# Physiological Research Pre-Press Article

# IDH2-deficient mice develop spinal deformities with aging

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Short title: Correlation of IDH2 deficiency and spinal deformities with aging

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**Summary** 

Spinal deformities such as scoliosis and kyphosis are incurable, and can lead to decreased

physical function, pain, and reduced quality of life. Despite much effort, no clear therapies

for the treatment of these conditions have been found. Therefore, the development of an

animal model for spinal deformity would be extremely valuable to our understanding of

vertebral diseases. In this study, we demonstrate that mice deficient in the mitochondrial

enzyme isocitrate dehydrogenase 2 (IDH2) develop spinal deformities with aging. We use

morphological analysis as well as radiographic and micro-CT imaging of IDH2-deficient

mice to characterize these deformities. Histological analysis showed increased abnormalities

in IDH2-deficient mice compared to wild type mice. Taken together, the results suggest that

IDH2 plays a critical role in maintaining the spinal structure by affecting the homeostatic

balance between osteoclasts and osteoblasts. This indicates that IDH2 might be a potent

target for the development of therapies for spinal deformities. Our findings also provide a

novel animal model for vertebral disease research.

Keywords: Isocitrate dehydrogenase 2, spinal deformity, aging, osteoclast, osteoblast,

animal models

## Introduction

Spinal deformities, including scoliosis and kyphosis, are common vertebral diseases, which can result in suppression of physical function and other clinical symptoms. Scoliosis presents as abnormal sideways spinal curvature in all age groups, and can result in delayed development, muscle imbalance, and breathing difficulties. In contrast to scoliosis, kyphosis involves abnormal forward curvature of the spine, disrupting spinal balance and affecting the ability of the spine to effectively support the body weight (Ito *et al.* 2016). Kyphosis can be classified into two types: primary kyphosis, also called Scheuermann's disease, which occurs in children and teenagers, and secondary kyphosis, which occurs as a result of the aging process. Many studies have associated specific genes with spinal deformities (Juneja *et al.* 2014, Kim *et al.* 2013), but the mechanisms by which these genes affect spinal deformities remain unknown. A particular difficulty in the study of spinal deformities has been a lack of animal models to study these diseases.

Isocitrate dehydrogenases catalyze the oxidative decarboxylation of isocitrate to α-ketoglutarate as part of the tricarboxylic acid (Krebs) cycle. These enzymes are separated into two subclasses, which use NAD+ or NADP+ as electron acceptors to form NADH and NADPH, respectively (Smolkova & Jezek 2012). There are three isotypes of isocitrate dehydrogenase: mitochondrial NAD+ dependent IDH3, cytosolic NADP+ dependent IDH1, and mitochondrial NADP+ dependent IDH2. IDH1 and IDH2 mutations have aggressive effect against glioma formation (Megova *et al.* 2014). IDH mutations have also been also detected in breast cancer (Fathi *et al.* 2014), prostate cancer (Ghiam *et al.* 2012) and acute myelogenous leukemia (Rakheja *et al.* 2012) which suggests that IDHs may play important roles in many types of tumors. Accordingly, many studies have demonstrated that IDH2 plays

a critical role in oncogenesis (Reitman et al. 2010), as well as in cell defense mechanisms against oxidative damage (Yu et al. 2012) and neurotoxicity (Kim et al. 2016). IDH2 deficiency results in increased generation of intracellular peroxide, leading to oxidative damage and decreased cell survival. Previous studies have suggested that oxidative stress-induced inflammation can be a causative factor in many diseases, including osteoporosis and osteoarthritis (Basu et al. 2001, Banfi et al. 2008). Several studies have also suggested that age-related ROS production can cause bone abnormalities (Loeser 2010) indicating that regulation of ROS may be helpful in the treatment of bone diseases. We have reported that IDH2 has an important role as an NADPH donor, ensuring adequate amounts of reduced glutathione and peroxiredoxin (Smolkova & Jezek 2012, Jo et al. 2001). Therefore, IDH2 may play an important role during age-related ROS production.

Considering the regulatory role of IDH2, we speculated that IDH2 might affect bone formation and deformity. In the present study, we have used IDH2-deficient (knockout, Idh2-/-) and wild type (Idh2+/+) mice to investigate the effects of IDH2 on the incidence of bone abnormalities through morphological, medical imaging, and histological analyses.

