

1 **OCCURRENCE OF SERUM ANTIBODIES AGAINST WHEAT ALPHA-AMYLASE**  
2 **INHIBITOR 0.19 IN CELIAC DISEASE**

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19 Short title: **Antibodies to wheat alpha-amylase inhibitor 0.19 in celiac disease**

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26 **ABSTRACT**

27 The alcohol-soluble fraction of wheat gluten (gliadins) induces in genetically  
28 susceptible individuals immunologically mediated celiac disease (CLD). However,  
29 gliadins and related cereal proteins are not unique foodstuff targets of CLD patients'  
30 immune system. Non-gluten wheat alpha-amylase inhibitor 0.19 (AAI 0.19) has been  
31 found to be capable of activating human monocyte-derived dendritic cells and inducing  
32 pro-inflammatory status in intestinal mucosa of patients with celiac disease (CLD). The  
33 possible contribution of this reactivity in incomplete remission of CLD patients on a  
34 gluten-free diet (GFD) is matter of contention. In an attempt to characterize the  
35 antigenicity of AAI 0.19 in patients with active CLD, patients on a GFD and healthy  
36 controls we developed ELISA employing wheat recombinant AAI 0.19. Using this test  
37 we revealed a significant ( $P<0.001$ ) elevation of IgA anti-AAI 0.19 antibodies (Ab) in  
38 patients with active CLD (12 out of 30 patients were seropositive) but also in CLD  
39 patients on a GFD (15/46), in contrast to healthy controls (2/59). Anti-AAI 0.19 IgG Ab  
40 levels were increased ( $P<0.001$ ) only in patients with active CLD (14/30) in contrast to  
41 the controls. Interestingly, the levels of anti-AAI 0.19 IgG Ab were decreased in CLD  
42 patients on a GFD ( $P<0.001$ , 1/46) compared to the controls (1/59). Notably, 20 out of  
43 30 of patients with active CLD were positive either for IgA or for IgG anti-AAI 0.19 Ab.  
44 Thus, the majority of CLD patients developed a robust IgA and IgG Ab response  
45 against AAI 0.19. These findings may contribute to the broadening of the knowledge  
46 about CLD pathogenesis.

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50 **Keywords**

51 alpha-amylase inhibitor 0.19, celiac disease, gluten-free diet, IgA, IgG, ELISA

52

53 **Abbreviations**

54 CLD, celiac disease; GFD, gluten-free diet; C, healthy controls; AAI 0.19, alpha-

55 amylase inhibitor 0.19; AAI 0.28, alpha-amylase inhibitor 0.28, IgA, immunoglobulin A;

56 IgG, immunoglobulin G; IgE, immunoglobulin E; Ab, antibodies; AU, arbitrary units;

57 O.D., optical density

58

59 **1. INTRODUCTION**

60 Cereals belong to the most important sources of nutrients in the world, with  
61 dominance of consumption in Europe and America. It should be noted, however, that  
62 wheat induces morbidity in over 2% of the world population. Generally, the main  
63 pathological conditions related with molecules of wheat grain are celiac disease (CLD),  
64 wheat allergy and non-celiac wheat sensitivity (Elli *et al.* 2015). The CLD affects nearly  
65 1:100-200 of the wheat consumers in Europe, North America and North Africa;  
66 nevertheless, a substantial part of patients are undiagnosed due to clinically silent  
67 (asymptomatic) form(s) of the disease (Brar *et al.* 2006, Parada *et al.* 2011, Gujral *et*  
68 *al.* 2012, Kasarda 2013, Lebwohl *et al.* 2018). The CLD is induced in genetically  
69 susceptible individuals by ingestion of alcohol-soluble fraction of gluten (wheat-grain  
70 storage proteins) – gliadins and phylogenetically related cereals' proteins: hordeins in  
71 barley, secalins in rye and certain avenins in oats. The alimentary intake of these  
72 proteins induces in CLD patients villous atrophy and crypt hyperplasia in duodenum  
73 and jejunum mucosa accompanied by malabsorption and gastrointestinal symptoms  
74 caused by the loss of digestive and barrier functions. The failure of oral tolerance to

75 cereal prolamins and elicitation of T-cell mediated autoimmunity are considered as  
76 pathological mechanisms of CLD. Active CLD is serologically characterized by  
77 production of antibodies (Ab) against induction agents of CLD – gliadins and various  
78 Ab against food antigens and autoantibodies, and a characteristic cytokine pattern.  
79 The testing of Ab against tissue transglutaminase (tTG) and deamidated gliadin or  
80 antibodies against endomysium is used in CLD diagnostics and verification of  
81 compliance to gluten-free diet (GFD), a sole rational life-long therapy of CLD. The  
82 adherence to GFD leads to healing of mucosal damage and disappearance of Ab  
83 against tTG, endomysium and gliadins (Catassi and Fasano 2010, Husby *et al.* 2012,  
84 Nevorol *et al.* 2014, Björck *et al.* 2015, Balakireva and Zamyatnin 2016, Wolf *et al.*  
85 2017). Although a long-lasting and incomplete histological recovery, persistence of  
86 symptoms and discrepancy in serum levels of Ab against tTG and deamidated gliadin  
87 in CLD patients on a GFD may occur, the histological analysis of small-intestinal  
88 mucosa is not usually performed in a follow-up of these patients (Wahab *et al.* 2002,  
89 Tursi *et al.* 2003, Osman *et al.* 2014, Pekki *et al.* 2017, Burger *et al.* 2017). However,  
90 gliadins and related cereal proteins are not unique foodstuff targets of CLD patients’  
91 immune system. The possible contribution of this reactivity in incomplete remission of  
92 CLD patients on a GFD is matter of contention. Huebener *et al.* (2015) described in  
93 CLD patients serum IgA and IgG Ab recognizing a number of non-gluten proteins  
94 extracted from U.S. hard red spring wheat *Triticum aestivum* Buttle 86 flour: serpins,  
95 purinins, globulins, farinins and several alpha-amylase/protease inhibitors.  
96 Interestingly, alpha-amylase inhibitor/trypsin inhibitor CM3 and alpha-amylase inhibitor  
97 (AAI) 0.19, a pest resistance molecule in wheat, were recently identified as potent  
98 activators of innate immune response in human monocyte-derived dendritic cells of  
99 both patients with active CLD and CLD patients on a GFD eliciting secretion of IL-8.

