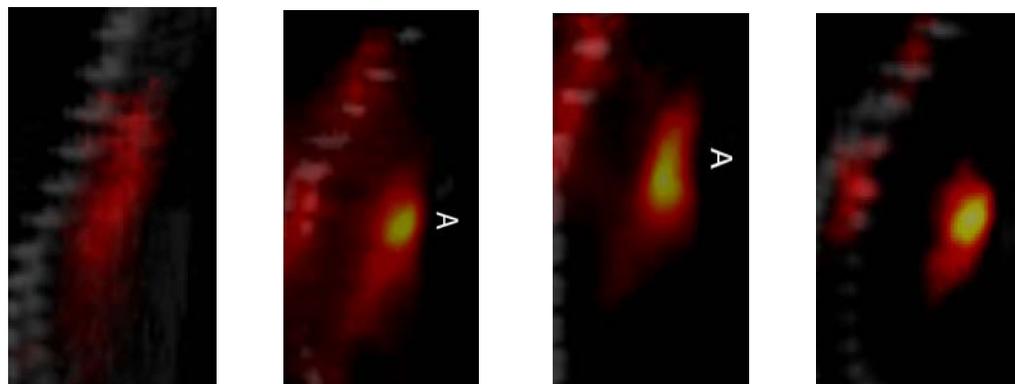
Trait	♂SHR (N=8)	♂SHR hairless (N=8)	♀SHR (N=8)	♀SHR hairless (N=10)
Body weight (g) *#†	372±6 [¶]	330±11 ^{§‡}	197±5	207±4
Food consumption (g/100 g body weight/day)	10.6±1.3	11.1±1.5	11.1±1.3	11.5±1.5
Relative weight of perirenal fat (g/100 g body weight) *#†	0.53±0.04 [¶]	0.30±0.04 [§]	0.32±0.03	0.32±0.04
Relative weight of interscapular BAT (g/100 g body weight)	0.094±0.006	0.099±0.004	0.099±0.006	0.090±0.003
Serum glucose (mmol/l) †	6.4±0.3	6.9±0.1	5.6±0.2 [‡]	5.2±0.2
Serum triglycerides (mmol/l) †	0.80±0.06 [¶]	0.77±0.04 [‡]	1.03±0.08	1.15±0.09
Serum NEFA (mmol/l)	0.64±0.03	0.50±0.03	0.53±0.07	0.50±0.04
Serum insulin (nmol/l) †	0.085±0.012 [¶]	0.106±0.02 [‡]	0.262±0.023	0.214±0.028
Basal lipolysis (NEFA µmol/g) *†	2.77±0.18 [¶]	2.01±0.26	1.32±0.28	1.83±0.25
Adrenaline stimulated lipolysis (NEFA µmol/g)	6.19±0.42	6.67±0.47	6.26±0.54	6.20±0.37

Two-way ANOVA results: * denotes significant P < 0.05 hairless (chronic cold exposure) x gender interaction – the effects of chronic cold exposure are different in males vs. females. # denotes P < 0.05 significance of wild type vs. hairless; † denotes P < 0.05 significance of gender (males vs. females). For comparisons versus controls Holm Sidak testing was used: § denotes P < 0.05 significance of comparisons for hairless vs. wild type within males; ¶ denotes P < 0.05 significance of comparisons between wild type males vs. wild type females; ‡ denotes P < 0.05 significance of comparisons between hairless males and hairless females.