#### Methods

#### Animals

All animal experiments were approved and performed in accordance with the guidelines of the Animal Care Committee of Kyungpook National University. The mice used in this study were IDH2 -/- germ-line knockout mice. The generation and genetic background of IDH2 -/- mice has been described previously (Kim *et al.* 2014). C57BL/6J mice were used as wild-type (WT) controls. The animals were housed at 24°C with a 12 hour light/dark cycle and free access to water and food. Classification of mice was carried out with DNA extracted

from the tails using the Direct PCR Lysis Reagent (Viagen Biotech, Los Angeles, California, USA). DNA was amplified by PCR and the genotypes were confirmed by electrophoresis.

## Morphology, radiography, and micro-CT scanning

Gross morphology was examined immediately after the mice were anesthetized. Micro-CT was performed on vertebrae and long bones using MICRO-CT equipment (Siemens Healthcare, Inveon, KBSI, Ochang Center, Chungcheongbuk-do, Republic of Korea). X-ray analysis was performed using the same equipment. Radiography was carried out at 80Kv and 500 μA, with a 200 ms exposure time. Analysis of micro-CT and X-ray images was performed with an Inveon Research Workplace (IRW, Siemens Healthcare). Bone density and other parameters were detected between 0.7 and 2.3 mm below the growth plate on trabecular bone. Nomenclature of all bone microCT data follows the guidelines of the American Society for Bone and Mineral Research (ASBMR) (Bouxsein *et al.* 2010).

# Histological analyses

Mice were sacrificed at 10, 27, and 47 weeks, fixed in 4% paraformaldehyde (Merck, Darmstadt, Germany) for 72 hours, and decalcified in 14% EDTA for 10 days. After decalcification, spinal tissues were embedded in paraffin blocks. Hematoxylin and eosin (H&E) staining and tartrate-resistant acid phosphatase (TRAP) staining was performed on sectioned samples using standard protocols. For von Kossa staining, calcified bones were mounted in paraffin and sectioned at 3 μm, as previously described (Erben 1997).

## Statistical analysis

Values are presented as the mean  $\pm$  SEM for three or more independent experiments. Group comparison analysis and Dunnett's multiple comparison tests were performed with GraphPad Prism version 5.0 (GraphPad Software, La Jolla, CA, USA). A *P* value less than 0.05 was considered statistically significant.

#### Results

# The spines of IDH2-deficient mice display morphological changes with aging

To begin our comparison of control and IDH2-deficient mice, we measured size, body weight, and morphology. There were no differences in size or body weight between IDH2-deficient mice and control mice (data not shown). Both lateral and dorsal views of mice stripped of epidermis displayed visible spinal deformities in the IDH2-deficient mice at 47 weeks, but not at 27 weeks (Fig. 1A-B). Knockout of IDH2 was confirmed by genotyping analysis, with the 1055-bp band representing IDH2 observed in the control mice, but not the IDH2 knockout mice (Fig. 1C). Because IDH2 is the key enzyme of mitochondrial functions related with ROS generation (Ku *et al.* 2015), we confirmed ROS levels of tissues in IDH2-deficient mice. As we expected, ROS level of IDH2-deficient mice was increased compared with control mice (Fig. 1D). These findings indicate that IDH2 gene deficiency plays a critical role in maintenance of spine morphology in later age.

#### Analysis of spinal abnormalities in IDH2-deficient mice by X-ray and micro-CT imaging

We next used radiographic methods to confirm and further study the observed spinal abnormalities in IDH2-deficient mice. First, X-ray assessment was performed in the lateral and dorsal planes. In the lateral plane, although there were no significant spinal abnormalities in 27-week-old mice, X-ray assessment revealed significant spinal abnormalities in the cervical and thoracic spines in 47-week-old IDH2-deficient mice (Fig. 2A). However, in the

dorsal plane, no significant difference between control and IDH2-deficient mice was observed (Fig. 2B).

Lateral views of micro-CT images had similar appearance to the X-ray assessments (Fig. 3A), confirming that spinal curvature in IDH2-deficient mice dramatically increased after 27 weeks. The 3D-reconstruction images also display spinal abnormalities that increase in curvature after 27 weeks (Fig. 3B). By 47 weeks, the spinal curvature of IDH2-deficent mice through the cervical and thoracic spine was nearly 90°. Bone mineral density in IDH2-deficient mice was found to be significantly lower than in wild type mice (Fig. 3C), as micro-CT analysis consistently showed that the ratio of trabecular bone volume to tissue volume was significantly lower in IDH2-deficient mice. The trabecular thickness and trabecular number were also reduced in IDH2-deficient mice compared to wild type, and trabecular separation was increased. Consistent with these results, 3D visualization of the spine clearly showed increased loss of trabecular bone in IDH2-deficient mice compared to wild type (Fig. 3D). The results of X-ray and micro-CT images analysis indicate that IDH2-deficient mice may develop bone abnormalities more quickly than wild type mice.