100 Consistently, enterobiopsy specimens from CLD patients in remission cultivated in a  
101 medium with alpha-amylase/trypsin inhibitors caused an increase of IL-8 mRNA  
102 expression. Moreover, these inhibitors stimulated also monocyte-derived dendritic  
103 cells of healthy controls to production of IL-12. The adjuvant effect of these molecules  
104 was mediated by their interaction with TLR4-MD2-CD14 complex (Junker *et al.* 2012).  
105 The AAI 0.19 and AAI 0.28 were originally described as allergens in baker's asthma  
106 (Walsh and Howden 1989, Pfeil *et al.* 1990, Fränken *et al.* 1994, Amano *et al.* 1998).  
107 Subsequently, these AAls were also identified as one of the major wheat allergens in  
108 wheat allergy (James *et al.* 1997, Zapatero *et al.* 2003, Šotkovský *et al.* 2008,  
109 Šotkovský *et al.* 2011, Kusaba–Nakayama *et al.* 2001).

110 The hydrosoluble allergens AAI 0.19 with adjuvant properties are structurally and  
111 physico-chemically different from water-insoluble gliadins. We hypothesized that AAI  
112 0.19 could play a role in pathogenesis of CLD. Thus, we focused on analysis of the  
113 role of AAI 0.19 in CLD via the study of its antigenicity. In an attempt to characterize  
114 the antibody response to AAI 0.19 in patients with active CLD, patients on a GFD and  
115 healthy controls, we used an immunoblot technique employing the mixture of isolated  
116 wheat AAI 0.19 and 0.28, and developed a reproducible, robust ELISA test for  
117 quantification of serum IgA and IgG antibodies against AAI 0.19 protein.

118

## 119 **2. MATERIAL AND METHODS**

### 120 **2. 1. Patients and healthy controls**

121 The sera of 30 patients with active CLD (24 adults, 6 pediatric patients) were  
122 encompassed in our study. The group of adult patients comprised 16 women and 8  
123 men with a mean age of 41.9 years, ranging from 21 – 76 years. Pediatric patients  
124 included four females and 2 males with mean age 6.8 years, range 3 – 13 years. The

125 CLD was diagnosed on the basis of modified ESPGAN criteria (Husby *et al.* 2012).  
126 The active CLD, i.e. CLD patients at the time of diagnosis, were positive for the  
127 serological CLD markers IgA anti-tissue transglutaminase (anti-tTG), IgA Ab and IgG  
128 anti-endomysial Ab (EMA) and Ab against deaminated gliadin. The pathological  
129 lesions in small bowel mucosa of these patients with active CLD were estimated at  
130 Marsh IIIA – IIIC. The Marsh IIIC grading was present in three, Marsh IIIB in 10 and  
131 Marsh IIIA in 11 out of 24 adult active CLD patients. Five out of six children patients  
132 met the new ESPGHAN guidelines (Husby *et al.* 2012) for omitting the small gut biopsy;  
133 these patients were symptomatic and highly seropositive for anti-tTG Ab (with titers of  
134 more than 10 times the upper limit of normal), positive for EMA and simultaneously  
135 possessing the HLA-DQ2.5 and/or DQ8 haplotypes. One child with CLD, positive for  
136 the CLD serological and genetic markers and manifesting gastrointestinal symptoms,  
137 was assessed as Marsh IIIA (male, 13 years).

138         The cohort of 46 CLD-GFD patients comprised 42 adults patients (31 women,  
139 11 men) with mean age 39, ranging 19 – 77 years and four children (1 female, 3 male)  
140 with mean age 6.5 ranging 5 – 7 years with compliance to GFD for at least 12 months.  
141 All of these patients were seronegative for EMA and anti-tTG Ab, and free of CLD  
142 symptoms.

143         The control group consisted with 59 healthy individuals (28 women, 31 men),  
144 mean age 35.4, range 21 – 76 years. Individuals in the cohort were free of symptoms  
145 of gastrointestinal, autoimmune, inflammatory, malignant, allergic and infectious  
146 diseases and were seronegative for CLD markers.