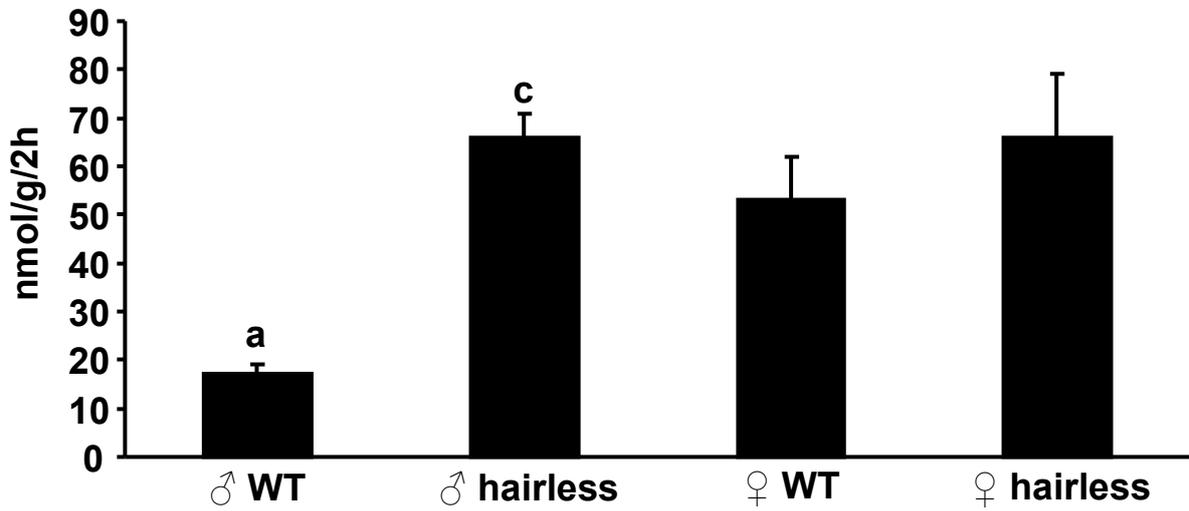
Table 2 Summary of two-way ANOVA results

Trait	Source of Variation		
	<i>Dsg4</i> genotype	Sex	<i>Dsg4</i> x Sex Interaction
Body weight (g)	+	+	+
Relative weight of perirenal fat (g/100 g body weight)	+	+	+
Relative weight of interscapular BAT (g/100 g body weight)	-	-	-
Serum glucose (mmol/l)	-	+	-
Serum triglycerides (mmol/l)	-	+	-
Serum NEFA (mmol/l)	-	-	-
Serum insulin (nmol/l)	-	+	-
Basal lipolysis (NEFA μ mol/g)	-	+	+
Adrenaline stimulated lipolysis (NEFA μ mol/g)	-	-	-
Basal lipogenesis (nmol gl./g/2h)	+	+	-
Insulin stimulated lipogenesis (nmol gl./g/2h)	-	+	-
Basal glycogenesis (nmol gl./g/2h)	-	+	-
Insulin stimulated glycogenesis (nmol gl./g/2h)	-	+	+
Palmitate oxidation in BAT (nmol/g/2h)	+	+	+
Glucose oxidation in skeletal muscle (nmol/g/2h)	-	+	+

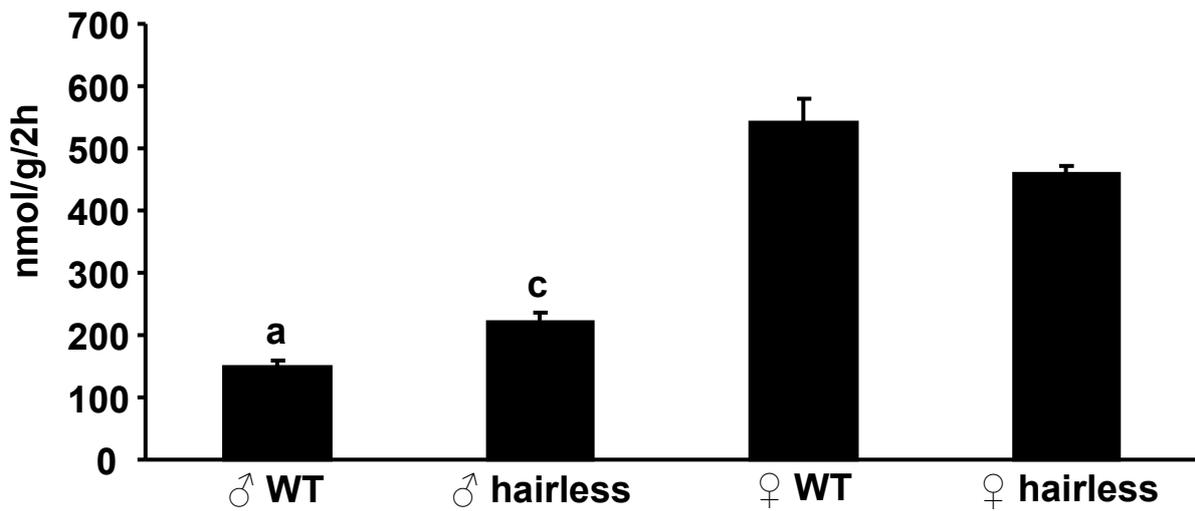
+ denotes statistically significant ($P < 0.05$); - denotes not statistically significant