# Histological analysis of bone from IDH2-deficient mice

In order to determine the underlying cause of the observed spinal deformities in IDH2-deficient mice, we next investigated histological changes in the bone tissue. Hematoxylin and Eosin (H&E) staining detected almost no difference in young mouse but more marked osteopenia in the thoracic vertebrae of old IDH2-deficient mice compared with corresponding sites in control mice (Fig. 4A). Vertebral bodies which is the core of hypertrophic chondrocytes of IDH2-deficient mice indicated different phenotype than controls. We also H&E stained cortical bone from each time point to observe the detailed structure of the trabecular sites. Although the trabecular endplates at 27 weeks indicated no significant

changes in spongy or membrane bones between control and IDH2-deficient mice, at 47 weeks there were severe changes in both spongy bone and membrane bone in IDH2-deficient mice compared with control mice (Fig. 4B). Ultimately, the boundary between cortical and spongy bone became unclear, and the general structure of the endplates of cortical bones in IDH2-deficient mice was destroyed. Therefore, the results indicate that the bone disorder observed in IDH2-deficient mice might be severe enough to interfere with bone function and decrease its ability to support the body.

To further examine the cause of spinal deformities and aging-induced bone loss in IDH2-deficient mice, we next performed activity analysis of osteoclasts (using TRAP staining) and osteoblasts (with von Kossa staining) at 10, 27, and 47 weeks in control and IDH2-deficient mice. The number of TRAP-positive osteoclasts increased dramatically with aging in IDH2-deficient mice, and at 47 weeks, there were noticeably more TRAP-positive osteoclasts in IDH2-deficient mice compared with controls (Fig. 4C). In contrast, von Kossa staining revealed that osteoblast activity was higher in control mice than in IDH2-deficient mice (Fig. 4D). Taken together, IDH2-deficient mice show high levels of osteoclast activity but low osteoblast activity, resulting in loss of bone mass and the formation of bone abnormalities.

#### **Discussion**

Kyphosis is characterized by abnormally excessive curvature in the cervical, thoracic, and sacral regions of spine. There are many causes of kyphosis, such as osteoporosis, disk degeneration, Scheuermann's disease, cancer, and certain cancer treatments. However, there are genetic causes of kyphosis as well, as infants can be born with kyphosis. Previous studies suggest that deletion of specific genes can lead to spinal deformities such as those seen in kyphosis (Juneja et al. 2014). Recently, several studies have suggested that the mitochondrial oxidative decarboxylase IDH2 can affect bone diseases. Mutations in IDH2 can result in a

novel activity for the enzyme—the production of 2-hydroxyglutarate (2-HG), which can block osteoblast differentiation (Kato Kaneko *et al.* 2014). IDH2 mutation also associated with formation of enchondromas and chondrosarcomas. IDH2 mutation is frequently occurred in cartilaginous tumors like as enchondromas leads to Ollier disease and Maffucci syndrome (Pansuriya *et al.* 2011). In chondrosarcomas, IDH2 R172 mutations also detected frequently more than another genetic abnormalities (Amary *et al.* 2011). Furthermore, abnormal IDH2 function cannot regulate redox balance against oxidative damage (Kim et al. 2014), and this deregulation can induce many diseases, including musculoskeletal diseases (Wauquier *et al.* 2009). Therefore, dysfunction of IDH2 could be closely connected to bone diseases. However, the precise effects of IDH2 on bone have not been elucidated. In the present study, we investigated the roles of IDH2 in bone formation and maintenance using IDH2-deficient mice. Our results suggest that IDH2 has an important role in the maintenance of bone structures.

We report for the first time that IDH2-deficient mice develop spinal deformities at a higher rate than control mice. Like other knockout mice that have noticeable abnormalities in morphology (Kim et al. 2013), the noticeable curvature of the spines of IDH2-deficient mice visible with the naked eye was due to degenerative vertebrate modifications and kyphosis. X-ray assessment indicated marked curvature in IDH2-deficient mice at 47 weeks on lateral view. Micro-CT images of L4 vertebrae of control and IDH2-deficient mice show a clear difference from the cervical vertebrae to the thoracic in the IDH2-deficient mice. There were no differences of bone components between control and IDH2-deficient mice at 10 weeks, but from 27 weeks on, the bone components of IDH2-deficient mice deteriorate much more rapidly than those of control mice. As a result, age-dependent kyphosis (Katzman *et al.* 2010) is accelerated in the absence of IDH2.