147         The study was approved by the Local Ethics Committees from the Faculty  
148 Hospital Královské Vinohrady in Prague (Czech Republic) and the synlab czech Ltd.

149 (Czech Republic). Written informed consent was obtained from each participant in this  
150 study.

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## 152 **2. 2. SDS-PAGE, Western blot analysis**

153 The protein separation was performed using sodium dodecyl sulfate  
154 electrophoresis (SDS-PAGE) under reducing conditions as described by Laemmli and  
155 Favre (1973). A mixture of isolated wheat AAI 0.19 and AAI 0.28, dominant components  
156 of the “Alpha-amylase inhibitor from *Triticum aestivum* (wheat seed), Type III, A3535”  
157 (Sigma-Aldrich, USA), was characterized by MALDI-TOF mass spectrometry on a  
158 Ultraflex III instrument equipped with LIFT technology (Bruker Daltonics, Bremen,  
159 Germany). The mixture of AAI 0.19 and AAI 0.28, and wheat recombinant AAI 0.19  
160 (Apronex, Czech Republic) were initially dissolved in PBS at a concentration of 5 µg/µl  
161 and 1 µg/µl, respectively (stock solution) and finally diluted 3:1 in sample buffer  
162 containing 0.25 M Tris (Serva, Germany)(pH 6.8), 8% SDS (Serva), 40% glycerol  
163 (Lachema, Czech Republic), 0.05 M Dithiothreitol (Sigma-Aldrich, USA) and 0.01%  
164 bromophenol blue (Lachema). Samples of the mixture of AAI in sample buffer were  
165 boiled prior to separation due to better resolution and subsequently loaded into 15%  
166 polyacrylamide gel in device Mini-Protean® 3 Cell device (Bio-Rad, USA) connected to  
167 a EC 6000 – 90 power supply (EC Apparatus Corporation, USA) and separated under  
168 electric conditions (35 mA, 150 V and 200 W) for 45 - 50 min. The sample of recombinant  
169 wheat AAI 0.19 was not boiled prior to separation by SDS-PAGE under the same  
170 conditions as the mixture of isolated wheat inhibitors. Separated proteins were  
171 transferred to a nitrocellulose membrane (Amersham™Hybond™-ECL, GE Healthcare  
172 Live Sciences, United Kingdom) in buffer containing glycine (192 mM, Serva), Tris (24.7  
173 mM, Serva) and 20% methanol (Lach-Ner, Czech Republic) using the Trans-Blot (Bio-

174 Rad) and PowerPac™ Universal power supply (Bio-Rad) under 250 mA, 500 V and 200  
175 W for 50 min. The nitrocellulose membrane was cut into strips. The strips were blocked  
176 with 2% non-fat powdered milk (ARTIFEX Instant, Czech Republic) in PBS containing  
177 0.2% Tween 20 (Serva) (PBS-T (0.2%)) for 1-h at room temperature (RT) and then  
178 incubated with patients' or control sera diluted at 1:500 (in case of IgA), 1:2500 (IgG)  
179 and 1:40 (IgE) in 1% non-fat powdered milk in PBS-T (0.2%) overnight at 4 °C. After  
180 washing with PBS-T (0.2%), the goat secondary peroxidase conjugated Ab against  
181 human IgA, IgG (The Binding Site, United Kingdom) diluted at 1:5000 or IgE (Invitrogen,  
182 USA) diluted at 1:10000 in 1% non-fat powdered milk in PBS-T (0.2%) was added. After  
183 1-h incubation at RT and repeated washing, ECL reagent SuperSignal®West Pico (IgA,  
184 IgG) a SuperSignal®West Femto (IgE) (Thermo SCIENTIFIC, USA) and  
185 autoradiography (MXBE Film, Carestream Health France, France) were used for  
186 detection.

187

### 188 **2. 3. Estimation of antibodies to alpha-amylase inhibitor 0.19**

189 Wheat recombinant AAI 0.19 was used at a final concentration of 50 µg/ml in  
190 PBS. The 96-well polystyrene microtiter plates (Gama, České Budějovice, Czech  
191 Republic) were coated overnight at 4 °C. Blocking solution – 1% BSA (Sigma-Aldrich,  
192 USA) in phosphate buffered saline (PBS)(0.154 M NaCl, 1.4 mM NaH<sub>2</sub>PO<sub>4</sub>·2H<sub>2</sub>O, 3.35  
193 mM Na<sub>2</sub>HPO<sub>4</sub>·12H<sub>2</sub>O) was also used as a negative control. Patients' and reference  
194 sera were diluted in blocking solution at 1:20 and 1:100 in case of detection of anti-AAI  
195 0.19 IgA Ab and 1:100 and 1:500 in case of detection of anti-AAI 0.19 IgG Ab, and  
196 incubated overnight at 4 °C in wells of microtiter plates. Each dilution of patients' and  
197 reference sera was tested in triplicate. The testing of anti-AAI Ab was performed in at  
198 least two independent experiments; the results obtained for individual serum were