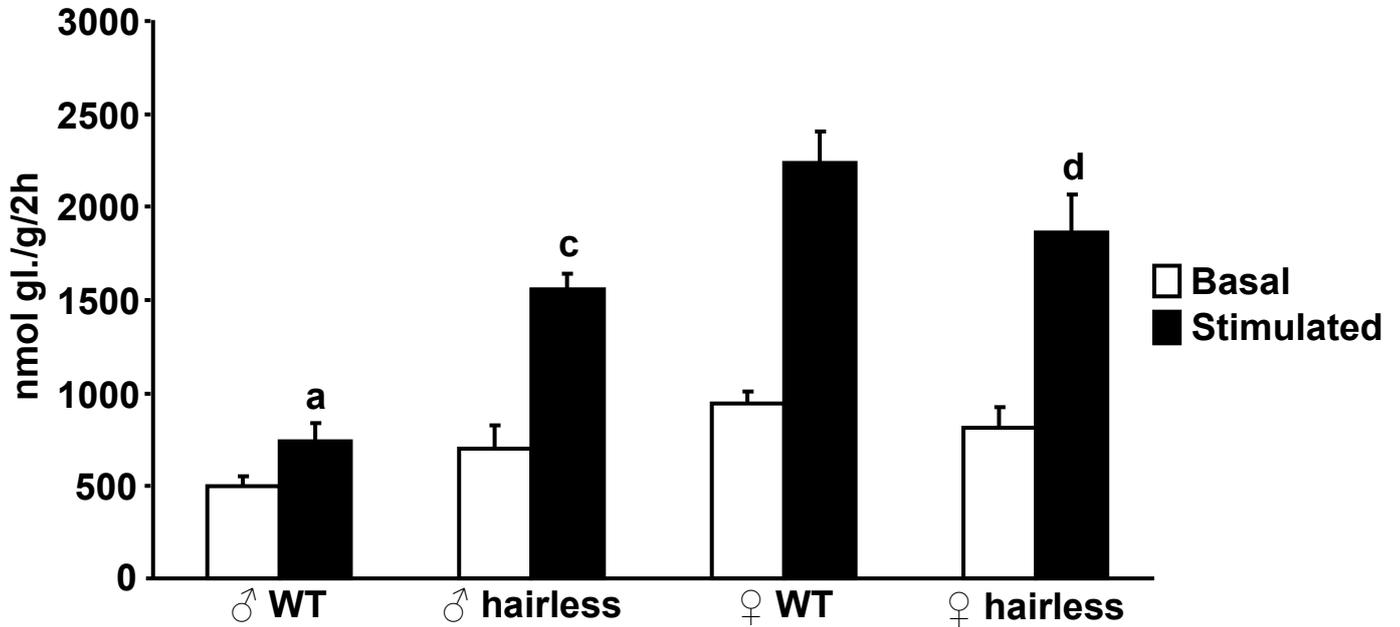
A. Palmitate oxidation in BAT



B. Glucose oxidation in skeletal muscle



A. Glycogenesis in skeletal muscle



B. Lipogenesis in white adipose tissue