To date, a direct role for IDH2 in bone had not yet been described. Here, we use H&E,

TRAP, and von Kossa staining (Gao et al. 2015, Mushahary et al. 2016, Hayer et al. 2005) to identify histological changes between wild type and IDH2-deficient mice, providing the first ever link between IDH2 and the regulation of osteoclasts and osteoblasts. We found that osteopenia was more advanced in the spines of IDH2-deficient mice than in control mice. Furthermore, spongy and membrane bones of IDH2-deficient mice were so disorganized that the border between spongy and membrane bone became difficult to recognize. The results suggest that IDH2 has an important role in maintaining bone during aging. Furthermore, we studied the direct cause of bone loss in IDH2-deficient mice through TRAP and von Kossa staining, which were used to detect osteoclasts and osteoblasts, respectively (Lutter et al. 2010). The results demonstrate that accelerated bone loss in IDH2-deficient mice is due to the presence of increased osteoclasts and decreased osteoblasts, suggesting that IDH2 is important for the regulation osteoclast/osteoblast homeostasis. Homeostasis of bone resorption by osteoclast and bone formation by osteoblast is important for maintaining bone structure (Tanaka et al. 2005). Dysregulation of osteoclast and osteoblast can lead to abnormality of bone remodeling. Degeneration of bone remodeling function can induce osteoporosis and various diseases of bone metabolism (Feng & McDonald 2011). Furthermore, previous study already suggested that bone turnover is associated with kyphosis (McDaniels-Davidson et al. 2016). As a result, we can hypothesize imbalance in bone turnover by dysregulation of osteoclast and osteoblast can lead to kyphosis.

In this study, we found that IDH2-deficient mice displayed accelerated development of spine abnormalities with aging, presumably due to deregulation of the balance between osteoclasts and osteoblasts and consequent deregulation of bone resorption. In IDH2-deficient mice, all of our data indicate faster bone loss and increased formation of bone abnormalities compared to control mice. This striking phenotype implies that the regulation of osteoclast/osteoblast homeostasis is highly important during aging. While more study is

needed to fully understand the relationship between IDH2 and aging, we predict that IDH2 plays a critical role in bone-related aging, and may affect several bone disorders, including osteoporosis and kyphosis. Therefore, IDH2 knockout mice are a promising mouse model for the study of age-related bone disorders like osteoporosis and kyphosis. In addition, IDH2 may represent an attractive target for the treatment of spinal deformity diseases.

# Acknowledgements

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# **Figure Legends**

## Figure 1. Gross morphology of spinal deformities in IDH2-deficient mice

(A) Lateral view of 47-week-old IDH2<sup>+/+</sup> (WT) and IDH2<sup>-/-</sup> littermates, showing kyphosis in the IDH2<sup>-/-</sup> mice. Scale bars represent 10 mm. (B) Dorsal view of 47-week-old IDH2<sup>+/+</sup> (WT) and IDH2<sup>-/-</sup> littermates, showing kyphosis in the IDH2<sup>-/-</sup> mice. Scale bars represent 5 mm. (C)

Genotyping of IDH2<sup>+/+</sup> (WT) and IDH2<sup>-/-</sup> mice. DNA was extracted from the tails and amplified by PCR. Arrow indicates the size of the expected IDH2 PCR product. (D) Relative ROS level was detected in heart, liver, kidney and muscle via assay kit. The level of ROS was indicated in relative fluorescence units (RFU). Data are expressed as means  $\pm$  SD (n = 3). \*p < 0.05, \*\*p < 0.01, and \*\*\*p < 0.001.

# Figure 2. X-ray assessment of spinal abnormalities in IDH2-deficient mice

(A) Lateral X-ray views of WT and IDH2<sup>-/-</sup> mice at 10, 27, and 47 weeks. (B) Dorsal X-ray views of WT and IDH2<sup>-/-</sup> mice at 10, 27, and 47 weeks (n=6/group).