199 averaged. After incubation, the plates were repeatedly washed with PBS and PBS  
200 containing 0.05% of Tween 20 (PBS-T (0.05%)) and subsequently peroxidase-labeled  
201 goat anti-human IgA or IgG Ab (The Binding Site) diluted at 1:750 in 10% normal goat  
202 serum (Sigma-Aldrich) in PBS (IgG) or in PBS containing 10% normal goat serum and  
203 1% BSA (IgA) were added to the wells. After 1-h incubation at RT, the plates were  
204 repeatedly washed with PBS and PBS-T and the enzyme reaction was developed by  
205 adding a solution containing 3.87 mM o-phenylenediamine dihydrochloride (Sigma-  
206 Aldrich) in 0.1 M phosphate buffer (0.1 M NaH<sub>2</sub>PO<sub>4</sub>·2H<sub>2</sub>O, 0.1 M Na<sub>2</sub>HPO<sub>4</sub>·12H<sub>2</sub>O, pH  
207 6.0) containing 0.06% H<sub>2</sub>O<sub>2</sub> (Chemapol, Czech Republic). The reaction was stopped  
208 by 2 M H<sub>2</sub>SO<sub>4</sub> and optical density was read at 492 nm on a spectrophotometer Titertek  
209 Multiscan<sup>®</sup> MCC/340 ELISA Reader (Eflab, Finland) and BioTek<sup>®</sup> EL800 (BioTek,  
210 USA).

211 The internal laboratory standard (reference serum) was prepared from pooled  
212 celiac patients' sera and was used in all ELISA tests. The serum levels of anti-AAI 0.19  
213 Ab were expressed as arbitrary units (AU), represent the percentage of optical density  
214 (O. D.) of individual samples to O.D. of reference serum. Cut-off value, a threshold  
215 above which we take the individual positive, was calculated as the mean + double  
216 standard deviation of levels of IgA or IgG anti-AAI 0.19 in healthy donor group (healthy  
217 controls).

218

#### 219 **2. 4. Statistical analysis**

220 The Ab levels are usually not directly proportional to antigen-binding capacity of  
221 serum samples (Arranz and Ferguson 1993). In most cases, non-parametric tests are  
222 appropriate for analysis of immunohaematological data (Reverberi 2008). We analyzed  
223 for Gaussian distribution of anti-AAI 0.19 Ab levels in all cohorts by D'Agostino &

224 Pearson omnibus normality test and Shapiro-Wilk normality test. Using the tests a non-  
225 Gaussian distribution of IgA or IgG anti-AAI 0.19 Ab levels was revealed in groups of  
226 patients with CLD and CLD-GFD patients. For this reason, we used Mann-Whitney U  
227 test for comparison of Ab levels between groups.

228

### 229 **3. RESULTS**

#### 230 **3. 1. Western blot analysis of antigenicity of AAI 0.19 and AAI 0.28 using a** 231 **mixture of isolated wheat proteins**

232 In the first stage of our study of occurrence of anti-AAI Ab in CLD we estimated,  
233 by Western blotting with a mixture of isolated wheat AAI 0.19 and AAI 0.28 separated  
234 by SDS-PAGE, serum IgA, IgG and IgE Ab reactivity in active CLD patients, CLD-GFD  
235 patients and healthy controls (Figure 1, Table 1). Employing this technique, we  
236 detected reactivity of IgA anti-AAI 0.19 and/or anti-AAI 0.28 in eight out of 30 active  
237 CLD patients, in five out of 46 CLD-GFD and five out of 59 healthy controls. Moreover,  
238 also 13 out of 30 active CLD, three out of 46 CLD-GFD patients and 5 out of 59 healthy  
239 individuals were seropositive for IgG isotype of these Ab. Surprisingly, the IgE Ab  
240 recognizing AAI 0.19 and/or AAI 0.28 were also found in 12 out of 30 CLD, in six out  
241 of 46 CLD-GFD, and 5 out of 59 healthy controls.

242

#### 243 **3. 2. ELISA for quantification of IgA and IgG Ab against wheat recombinant** 244 **AAI 0.19**

245 The purpose of ELISA was to precisely characterize the antigenicity and  
246 compare the serum levels of IgA and IgG Ab (isotypes associated with active CLD)  
247 against AAI 0.19 in patients with active CLD, CLD on a GFD and healthy controls. The  
248 capability of binding of serum IgA (Figure 2A) and IgG Ab (Figure 2B) to recombinant

249 wheat AAI 0.19 was verified by titration analyses. The slope of the titration curve of Ab  
250 of the majority of tested sera was similar, indicating their similar specificity for AAI 0.19.  
251 For better resolution of the ELISA test, we used two dilutions of tested sera for  
252 quantification of the level of anti-AAI 0.19 Ab. We estimated the optimal dilution of sera  
253 for testing Ab against wheat recombinant AAI 0.19 in the ELISA at 1:20 and 1:100 for  
254 IgA and 1:100 and 1:500 for IgG Ab. The results from individual dilutions of sera  
255 samples (in triplicate) were averaged.