# Figure 3. Micro-CT analysis of spinal abnormalities in IDH2-deficient mice

(A) Lateral micro-CT views of WT and IDH2<sup>-/-</sup> mice at 10, 27, and 47 weeks (n=6/group). (B) 3D reconstructions of micro-CT images of WT and IDH2<sup>-/-</sup> mice. (C) Effects of IDH2-deficiency on standard parameters of bone loss. Trabecular bone volume/tissue volume (BV/TV), trabecular separation (Tb.Sp), trabecular thickness (Tb.Th), and trabecular number (Tb.N) were measured in 47-week-old wild type and IDH2-deficient mice. (D) Trabecular bone from WT and IDH2<sup>-/-</sup> mice at each age was 3D reconstructed. Data are expressed as means  $\pm$  SD (n = 3). \*p < 0.05, \*\*p < 0.01, and \*\*\*p < 0.001.

# Figure 4. Histologic analysis of IDH2-deficient mice

(A) Representative H&E-stained sections from WT and IDH2<sup>-/-</sup> spinal tissue. At 47 weeks, the lumbar discs of the spines show partial collapse in the IDH2<sup>-/-</sup> mice (n=6/group). Arrowheads indicated vertebral bodies. (B) H&E-stained sections of spongy bone and membrane bone. Note that the border between spongy and membrane bone becomes unclear (arrowheads) in an age-dependent manner (n=6/group). (C) TRAP staining in the tibias of

WT and IDH2<sup>-/-</sup> mice. There was no significant difference in the osteoclast population (red staining) until 27 weeks (n=6/group). At 47 weeks, IDH2<sup>-/-</sup> mice displayed decreased osteoclasts. (D) von Kossa staining of spinal tissue from WT and IDH2<sup>-/-</sup> mice also showed no differences at 27 weeks, but there are decreased osteoblasts (black staining) in IDH2<sup>-/-</sup> mice at 47 weeks (n=6/group).

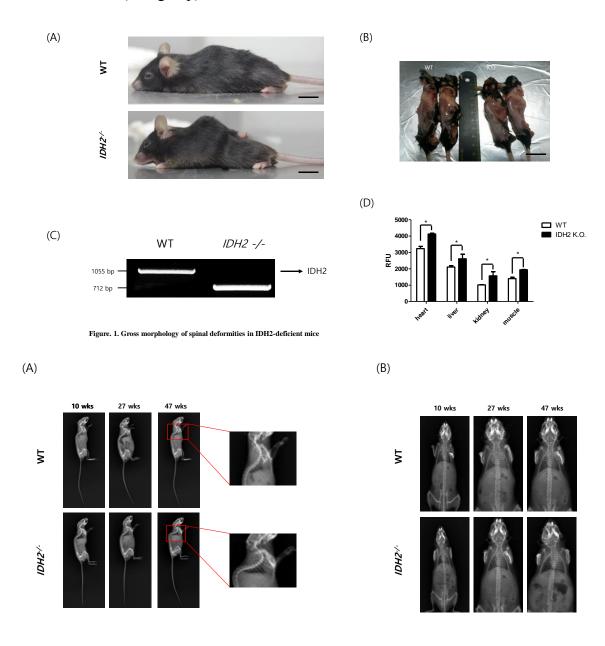
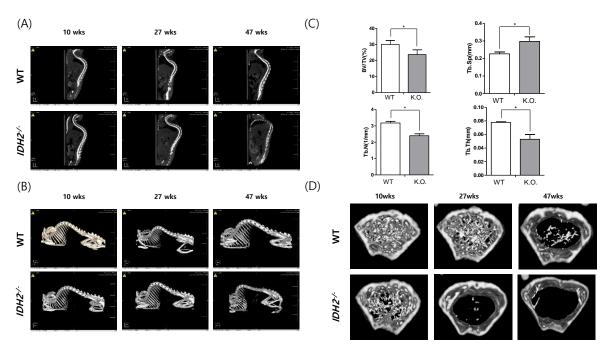


Figure. 2. X-ray assessment of spinal abnormalities in IDH2-deficient mice



 $Figure.\ 3.\ Micro-CT\ analysis\ of\ spinal\ abnormalities\ in\ IDH2-deficient\ mice$ 

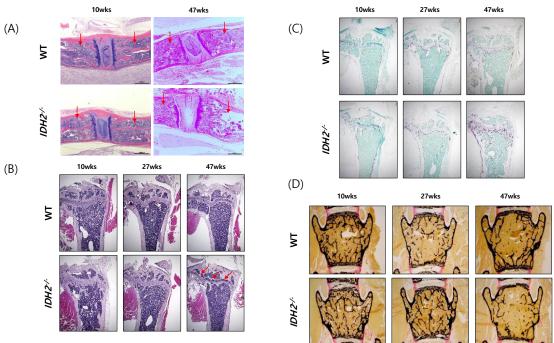


Figure. 4. Histologic analysis of IDH2-deficient mice