256         Comparison the seropositivity and serum levels of IgA and IgG Ab against AAI  
257 0.19 in patients with active CLD, CLD on a GFD and healthy controls is given in Table  
258 2 and Figure 3. The ELISA detected statistically significantly elevated ( $P<0.001$ ) IgA  
259 anti-AAI 0.19 Ab in patients with active CLD ( $117.2 \pm 105.3$  AU, mean  $\pm$  standard  
260 deviation) and even in CLD-GFD ( $80.1 \pm 43.6$  AU) in contrast to healthy controls ( $50.5$   
261  $\pm 24.3$  AU). Although we detected reduced average level of IgA anti-AAI 0.19 Ab in a  
262 cohort of CLD-GFD in comparison with active CLD, the difference between the values  
263 of averages of the Ab levels was not statistically significant. The IgA serum levels of  
264 anti-AAI 0.19 in 12 out of 30 CLD patients, in 15 out of 46 CLD-GFD patients and in  
265 two out of 59 healthy controls exceeded cut-off value (99 AU), above which we take  
266 the individual seropositive. The IgG Ab were significantly ( $P<0.001$ ,  $149 \pm 78.4$  AU)  
267 elevated only in patients with active CLD, while they were significantly decreased in  
268 CLD-GFD patients ( $P<0.001$ ,  $59 \pm 37.1$  AU) when compared to both patients with  
269 active CLD and healthy controls ( $82.7 \pm 33.7$  AU). The 14 out of 30 CLD patients, one  
270 out of 46 CLD-GFD patients and one out of 59 healthy controls were seropositive for  
271 IgG anti-AAI 0.19 Ab (cut-off value 150 AU). Taken together, six out of 30 active CLD  
272 patients were seropositive for both isotypes of anti-AAI 0.19 Ab. However, 20 out of 30  
273 CLD patients were seropositive either for IgA or for IgG anti-AAI Ab. The IgA and IgG

274 Ab reactivity of CLD patients, those on a GFD and healthy controls (C) with  
275 recombinant wheat AAI 0.19 was confirmed using Western blot (Figure 4).

276

#### 277 **4. DISCUSSION**

278 In genetically susceptible individuals, nutrient components may induce an  
279 immunologically-mediated food intolerance or hypersensitivity. Wheat amylase/trypsin  
280 inhibitors belong to the ubiquitous group of small naturally occurring pest-resistance  
281 proteins (Ryan 1990, Cordain 1999). Recently, wheat AAI 0.19 was identified as a  
282 potent activator of human monocyte-derived dendritic cells of both patients with active  
283 CLD and CLD patients on a GFD, and in healthy controls via interaction with the TLR4-  
284 MD2-CD14 complex (Junker *et al.* 2012). Subsequently, the antigenicity of alpha-  
285 amylase/protease inhibitors for CLD patients was detected in the study of Huebener *et*  
286 *al.* (2015). The TLR4-mediated adjuvant effect of amylase/trypsin inhibitors in gluten-  
287 containing samples (irrespective whether baked or otherwise processed) induced  
288 infiltration and activation of myeloid cells and release of inflammatory mediators in  
289 intestinal mucosa of experimental mice (Zevallos *et al.* 2017). Moreover, wheat  
290 amylase/trypsin inhibitors were suggested as causative agents of non-celiac wheat  
291 sensitivity through activation of patients' immune system via the TLR4 (Schuppan and  
292 Zevallos 2015). These inhibitors have been known for years to induce a rapid increase  
293 of proinflammatory cytokines and chemokines in CLD patients in remission after a  
294 duodenal and rectal wheat challenge (Kontakou *et al.* 1995, Chowers *et al.* 1997).  
295 However, no information is available on the adaptive immune response against these  
296 amylase/trypsin inhibitors in CLD patients.

297 In the present study, we focused on characterizing Ab against wheat AAI 0.19  
298 (and AAI 0.28) in CLD patients and those on a GFD for the first time. Using Western

299 blot with a mixture of isolated wheat AAls as antigens, we found relatively high  
300 frequency of CLD patients seropositive for anti-AAI 0.19 and/or anti-AAI 0.28 IgA, IgG,  
301 and IgE Ab. Consequently, we confirmed these results for IgA and IgG isotypes using  
302 quantitative ELISA. For this purpose, we developed ELISA employing recombinant  
303 wheat AAI 0.19 as an antigen. Despite the fact that AAI 0.19 represents a negligible  
304 part of wheat grain, 20 out of 30 CLD patients were seropositive either for IgA or for  
305 IgG isotype of anti-AAI Ab. The frequency and distribution of individual values of IgA  
306 and IgG Ab against AAI 0.19 in our study suggest a genetically controlled  
307 predisposition to immune response against AAI 0.19, which is reinforced by natural  
308 adjuvant effect described by Schuppan and Zevallos (2015). On the other hand, we  
309 can also assume the contribution of impaired barrier function of CLD patients' intestine  
310 to the development of anti-AAIs Ab enabling increased penetration of the AAls (and  
311 other food antigens) through mucosa.

312 High levels of IgA and IgG Ab against AAI 0.19 in patients with CLD document  
313 advanced immune response of long duration indicating a germinal center reaction in  
314 lymphoid follicles and cooperation with antigen-specific CD4+ T cells. In general, it is  
315 assumed that the high antigen-Ab (B-cell receptor) avidity complexes promote  
316 extrafollicular B-cell response and increase plasma cell generation (Chan and Brink  
317 2012). Consistent with this, the extrafollicular response or a short-time germinal  
318 reaction is assumed in the development of tTG specific B-cells (and the production of  
319 low avidity autoAb). It could be triggered by self-oligomerization of this CLD  
320 autoantigen (Gelderman *et al.* 2014, Stamnaes *et al.* 2015). Remarkably, the capability  
321 of oligomerization is also characteristic for alpha-amylase inhibitors; the AAI 0.19  
322 naturally occur as (homo)dimer in solution (Buonocore *et al.* 1984, ODA *et al.* 1997).

323           Although long-lasting (more than 1 year) adherence to GFD in CLD patients led  
324 to disappearance of Ab against gliadins and tTG (serological markers of the CLD)  
325 indicating compliance to the diet in all patients, some of them remain positive for IgA  
326 Ab against non-gluten AAI 0.19 protein in our study. The persistence of these Ab may  
327 be explained by the presence of a low amount of AAI 0.19 in the diet and its potent  
328 immunostimulatory effect on mucosal immune system of patients with CLD,  
329 represented predominantly by IgA isotype. The small hydrophilic molecule of AAI 0.19  
330 could be present in deproteinized grain starch utilized for GFD diet (Täufel *et al.* 1996,  
331 Gazza *et al.* 2016). On the other hand, the phenomenon of residual and selective Ab  
332 reactivity against AAI 0.19 in CLD patients on a GFD is hardly explicable as a  
333 difference between the dynamics of IgA and IgG anti-AAI 0.19 isotypes. However, it  
334 could be partly explained as part of homeostatic mechanisms including isotype  
335 switching induced by increased expression of IL-10 and TGF- $\beta$  as a consequence of  
336 homeostatic mechanisms during the exclusion of residual, harmless, antigen at  
337 mucosal surfaces.

338           Eventually, the immune reactivity against the AAI 0.19 (and other AAI and  
339 amylase/trypsin inhibitors) could also be the results of cross-reactivity induced by  
340 molecular mimicry between the AAI 0.19 and other foodstuff constituents or  
341 components of altered intestinal microbiota, which is considered to play important role  
342 in CLD pathogenesis (Verdu *et al.* 2015). The AAI 0.19 was originally described as  
343 allergen in baker's asthma and wheat allergy (Walsh and Howden 1989, Pfeil *et al.*  
344 1990, Fränken *et al.* 1994, Amano *et al.* 1998, James *et al.* 1997, Zapatero *et al.* 2003,  
345 Šotkovský *et al.* 2008, Šotkovský *et al.* 2011, Kusaba–Nakayama *et al.* 2001). Hence,  
346 production of IgG and IgA Ab against AAI 0.19 could be a physiological response  
347 preventing allergic reaction in some CLD patients. None of the CLD patients in our

348 study has allergy symptoms and all patients possess a physiological level of serum  
349 IgE. For this reason we can hypothesize that the initial stage (or active) of CLD,  
350 associated with damage of small gut mucosa, involves also the production of specific  
351 IgE due to elevated levels of IL-4 (Manavalan et al. 2010). The pathogenic mechanism  
352 of allergic reaction and its typical dynamics is probably suppressed or mitigated by the  
353 presence of IgA and IgG anti-AAI 0.19 Ab. Finally, the IgA anti-AAI 0.19 Ab  
354 perseverance in CLD patients on GFD could be partially caused by Ab cross-reactivity  
355 of mucosal B-cells with a structurally similar antigen/autoantigen. The role of anti-AAI  
356 0.19 Ab is not known but the effect of various isotypes of anti-AAI Ab can be different.  
357 The IgA and IgG Ab could interfere with the stimulation of antigen presenting cells by  
358 AAI 0.19 and can block the epitopes for IgE Ab and in such away prevent allergy  
359 reaction. Though the AAI 0.19 and AAI 0.28 have been known as allergens for many  
360 years, key IgE epitope sequence has been proposed only for 0.28 AAI (amino acids 9  
361 – 26). The epitope structure of AAI 0.19 is not satisfactorily characterized. Interestingly,  
362 regardless of 60% sequential similarity between these two inhibitors, the amino acid  
363 homology between N-terminal parts of these proteins, which in AAI 0.28 is  
364 immunodominant for IgE Ab of patients suffering from wheat and related allergy, is  
365 approximately only 33% (Walsh and Howden 1989). Our results, however, clearly  
366 indicate a strong antigenicity of AAI 0.19 for CLD patients and some of the healthy  
367 individuals. Interestingly, recently used selection criteria in breeding programs for new,  
368 high-yield wheat varieties prefer an increased amylase/trypsin inhibitors content in  
369 wheat grain due to improving plant pest-resistance (Ryan 1990, Cordain 1999, Sands  
370 *et al.* 2009, Boukid *et al.* 2017).

371 In conclusion, our work contributes to characterization of antigenicity of wheat  
372 non-gluten protein AAI 0.19, which possesses adjuvant properties for CLD patients

373 and is the allergen in wheat allergy and baker's asthma. In any event, the production  
374 of IgA and IgG against this protein in some CLD patients suggests advanced and  
375 clinically significant immune reaction against this food component. The relatively high  
376 prevalence of Ab against wheat non-gluten allergen AAI 0.19 justifies future analysis  
377 of the role of these Ab and AAI 0.19 in CLD and in general population. What remains  
378 for the analysis of anti-AAI 0.19 Ab role and diagnostic value is to characterize also the  
379 occurrence of Ab against AAI 0.19 in diseases associated with CLD and allergic  
380 diseases.

381

382

## 383 **5. ACKNOWLEDGEMENTS**

384 The work was supported by projects 13-14608S of the Czech Science Foundation,  
385 TA04010762 of Technology Agency of the Czech Republic and Institutional Research  
386 Concept RVO: 61388971.

387

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543

544 **7. TABLE**

545 **7. 1. Table 1**

546 **Fraction of seropositive individuals for antibodies against wheat alpha-amylase**  
547 **inhibitor 0.19 and/or 0.28 detected by Western blot**  
548

Cohorts	IgA	IgG	IgE
CLD	8/30 (27%)	13/30 (43%)	12/30 (40%)
CLD-GFD	5/46 (11%)	3/46 (~ 7%)	6/46 (13%)
Healthy controls	5/59 (~ 8%)	5/59 (~ 8%)	5/59 (~ 8%)

549

550 CLD, celiac disease; CLD-GFD, CLD on a gluten-free diet; IgA, IgG, IgE: antibody  
551 isotypes; number of seropositive individuals/total number in cohort

552

553 **7. 2. Table 2**

554 **Seropositive individuals for antibodies against recombinant wheat alpha-**  
555 **amylase inhibitor 0.19 detected by ELISA**  
556

Cohorts	IgA	IgG
CLD	12/30 (40%)	14/30 (~ 47%)
CLD-GFD	15/46 (~ 33%)	1/46 (~ 2%)
Healthy controls	2/59 (~ 3%)	1/59 (~ 2%)

557

558 CLD, celiac disease; CLD-GFD, CLD on a gluten-free diet; IgA, IgG: antibody isotypes;  
559 number of seropositive individuals (Ab levels exceeding the cut-off value)/total number  
560 in the cohort

561

562 **8. LEGENDS TO FIGURES (FIGURE CAPTIONS)**

563 **8. 1. Figure 1**

564 Examples of reactivity of IgA, IgG and IgE serum antibodies (Ab) of celiac (CLD)  
565 patients, those on gluten-free diet (CLD-GFD) and healthy controls (C) with isolated  
566 wheat alpha-amylase inhibitor 0.19 and alpha-amylase inhibitor 0.28. Proteins were  
567 separated by 15% polyacrylamide gel with sodium dodecyl sulfate electrophoresis

568 (SDS-PAGE), stained with Coomassie brilliant blue R-250 and subsequently blotted  
569 into nitrocellulose membrane. ST, molecular weight standards (kDa); lane 1, SDS  
570 PAGE of alpha-amylase inhibitors 0.19 (~ 15 kDa) and truncated 0.28 (~ 11 kDa); lane  
571 2, Ponceau S stained Western blot of separated inhibitors transferred into the  
572 membrane; lanes 3-5: IgA Ab reactivity of CLD patients; lanes 6,7: IgA Ab reactivity of  
573 CLD-GFD; lanes 8,9: weak reactivity of IgA Ab of C; lanes 10-12: IgG Ab reactivity of  
574 CLD patients; lanes 13,14: IgG Ab reactivity of CLD-GFD; lanes 15,16: reactivity of IgG  
575 Ab of C; 17-19: IgE Ab reactivity of CLD patients; lanes 20,21: reactivity of IgE Ab of  
576 CLD-GFD; lanes 22,23: weak reaction of IgE Ab of C. Negative controls (without  
577 employing patients or control serum) represent only anti-IgA Ab peroxidase labeled Ab  
578 (lane 24), anti-IgG peroxidase labeled Ab (lane 25) and anti-IgE peroxidase labeled Ab  
579 (lane 26).

580

## 581 **8. 2. Figure 2**

582 Titration curves of serum IgA (**A**) and IgG (**B**) antibodies (Ab) against recombinant  
583 wheat alpha-amylase inhibitor 0.19 in active celiac patients (CLD 1-6), healthy controls  
584 (C 1-4) and celiac patients on a gluten-free diet (CLD-GFD). O.D.: optical density,  
585 dilution of sera is indicated at horizontal axis.

586

## 587 **8. 3. Figure 3**

588 Distribution of individual serum levels of IgA and IgG antibodies (Ab) against  
589 recombinant wheat alpha-amylase inhibitor 0.19 (AAI 0.19) in patients with celiac  
590 disease (CLD), CLD on a gluten-free diet (CLD-GFD) and healthy controls (C).  
591 Horizontal lines indicate the mean serum levels of specific antibodies in cohorts. AU,

592 arbitrary units; n, number of patients; \*\*\*,  $P < 0.001$ ; NS, not significant. Cut-off value  
593 for IgA anti-AAI 0.19 Ab is 99 AU and for IgG anti-AAI 0.19 Ab 150 AU.

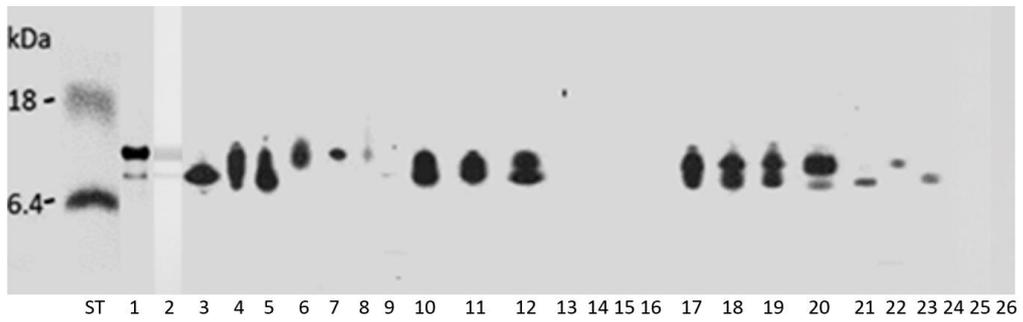
594

#### 595 **8. 4. Figure 4**

596 Verification of IgA and IgG antibodies (Ab) reactivity of celiac patients (CLD), CLD  
597 patients on a gluten-free diet (CLD-GFD) and healthy controls (C) with recombinant  
598 wheat alfa-amylase inhibitor 0.19 using Western blot. ST, molecular weight standards  
599 (kDa); Lane 1 indicates position of recombinant wheat alfa-amylase inhibitor 0.19 in  
600 SDS-PAGE electrophoretogram, stained by Coomassie brilliant blue R-250. The image  
601 of inhibitor blotted into nitrocellulose membrane and visualized by Ponceau S is  
602 localized in lane 2. The intensity of IgA Ab reactivity of CLD patients with wheat alpha-  
603 amylase inhibitor 0.19 is demonstrated in lanes 3-5 (CLD), lanes 6, 7 (CLD-GFD), and  
604 lanes 8, 9 (C). Lane 10 indicates negative control – immunoblot with only peroxidase-  
605 conjugated anti-human IgA Ab. Examples of IgG Ab reactivity with the inhibitor are  
606 indicated in lanes 11-13 (CLD) and lanes 14, 15 (CLD-GFD). Lanes 16 and 17  
607 document non-reactive IgG Ab of healthy controls. Lane 18 represents negative control  
608 – immunoblot with only peroxidase-conjugated anti-human IgG Ab.

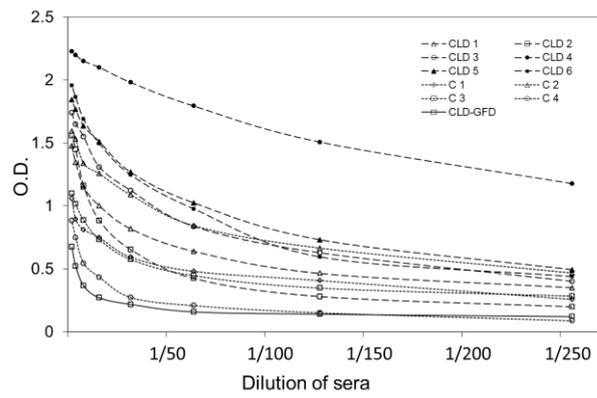
## 9. FIGURE GRAPHICS

### 9. 1. Figure 1

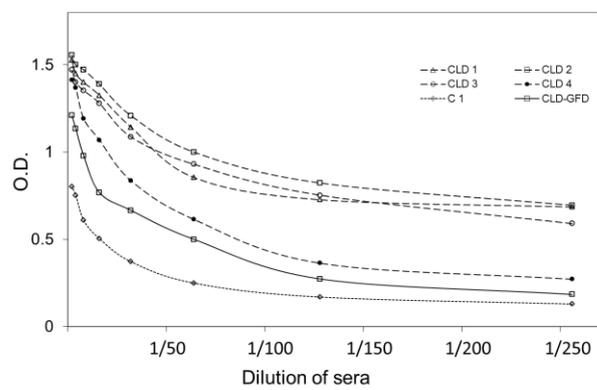


### 9. 2. Figure 2

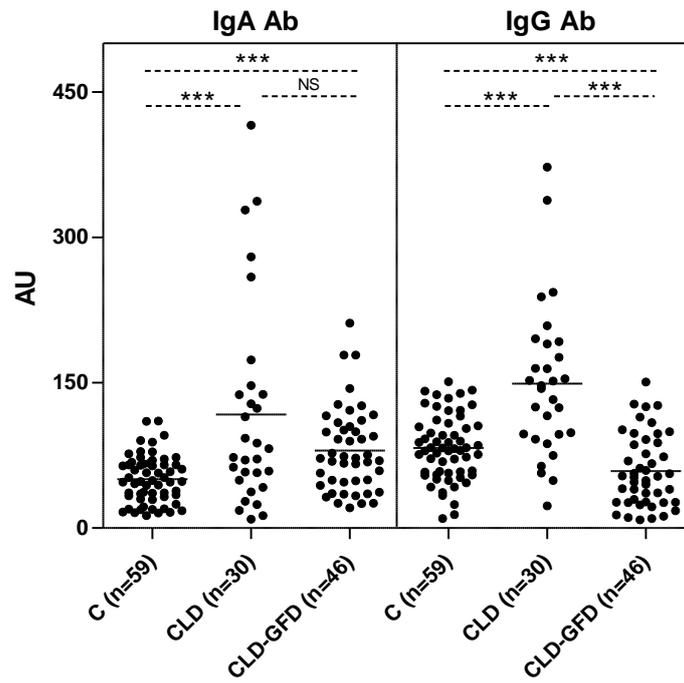
A



B



9. 3. Figure 3



9. 4. Figure 4

